### St. Arnaud Secondary College Newsletter

### **Issue 14**

Term 2 Week 14 20th May, 2022

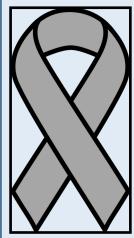


St. Arnaud Secondary College is a Child Safe School.



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Email: st.arnaud.sc@educationvic.gov.au
Principal: Tony Hand
Assistant Principal: Vanessa McCormick

### Principal's report



### Pirate Day

I would like to thank and congratulate the students and staff for their participation in our inaugural Pirate Day last Friday. It was fantastic to be joined by the Carswell family – Parents, Margaret and Garry and sister Jen and her four children. I know there is a full article on Pirate Day in this newsletter.

### Year 11 Outdoor Ed

From Sunday to Tuesday, the Year 11 and 12 Outdoor Education students travelled to Apollo Bay to undertake activities directly related to their areas of study. Students appear to have had an enjoyable and educational time – even if it was a little bit cold and wet for some of them. Thanks to Mr. Knight and Mrs. Reynolds for their organisation and attendance on the trip.

### **School Review**

On Thursday, our school review began in earnest. We were joined by our reviewer, Mr. Martin Winfield from Monash university, and our Senior Educational Improvement Leader, Mrs. Therese Allen. Three Principals, Mr. Rob Pyers (Horsham College), Mr. Graeme Holmes (Hopetoun P-12 College) and Ms. Melissa Mitchell (St. Arnaud Primary School) joined us for the day as well. Casey Hando was the School Council representative with College Captain, Berrie Walsh, representing the students. The panel was rounded out with Mrs. Vanessa McCormick, Dr. Calvin Taylor, Ms. Maryanne Jones and myself. The day was spent in three distinct phases. Firstly, looking at our data against our set targets, then classroom observations and student forums, followed by an assessment of the College against the Framework for Improving Student Outcomes (or FISO).

There is no doubt that through this process it was clearly evident that the school has improved

in almost every measured facet since our last review four years ago. There are two further days of review, one next week and the last on June 10, where we will be looking to create our next Strategic Plan which will guide and shape our next four years of work.





### Principal's report continued



### **Welcome Maryanne Jones**

As I mentioned in the last section, Ms. Maryanne Jones started with us at the College on Thursday. Ms. Jones has been appointed as a Leading Teacher and a teacher of English, and we are very excited to have her join us at the College. Maryanne brings a wealth of experience in a range of rural and regional setting which also includes time as a Principal in a NSW rural P-12 school. Maryanne will start in her classes next week. I would like to take this opportunity to also thank Dr. Taylor, Mrs. Dean and Miss. Alexander who have all stepped in to take additional classes from the start of the year while we were waiting for this position to be filled.

### **NAPLAN**

I would like to thank all our Year 7 and 9 students and families for their support of the NAPLAN this year. This is the first time we have had a 100% completion rate, with several catch-up tests being undertaken this week. The NAPLAN is used for many purposes, one of which is ensuring that schools have appropriate funding where needed. I would also like to send a massive thanks to Mrs. Jackson for her work in administering the tests which is no small job. She has been assisted by Mr. Lobley and Mrs. McCormick – so well done everyone.

### **Upcoming dates**

Monday 23 May – NCD Cross Country

**Tuesday 31 May** – LMR Cross Country

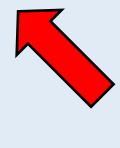
**Monday 6 to Thursday 9 June** – Yr. 9-11 Exams

Friday 10 June – Final Review Day

**Tuesday 14 June** – Professional Practice Day – No students expected at school.

Tony Hand Principal





### **House Cross Country Photos**



### **Cross Country Report**



### ST. ARNAUD SECONDARY COLLEGE HOUSE CROSS COUNTRY

The annual St. Arnaud Secondary College House Cross-Country was held at Lord Nelson Park and the surrounding bush on Friday the 13<sup>th</sup> of May. Although the conditions were a little chilly, it was fantastic to see the students participate and gain points for their respective houses. Cross-Country is a sport where everyone can have a go and an activity which is great for our health! There were three age groups for both boys and girls – junior, intermediate, and senior. The girls all left together and, ten minutes later the boys began. Students covered a four-kilometre course and all students that competed to the best of their ability should be proud of their efforts.

The first girl was Keegan Amos, followed by Millie Hando and Mahlie Morris placing third. In the boys, Sam Male was the first student back, followed by Owen Lowe, with Deon Tannock third. Holmes was the winning team on the day, followed by Morshead, with Willmott coming in third! Thank you to all the parents who came along and supported the event.

