

St. Arnaud Secondary College Newsletter

Issue 5

Term 1
Week 6
4th Mar, 2022



School Leaders Ceremony

On Friday 25th of February, the St. Arnaud Primary and Secondary College held their first official function for 2022 at the Town Hall to acknowledge and recognise the student leaders for 2022. It was a very positive way to start the year with the two schools once again working together.



St. Arnaud Secondary College is a Child Safe School.

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Ph: (03) 54 951811
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Website: www.starnaudsc.vic.edu.au
Email: st.arnaud.sc@educationvic.gov.au
Principal: Tony Hand
Assistant Principal: Vanessa McCormick

Principal's report



Stephanie Carswell

In the first newsletter of this year you may recall I introduced our new staff for 2022.

Stephanie Carswell was appointed as a Leading Teacher and teacher of English. Stephanie grew up in Ballarat and after finishing school studied Law in England, then went on to become a teacher of English. In total she spent 13 years in England before moving back to Ballarat to be closer to family and was excited by her new role as an aunt. While in Ballarat, Stephanie taught at St. Patrick's Ballarat and Loretto College. Last year, she decided that she would be able to help more students and moved to St. Albans Secondary College as a Literacy Tutor. Stephine applied for and was clearly an outstanding candidate for our vacant Leading Teacher position, and she accepted the position with enthusiasm and determination. I was fortunate enough to have a number of conversations with Stephanie, prior to her commencement with the Leadership Team the week prior to the students returning to school for the 2022 school year. Her passion for teaching and helping others was clearly evident, as was her exemplary practical teaching practices.

On the day prior to students starting back at school, Stephanie came down with, at that

stage, an unknown illness, which resulted in several admissions to Ballarat Hospital to try and resolve the issue. Over the space of some days, Stephanie was moved to the Royal Melbourne Hospital where she was first diagnosed with meningitis, which was then last week re-diagnosed as terminal brain cancer. On Tuesday of this week, Steph's mother informed me that Stephanie had passed away peacefully in her sleep in the early hours of the morning.

In the week prior to school, Stephanie was able to make some strong connections with staff and we were all excited about working with her, and what she would bring to the students of St. Arnaud Secondary College.

Our thoughts, prayers and condolences are with Margaret and Garry Carswell and their extended family. Even in her bed at the Royal Melbourne, Steph was at pains for her mother to contact me and inform me that she would not be at school last week - a true act of selflessness in that she was still more concerned for her students that she was yet to meet, than her own condition.

As I have relayed to Steph's parents, this is an unbelievable situation and clearly a case of someone who was taken from us all, way too young.

Tony Hand
Principal

LOTE News

Year 12 French students, Berenice and Ella, made good use of the whiteboard table funded by a Parents' Club grant this week. The girls were able to write on the table and add sticky notes to construct a mind map. By creating this mind map, Berenice and Ella revised a tricky piece of grammar that they will be using in some forthcoming writing tasks.



Year 10 Art Excursion to Opening Doors Exhibition

On Monday 28th February, Year 10 Art attended the 'Opening Doors' photography exhibition at the Raillery Hub Gallery. Year 10 Art students were welcomed by Ruth Jabornik who was very excited to see young people enjoying the art at the gallery.

Students have studied photography and just completed a folio of their own photography for assessment so the exhibition on our own front door was timely. The exhibition of work by photographer Paul Dunn was a portraiture of people who have experienced or been at risk of homelessness. Dunn's photos showed people proud to show their homes and their lives. The exhibition continues until the end of March and is well worth visiting.



School Leaders Ceremony

SRC		Holmes
7	Tahyah Reyne & Rylan Leach	Captains: Isabell Hand & Rogan Hando
8	Acacia Huggins & Christopher Chaplin	Vice Captains: Emily Edwards, Phoebe Hendy & Jesse Wandel
9	Scarlett Hand & Harrison Meagher	Morshead
10	Harrison Soderman & Kyi Williams	Captains: Charli Young & Ned Gorrie
11	Isabell Hand & Rogan Hando	Vice Captains: Ella Darby & Deon Tannock
12	Berrie Walsh & Jesse Wandel	Willmott
		Captains: Keegan Amos & Sam Male
		Vice Captains: Amy Greenaway & Lachlan Gifford

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College Captains 2022: Berenice Walsh & Jesse Wandel

College Vice Captains 2022: Ella Darby & Deon Tannock



School Leaders Ceremony





Year 7 Welcome BBQ 9th March @ 6pm

On Wednesday 9th March, starting at 6pm, the Secondary College would like to invite the parents of all our fresh-faced Year 7 students to the College for a BBQ Welcome dinner. In addition, any new families of students in other year levels are also invited.

