

St. Arnaud Secondary College Weekly Newsletter

Loddon Mallee Region Swimming—Swan Hill



On Thursday 18th of March, 13 students travelled to Swan Hill to compete at the Loddon Mallee Region Swimming carnival. The level of competition was very high and all students were very competitive in their respective events. As a school, we placed 9th in the overall points tally out of 33 schools which is a fantastic achievement. Full report on Page 3.



St. Arnaud Secondary College is a Child Safe School.

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Ph: (03) 54 951811

Fax: (03) 54 952308

Website: www.starnaudsc.vic.edu.au

Email: st.arnaud.sc@education.vic.gov.au

Principal: Tony Hand

Assistant Principal: Vanessa McCormick

Parent Teacher Interviews

A reminder to everyone that Parent Teacher interviews are being conducted on Monday, March 29, from 9:00am to 7:00pm. This means that there are no classes running for students in Years 7 to 10, but Year 11 and 12 classes will run as normal. The College runs a booking system for Parent Teacher Interviews and these bookings can be made through the Compass portal, which enables the day to run smoothly for everyone. If you have any problems with making bookings, please contact Mrs. McCormick or the General Office. It is strongly recommended that students attend the interviews with their parents to enable a three-way conversation.

School Photos

Despite the weather on Monday, we held our school photos in the Hall. All class photos will have a blue back-drop and we hope that next year we will be able to take a whole school photo which was not able to be done this year due to the rain.

Year 7 2022 Information Evening

On Wednesday evening we held our Year 7, 2022 (and 2023) Information Evening. We were trialling holding the event earlier in the year following feedback from parents in regard to the timing of decisions about secondary schooling being made. Parents and students were welcomed and then taken on a quick tour of the school. Following the tour, an overview of the College and what it offers was outlined with time for questions at the end. College Captains, Tylah Shields, Tessa Young, Emily Rice and Sophie Male, led the tours, with Year 7 students Josie Greenaway and Jade Shields were integral to the presentation, clearly demonstrating their leadership qualities. Josie and Jade also spoke to the whole group about their experiences so far in Year 7 and did a great job. If you were unable to make the evening, or know of someone else who could not be there, please contact us so we can send out some information or arrange a personal tour of the College.

Gnurad Gundidj Visit

Today, Dr. Calvin Taylor and I are visiting Demi Leach and Adella Burr at the Gnurad Gundidj campus of the School for Student Leadership. Not only will we be seeing the campus that the girls have lived at for the past 8 weeks, we will be hearing about the Community Leadership Projects that each school group will undertake when they return to school next term. I am sure that both Demi and Adella will have had life changing experiences.

No Canteen Next Week

Due to the short week and planned activities on Monday, Wednesday and Thursday, the canteen will not be in operation next week. Students will be required to bring their own lunch and will not be allowed down the street to purchase lunches.

House Athletics

On Wednesday, 31st March, if the weather remains as predicted, we will be holding our House Athletics Sports at Lord Nelson Park. As we saw and encouraged with the swimming sports, the day is all about participation and getting in and having a go. We encourage all students to have their House Colours on display and be supporting their House. If there is a reason why a student cannot compete, there are plenty of ways they can support their House or school on the day. This is a normal school day and counts toward school attendance.

Last Day of Term - Easter

Just a reminder that next Thursday, April 1st, is the last day of Term 1 and schools will be finishing at 2pm. Periods 1-4 will run as normal and then the SRC will host a BBQ lunch and Year 12's have a couple of wind down whole school activities for all students to be involved in. It is important that all students are in attendance on the final day – and there may be a bit of a surprise for everyone.

BBQ orders and money are due back by Tuesday morning.

Sports Uniform – PE classes

As mentioned last week, students in Years 7 to 10, and students in Years 11 and 12 undertaking PE classes will be required to be in the green sports top. If they do not have one, we will provide one for the short term during each class. There is a good supply of the sports shirts at Ramjac.

Tony Hand
Principal

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Well done to all students involved. Thanks to the many parents - Lynne Bodey, Leanne Burke, Belinda Burke, Elaine Palmer, Melissa Hendy, Fiona and Howard Amos - who supported and transported students to the sports.