### Age Group Champions:

	GIRL	BOY		
JUNIOR	1 <sup>st</sup> Millie Hando (H) 19.25	1st Austin Lowe (H) 17.37		
	2 <sup>nd</sup> Mahlie Morris (M) 19.28	2 <sup>rd</sup> Bob Donald (H) 18.00		
	3rd Georgie Wandel (H) 22.00	3rd Chase Zander (M) 18.06		
	Record: Zoey Torney 16.04 (2009) Record: Liam Andison 14.50 (2009)			
INTERMEDIATE	TE 1st Abby Weir (H) 19.31 1st Owen Lowe (H) 15.00			
	2 <sup>nd</sup> Ada Buenaventura (M) 20.36	2 <sup>nd</sup> Harrison Meagher (W) 16.56		
	3rd Demi Leach (W) 21.49	3rd Brody Winters (H) 18.57		
	Record: Zoey Torney 15.51 (2010)	Record: Jordan Harris 13.47 (2013)		
SENIOR	1 <sup>st</sup> Keegan Amos (W) 19.15	1 <sup>st</sup> Sam Male (W) 14.27		
	2 <sup>nd</sup> Ally Culliver (M) 32.39	2 <sup>rd</sup> Deon Tannock (M) 16.50		
	3rd Amy Greenaway (W) 35.35	3rd Lachlan Gifford (W) 17.48		
	Record: Zoey Torney 16.21(2012)	Record: Kyle Torney 13.36 (2006)		

### Final Scores:

AGE GROUP	MORSHEAD	HOLMES	WILLMOTT
14 Girls	161	245	92
16 Girls	125	138	142
20 Girls	71	144	83
14 Boys	227	229	159
16 Boys	154	188	174
20 Boys	166	95	210
Girls Participation bonus.	0	0	0
Boys Participation bonus.	0	0	0
TOTAL	904	1039	860

The NCD Cross-Country is to be held in St Arnaud at Lord Nelson Park on Monday the 23<sup>rd</sup> of May. Students who have made the team have been informed this week. Parents are welcome to come and watch the event starting at 10:45am.

Mr. Knight. Sports Coordinator

### **House Cross Country Photos**



### **Pirate Day**

### <u>Pirate Day – Friday 13<sup>th</sup> May</u>

On Friday 13<sup>th</sup> May, the students at St. Arnaud Secondary College dressed up as pirates to support research into childhood brain cancer. This cause was chosen by the SRC in honour of Miss. Carswell, a new teacher employed by the College who passed away on the 1st of March due to brain cancer at the age of just 36.

Pirate Day is an annual day of dressing up to raise awareness and vital funds for childhood brain cancer research. Since 2015, Pirate Day has raised more than \$475,000 thanks to swash-buckling schools, ELCs, community groups and businesses across the country. This incredible support helps The Kids' Cancer Project provide funding for scientific researchers, who are busy making waves in the lab investigating better treatments for childhood brain cancer.

Pirate Day all started when founder Col Reynolds stopped his empty tourist bus to let two children with bald heads cross the road. He visited the nearby hospital and was touched by the spirit of everyone he met. From that day, he made it his mission to help kids with cancer. The Kids' Cancer Project is now an independent national charity supporting bold science with the greatest chance of clinical success to improve childhood cancer treatments. Since 1993 the group has contributed tens of millions of dollars to scientific studies to help children with many types of cancer.

Cancer is a leading cause of death for Australians. Half of all Australian men and women will be diagnosed with some form of cancer during their life. All of us will in some way be touch by cancer throughout our lives if you have not been already. While this day was to raise awareness of brain cancer in children, it can affect anyone at any stage in their life.

Many students and most of the staff dressed as pirates, making donations in support of this worthy charity: some students dug particularly deeply into their savings with quite a few notes going into the bag, even a fifty dollar note!

The College held an assembly at lunchtime, along with a fashion show. We were lucky to be joined by Miss. Carswell's mother, father, sister, nieces, and nephews. They were impressed and delighted by the show of support and dedication from the school towards this cause. The school raised \$275 and the Carswells themselves equaled this contribution by the school, adding a further \$300.

After lunch, the students participated in the Cross Country in the bush around Lord Nelson Park. Whilst some students changed into running gear, others attempted the course in their pirate garb. What a strange sight it would have been for members of the public to see random pirates running through the local bushland!

### **Pirate Day continued**

It is unfortunate that our school's connection with this charity and the Carswells was due to such a sad event with Miss. Carswell's passing. We hope that our day of frivolity, the generosity of the College community and the Carswell family, may contribute to finding better treatments and maybe, one day, a cure for childhood brain cancer (and cancer in general).



### **Pirate Day— more photos**











Year 9'swith their best pirate faces - not too mean though!

### Captain's Speech

### Pirate Day - a Satire

Ship's Log

13th May 2022

On this thirteenth day of May in the 70th year of the glorious reign of her most noble majesty, Queen Elizabeth II, I have been besieged by the most horrific site: of a horde of hideous pirates. Immoral wretches, dressed in slovenly apparel swarmed across the manicured lawns and gardens of this fine institution of education, St. Arnaud Secondary College. Upon the arrival of my vessel in the early hours, misty with winter foreboding, I sought council about the oncoming scourge from the school principal, only to discover that he himself had been converted to their appalling depravity! Likewise, his underlings were also participants in this dreadful subversion of the natural order of the world. It was apparent that needed to stand alone against this surge of decadence.

