St. Arnaud Secondary College Newsletter

Issue 20
Term 3
Week 20

15th July 2022



WE DID IT!!!!!

Students and Teachers from the Secondary College actively participated in the



"Push Up Challenge"

Over 24 days we aimed to complete as many push ups as we

could. The focus was To Enhance our Fitness, Have FUN and Increase our Awareness of Mental Health. During the 24 days of the Challenge, we had students and teachers performing daily push ups to start the day and some who completed these at home! Lunch time challenges were held for the crown of 'Most Push ups completed in one-minute.' Fierce competition was seen from some students who took on this challenge. Our final contestant, with an outstanding score of 56, was JUSTIN TILLIG. Justin's closest competitor was Mr. BEAU KNIGHT who performed an incredible 54. Big Congratulations to all those who competed in our Push Up Challenge. What a powerful way to highlight the need to enhance our mental health and wellbeing and seek support when needed! Terrific efforts by everyone!

20,154
push ups achieved over 24 days.....





St. Arnaud Secondary College is a Child Safe School.



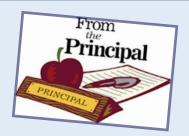
Address: Smith Street, St. Arnaud. Victoria 3478 Postal Address: P.O. Box 40, St. Arnaud 3478 Ph: (03) 54 951811 Fax: (03) 54 952308

Website: www.starnaudsc.vic.edu.au
Email: st.arnaud.sc@educationvic.gov.au
Principal: Tony Hand
Assistant Principal: Vanessa McCormick

Principal's report

Start of Term and Building Program

We have a had a quiet start to Term 3 – and it has been cold. Students have settled into their new timetables, and we should be able to stay in all our current buildings until the end of this term. Our building works are going out to tender and



we should know the outcome of that in August. From there, we will hopefully be looking at starting works in September which will be rather exciting. The first stage of the works will be the demolition of the old science wing and change-rooms, followed by our new main wing.

I would also like to take this opportunity to again thank Howard Amos who came up to the College during the term break to do some work in our gardens, including pruning our orchard. We all really appreciate and value Howard's volunteer work at the College. Thanks Howard.

Student Reports

Student reports will be live on Compass today for all parents and students. If you have any difficulties accessing your child's reports, please let me know. Following our school review and from reading the reports, our reports are long – especially in Years 7 to 9 - so we are committing to a review of our report format with a view to implement any changes in Semester 1 of 2023. One of the areas of conversation has focused on the written comments for every Essential Learning Item, especially when this is available in Compass at any time. Family mentors will be contacting families over the next few weeks to discuss your thoughts on the reports and to gain feedback for the College.

Year 10 Chartsec

On Monday and Tuesday, our Year 10 students travelled to Charlton to participate in the Driver Education Program. This program is aimed at giving all students not only theory about good choices and road rules, but also practical experience in driving a car. It is aimed at students who have not yet started driving or have only had their L plates for a short time. It aims to create good habits and attitudes toward driving. It includes a night-time driving session – some examples of which are up on our Facebook page. I was fortunate to attend the day with the students on Monday and they all did a great job in theory and in the cars.



Principal's report continued

High Abilities Program

We were notified late last term that we had five Year 7 and 8 students identified by the Department to participate in the High Abilities program – 2 in English and 3 in Maths. These students now get to undertake an extension program over the term to hopefully extend their knowledge and skills by attending one session a week via Webex out of Melbourne. What an exciting opportunity and well done to those selected.

Phoebe Hendy – Hair with Heart

Year 11 student Phoebe Hendy cut off her hair today and donated it to the charity "Hair for Heart". This charity fundraises and provides hair to children who have lost their own hair through disease or illness. This is a super gesture, and we congratulate Phoebe on working for the cause. We will provide more information about the day in next week's newsletter but if you would still like to support Phoebe you can donate through the following link. https://hairwithheart.variety.org.au/fundraiser/phoebehendy

State Cross Country

On Thursday Year 9 student Owen Lowe travelled to Melbourne to compete in the State Cross Country. At the time of writing this report the results were not known and will be included in next week's newsletter. Either way, we are very proud of Owen for being the only student from St. Arnaud to make it to this stage. Well done, Owen.





Monday 1 August – Year 8 Log Cabin Camp, Creswick **Tuesday 9 August** – Year 9-10 Snow Camp

Tony Hand Principal



Careers & Pathways

Year 12 Students



EARLY ENTRY PROGRAMS

Charles Sturt Advantage – Close 4th September (3rd round)

Latrobe ASPIRE – Open Now, Close 16th September RMIT Early Entry – Open Now, Close 18th September ACU Guarantee – Open 18th July, Close 23rd September

Swinburne Early Entry – Open Now, Close 6th October

Victoria University – Open Now, Close 7th October Federation Uni Early Offer – Open Now, Close 12th December

Deakin Regional access Scheme – Opens Early August

VTAC COURSE, SEAS, & SCHOLARSHIP

APPPLICATIONS

Open Monday 1st August

YOUTHRIVE SCHOLARSHIPS

UNIVERSITY - Open 30th June - Close 26th August www.youthrivevictoria.org.au/scholarships/unischolarships/

Work Experience with the Monash Biomedicine Discovery Institute



Each year, more than 50 secondary school students are taken into our laboratories for a week-long placement to experience what the life of a research scientist is really like. These placements enable secondary students (15 years of age or older) to gain an insight into careers in biomedical research by allowing them to observe and participate (subject to safety considerations) in the activities of a research laboratory. The Monash Biomedicine Discovery Institute is a research-intensive institute, and our scientists focus on fundamental research questions surrounding health and disease. Consequently, students who can show a passion for science and future careers in research will be viewed favourably.