The BBQ is a chance to meet the staff, see our excellent teaching and learning facilities, meet with other families, have a nice feed and get a feel for the College.

All food and drink is provided by the College (alcohol free event) in an informal and friendly atmosphere.

On the night we will also take the opportunity to show parents how our online system, Compass, works and showcase some of the programs and events we run at the school.

We hope to see as many families on the night as possible!

Clinton Loble
Year 7 Coordinator

Tony Hand
Principal

Yr. 11 Outdoor Enviro Studies

Year 11 Outdoor Environmental Studies – Bush walk and geocaching excursion

This week the Year 11 Outdoor Environmental students ventured to Fire Break Track. They looked at how they and others respond to the outdoor environment, while also examining at safe participation in outdoor experiences. While we were undertaking a small bushwalk on a warm day, I introduced students to geocaching and the fun of using a GPS to find hidden objects. The students completed a learning journal on the how they responded to the experience and the safety requirements in undertaking the walk.



Year 12 Outdoor Ed

Year 12 Outdoor & Environmental Studies Halls Gap Excursion

On Monday the 28th of February, the Year 12 OES class travelled to Halls Gap and the surrounding areas to develop a deeper understanding of the student's current studies of historical relationships with outdoor environments. In their first Area of Study, students are learning about how Australians have understood and interacted with outdoor environments over time. Students examine the unique nature of Australian outdoor environments and investigate a range of human relationships with outdoor environments, from various indigenous cultural experiences, through to the influence of a number of major historical events and issues subsequent to European settlement.

Our first stop was to Bunjil Shelter, which is located in the Black Range Scenic Reserve near Stawell. It is widely regarded as one of the most significant cultural sites in south-eastern Australia as it contains the only rock art painting of Bunjil known. While most people know the mountain range as the Grampians, the Aboriginal people have always known this place as Gariwerd. Gariwerd can be translated as 'Mountain range created by Bunjil', which refers to Gariwerd's creation story. Gariwerd is a special place, a place central to the dreaming of Aboriginal people, particularly the Djab Wurrung and the Jard-wadjali; the traditional people of the area. Their descendants are still at Gariwerd and involved in maintaining the culture and the stories of the land.

We then headed off to Lake Fyans - a small off-stream reservoir with a small natural catchment. Despite its small size, Lake Fyans supplies water to Ararat, Stawell and Great Western, as well as to some supply-by-agreement customers. The lake is one of the most important recreational lakes in the region. It hosts a number of activities including sailing, jet skiing, hunting and caravanning.

We then made our way to the Halls Gap Zoo. Other than to get up and close with the zoo's residents, students were able to make links between present day animals and the mega fauna that roamed the earth thousands of years ago, and how fauna have adapted to be able to survive in Australia's harsh conditions.

After a quick bite to eat, we then headed to Lake Bellfield. 1901 and post federation saw a time of nation building within the Grampians which saw many perceiving the regions as a "canvas in which to build a nation." This perception led to the construction of nation building projects such as Lake Bellfield. What started as water storage for local residences and farmers in the early sixties, turned into the source of the largest water infrastructure in Australia - The Wimmera Mallee Pipeline project. Opened in April 2010, the over 9,000 km long pipeline saves around 103 billion litres of water a year and provide a continuous water supply to approximately 9,000 farms and 34 townships across the Wimmera and Mallee.

As we headed for home, we stopped off at the Heatherlie Quarry about 15 kilometres from Halls Gap. During the late 19th and early 20th centuries, large amounts of high quality freestone was carved from the slopes of the Mount Difficult Range. Many features of the quarry remain today, including the machinery, powder magazine, power plant, rail tracks and stone cottages. The quarry is of historical significance for its involvement, from 1882 onwards, with the supply of stone for Parliament House Melbourne. The selection of the stone for Parliament House was the basis of protracted controversy regarding the relative quality and durability of Victorian compared with imported stone. It also saw large scale destruction of habitat as a result of the chopping down of trees to fuel the burners needed to extract the stone.

We are very fortunate to be able to access many ecological, historical and cultural contexts of relationships between humans and outdoor environments 'on our back door step'. It provides a great experience for students to be able to take their learning outside of the classroom.