I cannot tell, but to God, for the awful sights I witnessed during my time amongst these slovenly beings. Pirates, young and old, tall, and short, rushed to give their moneys (no doubt illegally obtained from some poor parental vessel) to the cause of brain cancer research. Clearly this is a worthy cause and important for the salvation of members of society. Though I wonder what trifles the pirates might attempt to extract for giving up their ill-won bounties. At least gold will be removed from their use of it to procure rum, gambling, and other vices.



Throughout the long and draining hours, these brigands infested the buildings with their raucous laughter and dangerous games. There were pirates from throughout the world in all manner of garb, speaking all manner of trash. They wielded their swords and daggers, fought their parrots and pets, drank from tankards and goblets aplenty. There were, I believe, less eyes than legs among the throng. I even witnessed a giant parrot strutting around, accompanied by a phalanx of protective cretins.

Yet amongst this, the pirates participated in some activities of seeming virtue, to improve their lot in life: learning their letters and numbers so that they might not remain predators upon the more civilised members of society. Many even ran or walked a cross country course so that they might improve their land legs, though many continued to run with the swaying gait of the perpetually seabound and sozzled. If these slubberdegullions can improve their lot, then there remains hope for us all.

I pray for the sanity and soul of this society.

Bless the upstanding members of the College community, and God Save the Queen.

Captain Calvin Taylor

HMAS Triton



### L2P News

### Hannah is Number One

Hannah Blanch went for her first drive in the school's L2P Car this week. She drove the Toyota Yaris all over St. Arnaud and demonstrated to her L2P Mentor, Mr Lobley, that she has a good understanding of elementary vehicle control and road safety.

Hannah is the very first student from St. Arnaud Secondary College to take advantage of the program and she hopes to gain many hours of driving experience over the course of 2022. After driving locally, her ultimate aim is to take the Yaris for a road trip to McDonald's!



### What is L2P?

The Transport Accident Commission (TAC) L2P Program is a community-based program developed to assist eligible young Victorian learner drivers between the ages of 16 and 21 years (and in some circumstances, up to 23 years) who do not have regular access to a supervising driver, or an appropriate vehicle gain driving experience required for a probationary license.

### L2P Mentor Meetup

St. Arnaud Secondary College has five trained L2P Mentors and Mr Lobley was lucky enough to be selected to attend a meetup with other Mentors from all over western Victoria. The event was held at the LLEN head office in Ararat. The meeting was very relaxed and covered a range of topics, from techniques to encourage learner drivers to improve their skills through to funny stories of flat tyres and amusing wildlife sightings. Mr Lobley said it was great to see how big the L2P program had become across western Victoria and it reaffirmed how lucky St. Arnaud students are to have access to the car and the school's five Mentors.

### How can I get involved?

If you have your Learner's Permit and would like to use the school's Yaris to build your required hours before going for your Ps, it couldn't be easier!

Just speak to one of the Mentors here at school to get the ball rolling. We will put you in contact with the program's director for the western region, Penny, and she will guide you through the steps to get you on the road.

### Who are the Mentors at St. Arnaud Secondary College?

- Mr Hand
- Mr Loblev
- Mrs Reynolds
- Dr Taylor
- Miss Bertalli



### **Year 8 Food**



### **Year 8 Food Technology**

Term 2, Week 3, saw the Year 8 food class cook soy chicken with baked potato and golden syrup dumplings. In our theory class, we started looking at what factors influence our food choices. There are many factors, the main ones being family and friends. We will look at other factors over the next few weeks.



### **Year 7 Textiles**

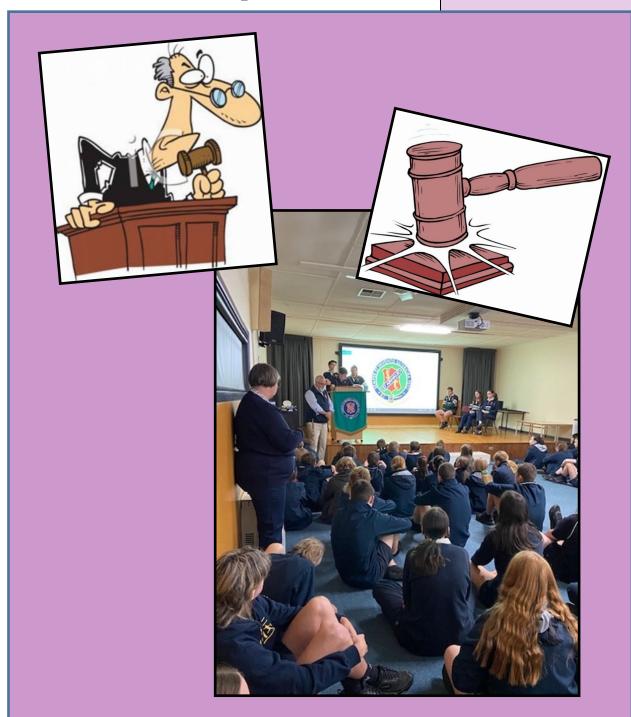


### **Textiles: Tie Dye Pillowcases**

After a very long and slow term of sewing pillowcases, Years 7 and 7/8 finally got to tie dye them. The dying happened in class in a very orderly manner; only Ms. Tehan accidently dyed her shirt! Then students had to wait till the next lesson before their creations were unveiled. What a kaleidoscope of colours were they to behold! The students have now all taken their pillowcases home to be enjoyed. Just make sure to wash them separately for the first few washes.