Event	Name	Place
Girls 16-20 Years Freestyle, 200m	Sophie Male	5 th
Boys 12-20 Years Breaststroke, 100m	Riley Burke	3 rd
Boys 14 Years Breaststroke, 50m	Owen Lowe	2 nd
Girls 16 Years Breaststroke, 50m	Keegan Amos	5 th
Boys 16 Years Breaststroke, 50m	Jesse Amos	4 th
Girls 18-20 Years Breaststroke, 50m	Sophie Male	3 rd
Boys 18-20 Years Breaststroke, 50m	Riley Burke	4 th
Girls 12-13 Years Butterfly, 50m	Scarlett Hand	5 th
Boys 14 Years Butterfly, 50m	Owen Lowe	3 rd
Girls 16 Years Butterfly, 50m	Keegan Amos	5 th
Boys 16 Years Butterfly, 50m	Jesse Amos	2 nd
Girls 18-20 Years Butterfly, 50m	Sophie Male	3 rd
Boys 18-20 Years Butterfly, 50m	Riley Burke	3 rd
Boys 14 Years Freestyle, 50m	Owen Lowe	5 th
Girls 16 Years Freestyle, 50m	Keegan Amos	4 th
Boys 16 Years Freestyle, 50m	Jesse Amos	3 rd
Girls 18-20 Years Freestyle, 50m	Sophie Male	3 rd
Boys 18-20 Years Freestyle, 50m	Riley Burke	4 th
Boys 12-20 Years Backstroke, 100m	Jesse Amos	3 rd
Girls 14 Years Backstroke, 50m	Heidi Gilmour	6 th
Boys 14 Years Backstroke, 50m	Owen Lowe	4 th
Girls 16 Years Backstroke, 50m	Keegan Amos	4 th
Boys 16 Years Backstroke, 50m	Jesse Amos	2 nd
Girls 18-20 Years Backstroke, 50m	Sophie Male	4 th
Boys 18-20 Years Backstroke, 50m	Riley Burke	3 rd
Girls 17-20 Years Medley Relay, 4 x 50m	Heidi Gilmour, Keegan Amos, Isabell Hand, Sophie Male	2 nd
Boys 17-20 Years Medley Relay, 4 x 50m	Owen Lowe, Jesse Amos, Riley Burke, Rogan Hando	4 th
Boys 12-15 Individual Medley, 200m	Owen Lowe	4 th
Girls 16 Years Freestyle Relay, 4 x 50m	Keegan Amos, Morgan Shields, Phoebe Hendy, Isabell Hand	5 th
Boys/Mixed 18-20 Freestyle Relay, 4 x 50m	Jesse Wandel, Ned Gorrie, Riley Burke, Jesse Amos	2 nd
Girls 16-20 Years Freestyle, 200m	Sophie Male	5 th

Mr. Knight

Sports Coordinator

LMR Swimming—Swan Hill Pics..



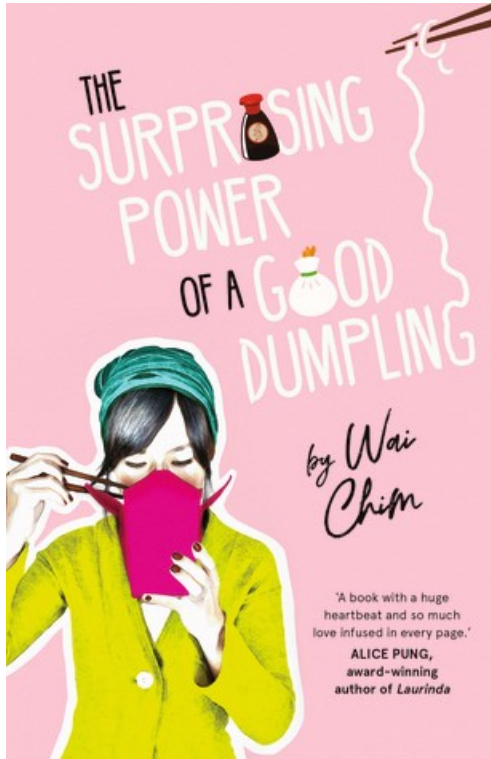
Bar-rook Field & Game Shoot

On Monday, the 15th of March, Miss Bertalli, Fabian Bigmore, Riley Burke, Will Deason, Rory Bigmore and Troy Anderson headed off to the Bar-rook Field and Game School Shoot. With the Tarago packed full of guns and safety equipment, the group left for the shoot at 6:33am (yes, 3-minutes late because Miss. Bertalli could not work out the handbrake) passed through Boort, Kerang and then over the border into NSW. The shooters arrived at 8:30am, half an hour before the shoot was scheduled to start. After they checked in and got sorted into squad 2, it wasn't long before they were off to shoot their first round of 12 on Course B. Miss. Bertalli wrote down the scores at each stand. Fabian handed out the ammo and gave advice on how to shoot the targets. After trying their best to smash the targets, Rory shot 4, William shot 5, Riley shot 3 and Troy shot 3.