Mr. Knight

Year 12 Outdoor Ed



Yr. 8 Food Tech, Yr 9 Science



Yr. 8 Food Tech

During week 5 the Year 8 Food Technology class, we started to look at the guide to healthy eating. This week students cooked beef stroganoff and pear galette.



Year 9B Science:

Brain dissection—Students have been looking at coordination and control. We undertook a brain dissection to look the different parts of the brain and identify from our theory the different parts. We also examined where these different parts are located, along with the fluid that sits on the outside that helps to protect the brain.



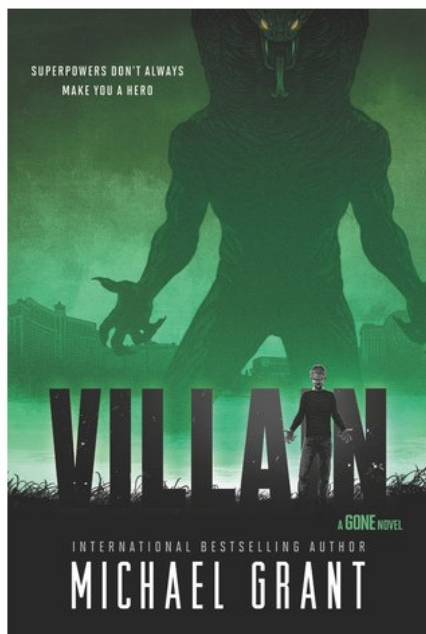
Eye dissection—9B Science have also been looking at coordination and control. We undertook eye dissection to look at how the lens in the eye, as well as how the iris gets bigger and smaller to allow the correct amount of light in. The students were able to identify all the different parts of the eye from our theory.



The G.H. Edwards Library

Villain

By Michael Grant



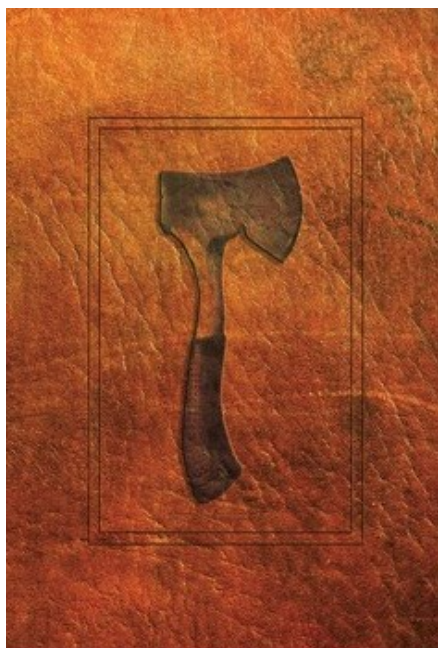
The Perdido Beach dome is down, but the horrors within have spread, and now all of humanity is in danger. The alien virus-infested rock that created the FAYZ is creating monsters—monsters that walk the cities and countryside, terrorizing all. There are tanks in the street and predator drones in the sky, doomed efforts to stop the disintegration of civilization. Into this chaos comes a villain with the power to control anyone with just the sound of his voice.

Dillon Poe wanted to be a comedian once... but everyone made fun of him. Dillon the loser. Dillon the freak. Now he's sending thousands to their death. Who's laughing now?

The only people who can stop a superpowered villain are superpowered heroes. Dekka, Shade, Cruz, Malik, Armo, and a new mutant with unmatched powers, are all that stand in Dillon's way. But when the lines begin to blur between hero and villain—some begin to wonder who's really the monster. The fight will be bloody. This isn't another battle, this is the war to save the human race.

Hatchet

By Gary Paulsen



Brian is on his way to Canada to visit his estranged father when the pilot of his small prop plane suffers a heart attack. Brian is forced to crash-land the plane in a lake--and finds himself stranded in the remote Canadian wilderness with only his clothing and the hatchet his mother gave him as a present before his departure.

Brian had been distraught over his parents' impending divorce and the secret he carries about his mother, but now he is truly desolate and alone. Exhausted, terrified, and hungry, Brian struggles to find food and make a shelter for himself. He has no special knowledge of the woods, and he must find a new kind of awareness and patience as he meets each day's challenges. Is the water safe to drink? Are the berries he finds poisonous?

Slowly, Brian learns to turn adversity to his advantage--an invading porcupine unexpectedly shows him how to make fire, a devastating tornado shows him how to retrieve supplies from the submerged airplane. Most of all, Brian leaves behind the self-pity he has felt about his predicament as he summons the courage to stay alive .