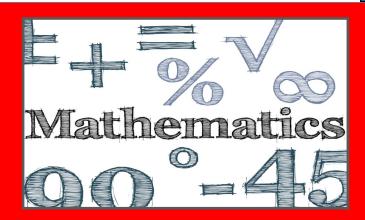


### **Year 11 Court Report**



Students and staff listened attentively to Lachlan, Troy, and Ronan's account of their experience at the Horsham Court - and no they weren't on trial.

### **Maths and Science News**



### Mathematics and Science Competitions

Students are encouraged to participate in the Australian Mathematics Competition which will be held in early August (cost \$7.50 per person). This competition is a mathematics competition containing multiple-choice problems and extended response questions. Many of the problems are set in situations to which students can relate. Students of all standards will find a point of challenge during the test.



The Science Competition is held in late August and consists of online questions relating to science understanding and skills. The cost for this competition is \$19.25 per person.

If you wish to participate, please ask your classroom teacher for more details and/or:



- If students would like to participate in the <u>Mathematics Competition</u>, then they
  are to contact <u>Mr Redmond</u> before the second last week of term; by Term 2
   Week 8.
- If students would like to participate in the <u>Science Competition</u>, then they are to contact <u>Mrs Jackson</u> before the second last week of term; by Term 2 Week 8.



### **IDAHOBIT Day**

### **IDAHOBIT DAY**

TUESDAY MAY 17TH, 2022

Students from the St. Arnaud Primary School, St. Arnaud Secondary College, and staff at EWHS participated in **IDAHOBIT** day, a pride raising Flag event. Students created rainbow chalk artwork on the footpath, conducted speeches of support, displayed rainbows with messages and came dressed in rainbow clothing.

The day promotes *International Day Against Homophobia, Biphobia, Interphobia &Transphobia (IDAHOBIT)*, celebrating LGBTQIA+ people globally and raising awareness for the work still needed to combat discrimination against people in the LGBTQIA+ community.

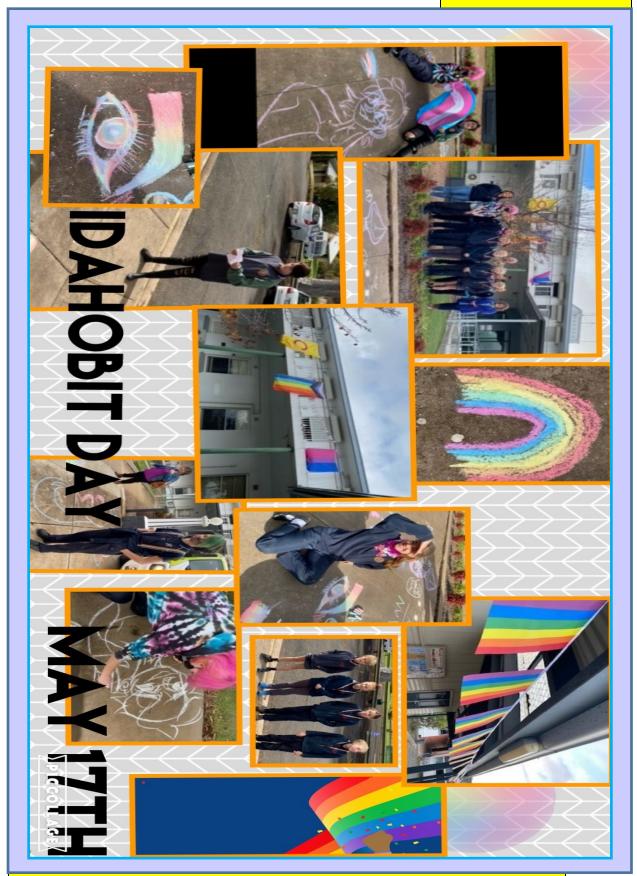


### What is IDAHOBIT?

Homophobia, Biphobia, Interphobia &Transphobia (IDAHOBIT), celebrating LGBTQIA+ people globally, and raising awareness for the work still needed to combat discrimination against people in the LGBTQIA+ community.