The rest of the 18 squads went through, then it was their turn to give Course A a crack. This course was a lot easier and the groups' scores improved. After finishing that round, the scores were Riley 9/24, William 8/24, Rory 10/24 and Troy 6/24. Unfortunately, there were no winners but it was still a good day. Thank you to Mr. Knight for organising the students and thanks to Miss. Bertalli and Fabian for taking the students on the day.



New Books have arrived and are on the shelf for student borrowing.

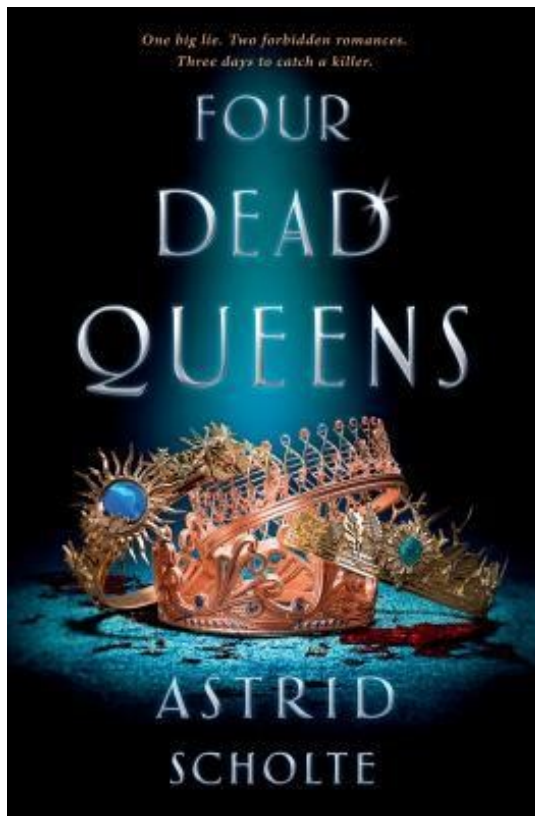


The Surprising Power of a Good Dumpling

Author: Wai Chim

Anna Chiu has her hands pretty full looking after her brother and sister and helping out at her dad's restaurant, all while her mum stays in bed. Dad's new delivery boy, Rory, is a welcome distraction and even though she knows that things aren't right at home, she's starting to feel like she could just be a normal teen.

But when Mum finally gets out of bed, things go from bad to worse. And as Mum's condition worsens, Anna and her family question everything they understand about themselves and each other



Four Dead Queens

Author: Astrid Scholte

Seventeen-year-old Keralie Corrington may seem harmless, but in fact, she's one of Quadara's most skilled thieves and a liar. Varin, on the other hand, is an honest, upstanding citizen of Quadara's most enlightened region, Eonia. Varin runs afoul of Keralie when she steals a package from him, putting his life in danger. When Varin attempts to retrieve the package, he and Keralie find themselves entangled in a conspiracy that leaves all four of Quadara's queens dead.

With no other choices and on the run from Keralie's former employer, the two decide to join forces, endeavoring to discover who has killed the queens and save their own lives in the process. When their reluctant partnership blooms into a tenuous romance, they must overcome their own dark secrets in hopes of a future together that seemed impossible just days before. But first they have to stay alive and untangle the secrets behind the nation's four dead queens.

An enthralling fast-paced murder mystery where competing agendas collide with deadly consequences, *Four Dead Queens* heralds the arrival of an exciting new YA talent.

OFFICE News + Events



An EFTPOS terminal has been installed in the General Office for payments to the College. Transactions are for card tap use only.

St. Arnaud Secondary College would like to thank all families who have already fully paid or who have committed to a Payment Plan to cover their child/children's 2021 fees.

Family Statements have been sent home and if you have fully paid, have a credit amount or are on an agreed Payment Plan, the statement will be for your records only, and at any stage of the year a current family statement can be emailed or sent out.