Year 7 Summit Camp – Balance \$380.00 due 8th March 2022

Year 11 Driver Ed – Payment \$80.00 due now

***Please contact the General Office if you do not have BPay account details.

***When making payment via BPAY please note the receipt number on the return permission slip.

All camps and excursions are required to be paid prior to attendance, unless payment plans have been approved.

Parent Payment Policy Arrangements in 2022

The Department of Education and Training has sought to clarify the Parent Payments Policy for 2022. Schools can request contributions from parents under three categories;

- Curriculum Contributions – contributions for curriculum items and activities which the school deems necessary for students to learn the Curriculum e.g. textbook use, consumable materials, paper
- Other Contributions – Voluntary financial contributions for non-curriculum items and activities that relate to the school's functions and objectives e.g. school building enhancements
- Extra-Curricular Items and Activities – Items and activities that enhance or broaden the schooling experience of students and are above and beyond what the school provides for free to deliver the Curriculum. These are provided on a user-pays basis. e.g. Optional Year level camps

School Council has approved the 2022 Parent Payment Policy and Parent Payment Fees. The fees are located on the school webpage, or please contact the office to have fees sent.

Webpage: <https://www.starnaudsc.vic.edu.au/page/229/2022-Parent-Payment-Policy>

DET Parent Payment Policy : <https://www2.education.vic.gov.au/pal/parent-payment/policy>

BYOD LWT Portal : <https://sasc.orderportal.com.au/>



Parent Payment Arrangements and Options:

- Parents will be provided with early notification of annual payment requests and reasonable notice will be given for any other payment requests during the year (i.e. excursions, camps)
- The College offers Parents the option to make payment by instalments. Please contact Kerrie Swanton, Business Manager, to make these arrangements.
- Methods of payment are BPAY, EFTPOS, cash or cheque.
- Eligible families that receive Camps, Sport & Excursion Funds can allocate these funds for sports travel, camps and excursions only.
- The payment for Optional Items including camps and excursions must be paid by the specified due date prior to departure. Other payments for Optional Items including Food Technology must be paid in week 2 of each term, or by negotiated instalments.
- When making payment via BPAY please note the receipt number on the returned permission slip or email paid items to st.arnaud.sc@education.vic.gov.au
- **New families to the school who do not have Family BPay details, please contact the school for these details.**

Camps, Sports and Excursions Fund applications

The Camps, Sports and Excursions Fund helps eligible families to cover the costs of school trips, camps and sporting activities. Applications for the Camps, Sports and Excursions Fund (CSEF) close

If you have a valid means-tested concession card, such as a Veterans Affairs Gold Card, Centrelink Health Care Card or Pensioner Concession Card, or are a temporary foster parent, you may be eligible. Payment amounts this year are \$225 for eligible secondary school students. Payments are made direct to the school to use towards expenses relating to camps, excursions and sporting activities for the benefit of your child.

If you applied for CSEF through our school last year, you do not need to complete an application form this year, unless there has been a change in your family circumstances.

If you would like to apply for the first time, please contact the school office on 5495 1811 and ask for an application form.

Business Manager – Kerrie Swanton
Office Hours: 8.30 am – 4.30pm
Phone 03 5495 1811
Email: st.arnaud.sc@education.vic.gov.au

Careers & Pathways

La Trobe | Bendigo Campus School Holiday Talk & Tours



Monday 11th April - Thurs 14 April 10am-4pm

Have a course on your mind? Join us at one of our many talk and tour sessions between Monday 11 April to Thursday 14 April. This is your chance to meet a course expert and find out what it's like to study with La Trobe. Ask questions, get a taste of uni, and feel ready to start your dream course. You'll meet our student ambassadors and take a tour of the Bendigo campus, check out the facilities and get a feel for our on-campus accommodation.

To Register Visit:

www.latrobe.edu.au/events/all/bendigo-campus-talk-and-tours2

The Santos Science Experience for Year 9 & 10 Students



Monday 11th April - Weds. 13 April 9am-3pm

There's more to science than biology, chemistry, and physics. We want to show you just how broad it can be! Whether you want to fix your cracked phone screen, adapt to a changing climate, or develop a vaccine to change the world, science is where it starts. At the University of Melbourne, your program is supported by dedicated student mentors who study across a range of disciplines – including IT and data science, chemistry, health sciences, environmental science, and engineering. You'll get to see inside our laboratories, museums, and classrooms, and you'll meet leading researchers in different fields.