### **IDAHOBIT Day**





Today I'm spreading kindness & doing it for Dolly



### DO IT FOR DOLLY DAY

"DOLLY'S DREAM" IS COMMITTED TO CHANGING THE CULTURE OF BULLYING BY ADDRESSING THE IMPACT OF BULLYING, ANXIETY, DEPRESSION AND YOUTH SUICIDE

**DOLLY EVERETT WAS JUST 14 YEARS** 

ALL MONEY RAISED WILL GO TO THE "DOLLY'S DREAM" CHARITY

COME TO SCHOOL WEARING BLUE



FRIDAY 27TH MAY

### **SRC Fundraiser**



### MND Big Freeze 8 - Support research into Motor-Neuron Disease

The SRC will again run its very successful fundraising for the Big Freeze 8, raising money to support the MND Foundation. Big Freeze 8 will be held at the MCG on Queen's Birthday Monday (13 June) with a game between Collingwood and Melbourne.

https://fightmnd.org.au/big-freeze-8/

Beanie orders are due with payment to the Front Office by 27th May.





### The Big Freeze Fundraiser





# Office News



Snow Camp - \$250.00 Instalment due 25th May 2022

Year 8 Camp - Deposit \$20.00 due Camp balance fully funded

\*\*\*\*Please contact the General Office if you do not have BPAY account details.

\*\*\*When making payment via BPAY please note the receipt number on the return permission slip.

All camps and excursions are required to be paid prior to attendance unless payment plans have been approved.

### Parent Payment Policy Arrangements in 2022

The Department of Education and Training has sought to clarify the Parent Payments Policy for 2022. Schools can request contributions from parents under three categories.

- Curriculum Contributions contributions for curriculum items and activities which the school deems necessary for students to learn the Curriculum e.g., textbook use, consumable materials, paper
- Other Contributions Voluntary financial contributions for non-curriculum items and activities that relate to the school's functions and objectives e.g., school building enhancements
- Extra-Curricular Items and Activities Items and activities that enhance or broaden the schooling experience of students and are above and beyond what the school provides for free to deliver the Curriculum. These are provided on a user-pays basis. e.g., Optional Year level camps

School Council has approved the 2022 Parent Payment Policy and Parent Payment Fees. The fees are located on the school webpage, or please contact the office to have fees sent.

Webpage: https://www.starnaudsc.vic.edu.au/page/229/2022-Parent-Payment-Policy

DET Parent Payment Policy : https://www2.education.vic.gov.au/pal/parent-payment/policy

BYOD LWT Portal : https://sasc.orderportal.com.au/



# Office News

### Parent Payment Arrangements and Options:

- Parents will be provided with early notification of annual payment requests and reasonable notice will be given for any other payment requests during the year (i.e., excursions, camps)
- The College offers Parents the option to make payment by instalments. Please contact Kerrie Swanton, Business Manager, to make these arrangements.
- Methods of payment are BPAY, EFTPOS, cash, or cheque.
- Eligible families that receive Camps, Sport & Excursion Funds can allocate these funds for sports travel, camps, and excursions only.
- The payment for Optional Items including camps and excursions must be paid by the specified due date prior to departure. Other payments for Optional Items including Food Technology must be paid in week 2 of each Term, or by negotiated instalments.
- When making payment via BPAY please note the receipt number on the returned permission slip or email paid items to <u>st.arnaud.sc@education.vic.gov.au</u>
- New families to the school who do not have Family BPay details, please contact the school for these details.

### Camps, Sports, and Excursions Fund applications

The Camps, Sports and Excursions Fund helps eligible families to cover the costs of school trips, camps, and sporting activities. Applications for the Camps, Sports, and Excursions Fund (CSEF) close

If you have a valid means-tested concession card, such as a Veterans Affairs Gold Card, Centrelink Health Care Card, or Pensioner Concession Card, or are a temporary foster parent, you may be eligible.

Payment amounts this year are \$225 for eligible secondary school students. Payments are made direct to the school to use towards expenses relating to camps, excursions, and sporting activities for the benefit of your child.

If you applied for CSEF through our school last year, you do not need to complete an application form this year, unless there has been a change in your family circumstances.

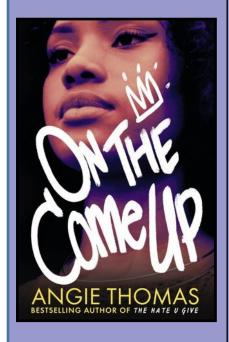
If you would like to apply for the first time, please contact the school office on 5495 1811 and ask for an application form.

Business Manager – Kerrie Swanton Student Administration – Elisha O'Donnell Office Hours: 8.30 am – 4.30pm

Phone 03 5495 1811

Email: st.arnaud.sc@education.vic.gov.au

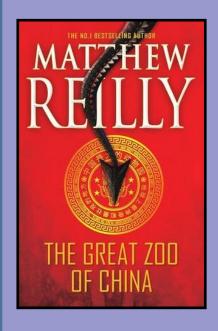
### The G.H. Edwards Library



### On the come up By Angie Thomas

Sixteen-year-old Bri wants to be one of the greatest rappers of all time. Or at least make it out of her neighbourhood one day. As the daughter of an underground rap legend who died before he hit it big, Bri's got big shoes to fill. But now that her mom has unexpectedly lost her job, food banks and shutoff notices are as much a part of Bri's life as beats and rhymes. With bills piling up and homelessness staring her family down, Bri no longer just wants to make it—she has to make it.