Parent Payment Arrangements and Options:

- Parents will be provided with early notification of annual payment requests and reasonable notice will be given for any other payment requests during the year (i.e. excursions, camps)
- The College offers Parents the option to make payment by instalments. Please contact Kerrie Swanton, Business Manager, to make these arrangements.
- Methods of payment are BPAY, EFTPOS, cash or cheque.
- Eligible families that receive Camps, Sport & Excursion Funds can allocate these funds for sports travel, camps and excursions only.
- The payment for Optional Items including camps and excursions must be paid by the specified due date prior to departure. Other payments for Optional Items including Food Technology must be paid in week 2 of each Term, or by negotiated instalments.

Reminder!

Year 10/11 Snow Camp – Deposit \$150.00 due now

Year 8 Rubicon Camp - Deposit \$100.00 due 26th March 2021

1:1 Notebook Program – Instalment 2 - \$215.00 due 1st April 2021

Year 7 Food Technology - due now

***When making payment via BPAY please note the receipt number on the returned permission slip.

All camps and excursions are required to be paid prior to attendance, unless payment plans have been approved.

Camps and Excursions Refund Policy : <https://www.starnaudsc.vic.edu.au/page/224/Policies>

As the College cannot meet any shortfalls in funding for camps and excursions due to the subsequent non-participation of a student who had previously indicated attendance, costs already paid may be refunded in full or in part, or not at all, having regard to the associated expenses incurred, any refunds from the supplier, and the circumstances of the non-participation. A refund will only be considered for accident, injury or illness.

Business Manager – Kerrie Swanton
Student Administrator – Debbie Hancock
Office Hours: 8.30 am – 4.30pm
Phone 03 5495 1811
Email: st.arnaud.sc@education.vic.gov.au

MYLAN Food Smoothie Challenge



Careers & Pathways

Monash | Campus Tours



7th April 2021 – 16th April 2021, 10:00 am - 12:00 pm

If you're considering Monash University, join us on a scheduled tour. It's a great way to see and experience each of our campuses.

Tour Dates:

Clayton Campus

Wednesday 7 April, 10am – 12pm

Friday 9 April, 10am – 12pm

Monday 12 April, 10am – 12pm

Friday 16 April, 10am – 12pm

Peninsula Campus - Frankston

Thursday 15 April, 10am – 12pm

Find out more: www.monash.edu/campus-tours

Bendigo Campus – Talk & Tours



Monday 12th April – Friday 16th April

Have a course on your mind? Join us at one of our many talk and tour sessions between Monday April 12 to Friday 16 April. This is your chance to meet a course expert and find out what it's like to study with La Trobe. Ask questions, get a taste of uni, and feel ready to start your dream course. You'll meet our student ambassadors and take a tour of the Bendigo campus, check out the facilities and get a feel for our on-campus accommodation.

Session include: Nursing & Midwifery; Law & Criminology; Outdoor Education; Information Technology; Science & Pharmacy; Health Sciences; Engineering; Physiotherapy & Exercise Science; Business; Education; Occupational Therapy & Speech Pathology; Biomedical Science & Biomedical Science (Medical); Paramedicine; Psychology & Social Work; Arts and Creative Arts; Dentistry & Oral Health; Urban, Rural and Environmental Planning.

To Register Visit:

www.latrobe.edu.au/events/all/bendigo-campus-talk-and-tours

Career Crush Quiz



Want to turn your natural talents into a dream job? The Torrens University Australia Career Crush is an online quiz that reveals students' personal strengths, passions and aspirations to match you with the careers and courses you're most compatible with. Career Crush not only delivers a personality profile, compatible careers and courses*, but also throws in a tailored Spotify playlist, personalised podcast and bespoke recipe – perfect food for thought when planning those next steps towards your dream career. Our fun, 5-minute Career Crush quiz will reveal how you can turn your passions, aspirations and strengths into a career you love.

Find your Career Crush:

<https://www.torrens.edu.au/career-crush>

* You can use the result of the Quiz to explore a wide range of courses at a number of different institutes

JOB PROFILE DIETICIAN



Dietitians apply the art and science of human nutrition to help people understand the relationship between food and health, make healthy dietary choices, and prevent and treat illness and disease.