Find out more:

www.scienceexperience.com.au/programs/apply

Grandshake Virtual Work Experiences



Grandshake offers a ton of awesome Virtual Work Experience programs for young people across Australia aged 14-19. These programs are a great way to get a taste of your dream career, all from your own home. And they help you learn some valuable skills along the way as well.

Some of the programs you can explore are:

- [Communication and Sustainability Cadet](#)
- [Junior Environmental Planner](#)
- [Civil Construction Cadet](#)
- [Systems and Signals Operator](#)
- [Junior Digital Engineer](#)
- [Drone Pilot](#)
- [Electrical Technician](#)

For further information visit:

www.grandshake.co/virtualworkexperience?category=virtual-work-experience

Work Experience with the Melbourne Symphony Orchestra



Applications are now open for the Melbourne Symphony Orchestra's Work Experience Program in 2022. During their time with the MSO, students will have the opportunity to meet with musicians and staff, mix with MSO's industry-leading artistic planning team, observe orchestral rehearsals, and explore Melbourne's arts precinct. Most of all, students will come away from their placement with a broad understanding of the role played by the MSO – as a cornerstone of Melbourne's rich cultural heritage – in the Victorian and Australian performing arts industries.

If you have a passion for music, performance, or the arts, this could be a wonderful experience.

- **Tuesday 28 – Thursday 30 June, 10am – 4pm**
OR
- **Tuesday 9 August – Thursday 11 August, 10am – 4pm**

For further information visit:

www.mso.com.au/careers/work-experience

Work Experience Parliament of Victoria



Whether you're interested in politics, planting trees, law-making or baking, your work experience placement at the Parliament of Victoria will be an experience you'll remember. This is a unique opportunity to undertake a one-week placement in either a Parliamentary Sitting or Parliamentary Services program. *Parliamentary Sitting placements* provide the opportunity to see the law-making process up close. Students will go behind the scenes with the staff who directly support Parliament sittings, to get a deeper understanding of our democratic processes.

Parliamentary Services placements offer a variety of opportunities that can be matched with a broad range of student interests and career goals. Students will have the option to work with staff in one of the many professional service areas that support the day-to-day business of Parliament.

Applications close 27th May 2022 for placements in Terms 3 & 4, 2022.

For further information visit:

www.parliament.vic.gov.au/education/work-experience

Mrs Rebecca Reynolds
Careers Co-ordinator

Sue Clay 
Careers and Pathways
Email: s.clay@ncllen.org.au

Community Events



Book your ticket at thepush.com.au/events/all-ages-tour-Stawell

Grampians Youth Events All Ages Tour in Stawell 5-10pm

Go to thepush.com.au to
Book your Free Bus from St Arnaud, Navarre,
Ararat, Great Western, Halls Gap, Pomonal,
Horsham, Dadswell's Bridge



WITH SPECIAL GUESTS
**SAMI
LANI WILLIAMS
BRODY GRAY**
SATURDAY 5 MARCH
STAWELL

FULL LINEUPS, LOCATIONS & TICKETS AT [THEPUSH.COM.AU](https://thepush.com.au)



This is a fully supervised, drug, alcohol
and smoke-free zone. No parents.



The Rainbow Alliance is a group based in Stawell that is run for and by LGBTQIA + young people aged between 13-19.

This group provides a safe, inclusive, and welcoming space to LGBTQIA+ young people. Social meetings are held weekly and open to those from neighbouring towns/ areas. For more information or to join the group, please contact rainbow.alliance0@gmail.com or scan QR code on the poster.

If you have any queries, would like to participate & need transport to the event, please see our school nurse Tania Scarce.





Lions Club of St Arnaud

Welcome St Arnaud Event:

***Saturday 19th March @ Queen Mary gardens
10am-2pm***

As you are all aware we were unable to have our community gathering last September due to Covid-19 restrictions, but 2022 is more promising and we have rescheduled the event for the 19th of March at the Queen Mary Gardens between 10 am and 2 pm.

The purpose of the gathering remains the same, to inform all members of the numerous community organisations, services and activities that are available in the St Arnaud area, we also use the forum to attract new participants for the individual groups within St Arnaud.

Food will be provided at no cost by the Lions & Rotary clubs of St Arnaud and there will be plenty of entertainment for both kids and adults.

It will be located at the old bowling green site across the road from the Information Centre.