On the Come Up is Angie Thomas's homage to hip-hop, the art that sparked her passion for storytelling and continues to inspire her to this day. It is the story of fighting for your dreams, even as the odds are stacked against you; of the struggle to become who you are and not who everyone expects you to be; and of the desperate realities of poor and working-class black families.



### The Great Zoo of China By Matthew Reilly

It is a secret the Chinese government has been keeping for forty years.

They have found a species of animal no one believed even existed. It will amaze the world.

Now the Chinese are ready to unveil their astonishing discovery within the greatest zoo ever constructed.

A small group of VIPs and journalists has been brought to the zoo deep within China to see its fabulous creatures for the first time.

Among them is Dr. Cassandra Jane 'CJ' Cameron, a writer for National Geographic and an expert on reptiles.

The visitors are assured by their Chinese hosts that they will be struck with wonder at these beasts, that they are perfectly safe, and that nothing can go wrong.

Of course it can't...

GET READY FOR ACTION ON A GIGANTIC SCALE.

### **Careers & Pathways**

### IT'S NATIONAL CAREERS WEEK!

It's more than just a Job!

MAY 16th - 22nd 2022



For a full list of online events/webinars please visit:

https://careersweek.com.au/events-page/



In celebration of National Careers Week, Australia's largest and free online careers exhibition is back for another year. The <u>Year13</u> Expo is now live and on-demand until Sunday 22<sup>nd</sup> May.

With webinars from inspirational and innovative industry speakers, educators and exhibitors, there are more job opportunities, first-hand advice from professionals and shared experiences than ever before.

### Visit:

https://year13.com.au/expo/year13-expo-2022

### KNOW YOUR RIGHTS AT WORK



It's important to know your basic rights and entitlements as a worker and how to avoid being scammed by an unscrupulous employer.

Find out info and tips about your rights as an employee and covers a range of work-related issues including how the Fair Work system works, how to spot dodgy job ads and employment scams, salary and wages, contracts, unfair dismissal, and rights for casual workers.

### For further information visit:

www.youthcentral.vic.gov.au/jobs-andcareers/your-rights-at-work

### National Gallery of Victoria Work Experience Program 2023



The National Gallery of Victoria offers a limited number of one week work experience placements for secondary school students. Placements are based with the NGV Learn Team and where possible with other Departments. Work experience in any one facet of the NGV cannot be quaranteed.

The NGV will have four one week blocks available for students to complete placements – please refer to the dates below:

Term 1: Monday 27 March-Friday 31 March 2023 Term 2: Monday 19 June to Friday 23 June 2023 Term 3: Monday 4 Sept to Friday 8 Sept 2023 Term 4: Monday 27 Nov to Friday 1 Dec 2023

Applications for 2023 Work Experience placements will be open from May to October 7th, 2022.

www.nqv.vic.qov.au/about/people-andcareers/work-experience/

### Work Experience with William Adams CAT

### William Adams



Do you want to have experience with one of the most progressive Caterpillar dealers? Would you like to add a substantial reference to your resume? Do you want to work in the industry that you wish to have a thriving career in? Then the answer is simple!

William Adams can offer work experience to secondary school students from February through to November, with placement's available in the following areas: Diesel Technicians – Earthmoving and Truck Service, Boilermakers, Parts/Warehousing, Finance and Administration, Sales and Marketing, People and Culture and Information Technology.

www.williamadams.com.au/careers/workexperience/

Mrs Rebecca Reynolds Careers Co-ordinator



# Duties

- Wash and clean utensils and dishes and make sure they are stored appropriately

- Wash, peel, chop, cut and cook foodstuffs
- Sort and dispose of rubbish and recycling Clean food preparation equipment, floors
- Other duties as required



**Hospitality Traineeship** 

Click the link or view our social media for more information. Contact Shane Cross on 0418 564 890.







### Positive Start in 2022: FREE holiday camps

Dear parents and carers

During the past 2 years, the COVID-19 pandemic has meant that many students have missed out on the opportunity to experience outdoor activities in an organised, social and supportive environment.

The Victorian Government is committed to supporting the health and wellbeing of all children and young people and is offering the chance for eligible students to attend a free camp program as part of the Positive Start in 2022 initiative, during the 2022 school holiday periods.

### Free camps for eligible students

Camps are a great way for young people to build confidence, experience new activities, learn leadership skills, connect socially and make new friends.

Holiday camp programs can range from single overnight experiences to spending several nights away.

While on camp, your child may enjoy a range of social and adventure activities which could include team challenges, bush walks, orienteering, hut building, cooking, bush walks, painting with nature, rope courses, abseiling and canoeing. Camp providers will make every effort to ensure they are accessible to all students and will list their facilities and supports available on the Positive Start website.

### Express your interest today

Places are limited, so if you are interested in this opportunity for your child or children, register your interest as soon as possible. Registrations close Friday 25 March 2022.