Duties & Tasks

- Collect, organise and assess data relating to the health and nutritional status of individuals, groups and communities.
- Interpret and communicate scientific information, advice, education and professional opinion to individuals, groups and communities.
- Manage nutrition care for individuals by planning appropriate diets and menus.
- Educate people about their individual nutritional needs and methods of accessing and preparing their food.
- Manage food service systems to provide safe and nutritious food by designing nutritionally appropriate menus and implementing nutrition policies.
- Plan, evaluate and implement nutrition programs with individuals, groups or communities as part of a team (this may be in a community health, public health or food industry setting).
- Conduct food-related and nutrition-related research and evaluate practice.
- Monitor food intake and quality to provide nutritional care.
- Supervises the preparation and serving of meals.
- Provides nutrition assessments, nutrition management, and nutrition education, research and training.
- Consults with other health professionals and related workers to manage the dietary and nutritional needs of patients.
- Collects, organises and assesses data relating to health and nutritional status of individuals, groups and communities.
- Plans diets and menus, and instructs people on the requirements and importance of diet and on the planning and preparation of food.
- Calculates nutritional values of food served.
- Plans, conducts and evaluates nutrition intervention programs and compiles educational material.

Related Courses

Bachelor of Nutrition Science (Dietetics).

Future Growth

Very Strong

For further information visit

www.gooduniversitiesguide.com.au/careers-guide/dietitian or www.myfuture.edu.au

Mrs Rebecca Reynolds
Careers Co-ordinator

Sue Clay 
Careers and Pathways
Email: s.clay@ncillen.org.au



From the SRC

On the last day of term, the SRC will hold a fundraiser to help raise money for a proposed bike shed near the BER. Instead of having a casual clothes' day, students are encouraged to dress in their appropriate pyjama's for Easter. It will be a gold coin donation for the casual dress day

The SRC will also be holding a sausage sizzle at lunch time. Students have been given an order slip for \$1 sausages which is due back with money by Tuesday morning.

There will also be an Easter egg hunt conducted at the end of the day for year 7 to 11 students before the 2pm finish.



Parent/Student/Teacher Conference



Parent-Student-Teacher Interviews

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Vision St. Arnaud Inc.

No. A0060006K

Churches and Community working together

Save the Date

JUMBLE SALE

Place: Uniting Church St Arnaud, 28 McMahon St

Date: Saturday March 27th 2021 -from 9.00am

On arrival: COVID 19 - Sign in sheet

Please - Sanitize Hands

Entry: gold coin donation

✚ Guess how many LOLLIES in the Jar

✚ Sausage Sizzle

✚ Assorted tables of Goods available

Community donations are very much appreciated

Proceeds will go to Vision St. Arnaud Inc.

"Blue Moose" Youth Drop In

Would you like to **Volunteer** on this day?

For More Information please contact

Joyce 0410 039 212

Prudence 0413 040 778



COMMUNITY

EASTER

EGG HUNT

QUEEN MARY GARDENS

SATURDAY 3rd APRIL

10.00 - 2.00

EASTER HAT PARADE

EASTER EGG HUNT

GUESS HOW MANY EGGS IN THE JAR

EASTER BUNNY FACE PAINTING

EASTER SACK RACES

MUSIC

SAUSAGE SIZZLE

TEA - COFFEE - SCONES AND

EASTER BUNS

Calendar 2021



Term 1			Semester 1 - 2021
	Mon	29	Parent—Teacher Interviews 9am-7pm Year 11 & 12 Classes Running
	Tues	30	MIPS
	Wed	31	House Athletics
April	Thurs	1	End of Term—2.00pm Dismissal
Term 2			Semester 1 - 2021
	Mon	19	School Resumes
	Thurs	22	SSV Swimming
May	Mon	3	House Cross Country pm
	Wed	5	Black Ranges Cross Country—St. Arnaud
	Tues	11-13	NAPLAN
	Wed	12	Year 11 Fit 2 Drive
	Fri	14	NCD Cross Country—St. Arnaud
	Mon-Tues	24-25	Year 11/12 OED Excursion—Torquay
June	Tues	1	LMR Cross Country
	7-11	Mon-Fri	Year 9—11 Exams
	9	Wed	GAT
	14	Mon	QUEENS BIRTHDAY HOLIDAY
	15-18	Tues-Fri	Year 8 Rubicon Camp
	18	Fri	Year 9 Try a VET Day NCTTC
	26	Fri	Last Day of Term