If you have any queries please contact:

John Beggs

President Lions Club St Arnaud

johnbeggs2003@yahoo.com.au

Ph: 0417448929

Health & Wellbeing

Cultural Diversity Week

19th - 27th March 2022

Did you know, Victorian citizens come from more than 200 countries, speak 260 languages and follow 135 different faiths?

Cultural Diversity Week, 19th - 27th March, is an opportunity to recognise these many cultures and communities that shape our great state.

It is about bringing people together to celebrate our diversity and to spark our curiosity about cultures and each other.



WATER

A VITAL NUTRIENT






Did you know that the human body is made up of 50 - 75% water?





Water is essential to most of our bodily functions. It helps us stay alert to learn and play. However, our bodies can't store water so it is important we 'refuel' every day.

So, how much water should we drink every day?

The amount we need depends on our body size, metabolism, the weather, the food we eat, our activity levels, age and gender, but generally:

-  Children aged 1-8 need 1 to 1.2 litres per day (4-5 cups)
-  Children aged 9-18 need 1.4 to 1.9 litres per day (5-8 cups)
-  Adults aged 18+ need 2 to 2.6 litres per day (8-10 cups)

Try these tips to help you drink more water:

-  Add a squeeze or slice of lemon or lime, or some strawberries or mint leaves to plain water to add variety and flavour.
-  Keep a bottle or glass of water handy on your desk, or in your bag when out and about.
-  Drink some water with each meal and snack.
-  Add ice cubes made from fresh fruit to a glass of water.

Source: <https://www.betterhealth.vic.gov.au/health/healthyliving/water-a-vital-nutrient>



Strengthening Parent Support Program



What is the Strengthening Parent Support Program (SPSP)?

It is a program for parents and carers of children who have additional needs, a disability or developmental delay.

This parenting support program provides families with opportunities to participate in peer support groups and establish support networks with other families or carers in the local community.

The SPSP program is run by Uniting in Horsham but also reaches communities in the surrounding regional areas. Please contact the co-ordinator Kate Janetzki for further information.

You can also keep up to date by joining our Facebook page;

<https://www.facebook.com/groups/390018412226828>

Support group activities may include a night out at movies and dinner, an informal lunch and chat or seminars/workshops covering a range of helpful and educational topics.

Contact Details

Kate Janetzki
on

Phone: 0427 633 458
or email

kate.janetzki@vt.uniting.org

Uniting

We are pleased to be able to offer small group instrumental lessons once again this year and we would like to invite students to complete the following expression of interest form.

Lessons are held on a rotating timetable on Wednesdays and Thursdays, so that students miss part of a different period each week. Lessons are provided free of charge. The places are limited and are allocated on a first-come-first-served basis.

Initially lessons will be offered in Keyboard, Voice, Guitar, Ukulele, Violin and Drums. Students interested in other instruments are asked to nominate their instrument of interest to assist with ongoing planning.

(Please circle your choices and indicate your first and second preferences by numbering then 1 & 2)

Keyboard ___ Guitar ___ Ukulele ___ Violin ___ Drums ___

Other Instrument(s) of interest _____

Student Name _____ Yr _____

Parent / Guardian Name: _____

Parent / Guardian Mobile: _____

Parent / Guardian Email: _____

Parent / Guardian Signature: _____

Date: _____

School Use: Received: _____



2022 Calendar

March	Mon	7	NCD Swimming
	Wed	9	Yr. 7 & new families welcome BBQ @ 6pm
	Thurs	10	NCD Triathlon, MIPS
	Fri	11	Rock Expo
	Mon	14	Labour day
	Tue-Fri	15-18	Yr. 7 Summit Camp
	Thurs-Fri	17-18	Yr. 11 Pre-driver Ed
	Thurs	17	LMR Swimming
	Mon	21	Yr. 9 Morrisby Questionnaire this week
	Wed	23	MIPS, Parents Club—Royal Hotel 6 pm
	Wed	30	MIPS
April	Fri	1	House Athletics
	Sun-Wed	3-6	Yr. 11 Melbourne Camp
**	Mon	4	Parent teacher Interviews 9am-7pm 11 & 12 classes running
	Fri	8	End of Term
	Mon	25	Anzac Day
	Tue	26	Term 2 starts
	Thurs	28	SSV Swimming
	Fri	29	Yr. 9/10 boys Man Cave program
May	Mon	9,12,13	Yr. 9 Morrisby Interviews
	Tue	10-12	NAPLAN - Yr. 7 + Yr. 9
	Wed	11	Yr. 11 Fit 2 Drive
	Fri	13	House XC (pm)