For further information, including how to register, visit: https://vacsdata.educationapps.vic.gov.au/PositiveStartHolidayCamps/ or scan the QR code.

Please also refer to the Holiday Camp Information below.

Once you register your interest, the Department of Education and Training will send you more information about available programs and how you can secure a booking.

### Find out more

For further enquiries about the Positive Start holiday camps or to register your interest, contact positivestart@education.vic.gov.au

Kind regards

Stephen Fraser Deputy Secretary School Education Programs and Support Department of Education and Training

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### HOLIDAY CAMP INFORMATION

### Which students are eligible for free holiday camps?

Students who meet one or more of the following criteria are eligible to attend a free holiday camp:

- attend a school that experienced closures of 5 days or more due to COVID-19 in 2021
- have an approved <u>Camps, Sports and Excursions Fund (CSEF)</u> application for 2022
- have a parent who holds a valid means-tested concession card (for example a Health Care Card, Job Seeker, Newstart Allowance, Disability Support Pension)
- are in out-of-home care (temporary or permanent)
- have a disability
- are from a refugee background \*
- are indigenous students
- are in the Navigator program.

### When are the holiday camps?

The holiday camps will run in the 2022 school holidays — Term 1 (April), Term 2 (June/July) and Term 3 (September) 2022.

### How much does it cost?

These camps are completely free of charge to eligible families. It will not cost you anything for your child to attend the camp. Most of the camps can organise transport from central locations however, for some camps, parents may need to provide transport for their child. Specific information regarding transport will be supplied by the individual camp providers.

### How old does my child need to be?

Students in years 3 to 12 from the start of 2022 school year can attend holiday camp programs.

### Will my child get to go with their friends?

Your child may be able to go on camp with their friends if they book to go to the same camp and there are places available. However, please note that your child's friends may not be eligible for the Positive Start free holiday camp funding. Only eligible families may book through Positive Start. Remember, your child will also have the chance to make new friends and build relationships with students from other schools.

### What types of camps are there?

There will be a list of camps from which that you can choose. Each camp will have a brief description including where it is, the length of the camp (number of days), the dates it is running, how to get there; as well as a list of activities to help you decide which camp would best suit your child.

### What general safety measures are in place to ensure camps are safe for students?

Camp facilities and sites are reviewed each year and are accredited by an independent national accreditation scheme to ensure they meet best practice standards and that all students receive the best care. All camp activities are compliant with national safety standards. All staff members have working with children checks and undergo a thorough induction and checking process as part of working with the camp.





### What COVID Safe strategies are in place at camps?

All Positive Start in 2022 camps must put into place a Covid Safe plan that aligns with Department of Health and Department of Education and Training advice. This includes operating under up-to-date Covid Safe practices such as appropriate cleaning, activity design, food service and accommodation density and layouts.

### How do I register my interest?

It's easy to register your interest. Simply go to the link below or scan the QR code on the right and complete the registration details. Once you have provided your email address, the Positive Start team will be in touch with more information.

https://vacsdata.educationapps.vic.gov.au/PositiveStartHolidayCamps/

### What happens next?

Within two weeks of registering your child's interest, you will be provided with more information including a list of available holiday camps and how to book.



If you need further information about the free holiday camps before you feel comfortable to register your interest, please visit the

www.vic.gov.au/positivestart

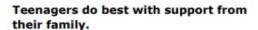
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### **Information**



### **Teens and Beyond**

Free online workshop



This workshop series aims to help you navigate the teenage years with confidence.

### More information:

- >> This is a workshop for parents and carers of children with disability aged 13+
- >> Workshops run over three sessions in May/June
- >> Bookings are essential
- >> We strongly recommend parents attend all sessions
- >> Professional workshop facilitators are parents of children with disability

### Topics include:

- >> Future planning
- >> School and post-school options
- >> Getting the right NDIS support for your teen
- >> Wellbeing friendships, behaviour support, communication and mental health

### Read more and register now:





For more information contact: educate@acd.org.au



03 9880 7000 or 1800 654 013 (regional callers)



www.acd.org.au

### Book now bit.ly/TeensBeyondMAY

### **Health & Wellbeing**



### **INVITATION FOR PARTICIPANTS**

### ONLINE ASSESSMENT OF ANXIETY DISORDERS IN AUSTRALIAN ADOLESCENTS

Is your teenager frequently nervous in social situations, overly worried about lots of little things, afraid to be away from you, or afraid of specific objects or situations (e.g., dogs, doing speeches at school)?

At Macquarie University, we are conducting an online study that includes a thorough assessment of anxiety concerns in adolescents 12 to 17 years. We are providing this service online via Telehealth and at no cost to families. Participants will also receive a \$30 gift voucher as a thank-you for their time.

If you believe your teenager may be experiencing anxiety, please contact <a href="mailto:bddproject@mq.edu.au">bddproject@mq.edu.au</a> to find out more about the project.



# WINTER WARMERS

FUN ACTIVITIES TO KEEP YOU MOVING



to keep moving through the winter months. Can you think of any other fun activities? colder. In recognition of Exercise Right Week (23rd-29th May), we are sharing some fun ways to do this can be tricky, especially as winter arrives, the days get shorter and the weather gets Moving our bodies everyday makes us feel good physically and mentally. But getting outdoors



# Balloon tennis

you can go without and see how long Blow up a balloor ground. Such fun it touching the for all ages!

# Go online

dance lesson online cardio workout or you might even learn some new Find a yoga or skills!



# Dance party

Pop on your

favourite music and dance up a storm! involved and have Get your family a dance off!

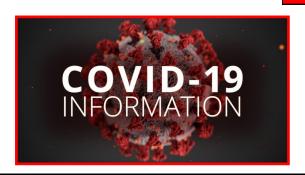


# Of course...

peek out, make the for some fresh air If you like the cold and head outside most of it, rug up or the sun does



### **COVID Update**



### COVID UPDATE – RATs TERM 2

RATs will continue to be distributed to you as they have been throughout this school year for the remainder of this term.

However, from Monday 23 May 2022, students will no longer be recommended to undertake either twice weekly RATs in mainstream schools or 5 days a week in specialist schools.

RATs however will continue to be required by students who are household contacts to attend school (5 negative tests over a 7-day period) or who have symptoms.

The ongoing supply of RATs to families in our school will ensure that parents and carers will have them should they need them if their child is a household contact or has symptoms.

Families must continue to notify the Department of Health and the school if their child returns a positive RAT result. Additionally, you should inform us if any of your children are household contacts.

Thank you also to all families who has got their child vaccinated. Vaccination continues to remain the best way to protect students and staff in our school.

Getting vaccinated is easy and bookings can be done via the <u>coronavirus website</u>. If you have any questions about the vaccines, I encourage you to speak to your GP or a health practitioner.



### Where can I get COVID-19 vaccinations in Northern **Grampians Shire in 2022?**

For people aged 5 and over:

Patrick Street Family Practice Stawell 🕭



5358 7555 www.psfamprac.com.au

St Arnaud Medical Centre

5495 1766

Victorian Government free COVID-19 Vaccination at Home Service 🖺

1800 675 398 or www.coronavirus.vic.gov.au

For people aged 12 and over:

Stawell Medical Centre (SRH) 🕭



5358 1410

St Arnaud Pharmacy 🕼



5495 1911



More information via 1800 675 398 or www.coronavirus.vic.gov.au

List subject to change. Updated 30th March 2022



# Where can I get tested for COVID-19 in Northern Grampians Shire?

### Stawell Regional Health Respiratory Clinic



facebook.com/StawellRegionalHealth or 5358 8630

 Drive or walk through testing at the hospital. Call or visit Facebook page to confirm open times and if an appointment is needed.

### **East Wimmera Health Service**



5477 2102 or 5477 2100

52 North Western Road St Arnaud

· 2.30pm every day including weekend



### Victorian Government Call-to-Test at home service



For people with disability or illness who can't get to testing sites.

1800 675 398, option 5 then option 5

### Rapid Antigen Tests (RATs)

Available at SRH and EWHS, chemists, IGAs and Woolworths, petrol stations, Lyle Eales. RATs are free to eligible groups at some locations.

For more information call 1800 675 398. Information subject to change. Updated 14/4/2022

### **Community News**









For Bookings: http://www.horshamtownhall.com.au/type/for-kids/

### **Expression of Interest**



# St Arnaud Secondary College Instrumental Music: 2022 - Expression of Interest

would like to invite students to complete the following expression of interest form. We are pleased to be able to offer small group instrumental lessons once again this year and we

### 2022 Calendar



May	Mon	23rd	NCD XC
	Mon	23rd	MIPS
	Wed	25th	Yr. 9 & 10 Snow Camp \$250 Instalment due
	Fri	27th	Do It For Dolly Day Fundraiser
	Mon	30th	Questacon STEM Yr7-9
	Tue	31st	LMR XC
June	Fri	3rd	MIPS
	Mon-Thurs	6th-9th	Yr. 9-11 Exams
	Fri	10th	3rd VSSS rehearsal-Ballarat
	Mon	13th	Queens Birthday Public Holiday
	Tues	14th	PUPIL FREE DAY
	Wed	15th	Semester 2 begins
	Thurs-Wed	16th/22nd	MIPS
	Fri	17th	Yr. 9 NCTTC-Try a VET day
	Tue	21st	Yr. 10—12 Wimmera Career Expo
	Wed	22nd	MIPS
	Fri	24th	End of Term 2 - Finish 2pm
July	Mon-Tues	11/12th	Yr.10 Pre-Driver Ed
	Thurs	14th	SSV XC
	Thurs	28th	Comic Art Workshop—Yr. 7-10 selected students
August	Mon-Fri	1st-5th	Yr. 8 Camp—Creswick
	Wed	3rd	Yr. 7 Immunisations
	Thurs	4th	Maths Competition
	Tues-Fri	9th-12th	Yr. 9/10 Snow Camp