Dates of placement:19th–23rd September, 2022 Applications open:11th July 2022 Applications close:12th August 2022

Offers released by: 26th August 2022

Applications are to be submitted to Monash by School Career Practitioners. See Mrs Reynolds if you are interested in applying.

Visit:

www.monash.edu/discoveryinstitute/enqaqe/schools-and-communityoutreach/work-experience-for-secondarystudents



University, TAFE, and Private Provider Open Days are a wonderful opportunity for students to explore course and career options. They are particularly beneficial for students in Years 10, 11 and 12.

With the Open Day season approaching, it can make your tours less overwhelming if you understand what to expect and what you intend to see, do, and explore on campus.

> For a list of 2022 Open Days Visit: www.vtac.edu.au/opendays.html

HARVEST CASUALS A G A D





Looking for casual work this harvest? You can "Register your interest" now for the 2022/23 Harvest season, visit:

www.graincorp.com.au/harvest-casuals/

Applications Open 1st August 2022

When will I use algebra in real life?



Algebra can be polarising, but however you feel, it is certainly powerful. We use algebra every day to find the answers to questions, and algebra is so important that it underpins our world, including most of the code that keeps our phones and laptops humming.

The basic concepts of algebra build on the maths you learn in primary school, and you can expect to be diving into algebra at some point in early secondary school.

Once you master the basics, you can use algebra in a huge range of ways both in your career, and throughout your life.

Looking for more proof that you'll actually use algebra one day? Take a look at the full blog here: https://whywestudy.com/when-will-i-use-algebra-in-real-life/

Mrs Rebecca Reynolds Careers Co-ordinator

Sue Clay -

Careers and Pathways Email: s.clay@ncllen.org.au

Yr. 10 Pre-Driver Education





Day 1 - Monday 11th July

Mr. Hand and six Year 10 students embarked on their journey to the Pre-Driver Education Program at the Charlton Traffic Safety Education Centre. The group started off their morning with some theory, covering things like signs and who gives way at intersections. In the afternoon, they split into their three groups, Ashley and Kaden were in the white manual, Georgia and Josh in the blue automatic car, and Tyson and Kyi in the grey automatic car. In these groups, they practiced their cabin drills, start up and moving off, pulling over, shutting down, steering, turning, changing gears and U-turns. They then had a break and grabbed some tea at the servo before going back to practice their skills during the night-time drive. This included some traffic lights and headlight usage. Students then headed home, making sure that Mr. Hand drove as safely as the students did at night.





Yr. 10 Pre-Driver Education





Day 2 - Tuesday 12th July

After a change in vehicle, driver and the addition of Demi and Adella, the students got to the driving centre just in time. They split into the groups from the day before and were off to learn how to reverse around the figure-8 and a normal curve. Students had to make sure to keep looking at their mirrors and avoid looking at the reversing camera. They gave hill starts a crack and finished off with angled parks, making sure to line up their car with the car parks. After a small break, students took turns trying to reverse park and some of them attempted to reverse into a smaller area, like they were fitting between two cars. They all parked in the same area, then practiced overtaking and accelerating whilst in a convoy. After a lunch break, students sat back in the classroom, finished the theory booklet and experimented with catching and throwing games whilst wearing beer goggles. Students learnt very quickly that their motor skills were impaired, and they couldn't catch a ball let alone drive a car.





Yr. 12 Psychology





The Year 12 Psychology class recently conducted an experiment on some of the Year 8 students to test their memory. The reason we did this was to test out the theory of the serial position effect, which suggests that when presented with information, we are more likely to remember the first and last items than those in the middle. Students completed two memory tests with 15 random words in each. In one test, they were asked to remember as much as they could immediately, and in the other they were asked to do so after 1 minute had passed. This was to confirm not only that students would be more likely to remember items from the start of the list, but also that if more than 30 seconds had passed, items at the end of the list would be more likely to be forgotten. This is because our short-term memory has a duration of 30 seconds, so it will be lost if it is not repeated over time. Our results demonstrated that more students remembered items at the beginning of the list, regardless of if they were asked immediately or after one minute. This means that when we are learning something new, we need to make sure we revisit information presented in the middle and end of the lesson, otherwise it could be forgotten. All Year 12 Psychology students designed, conducted, and reported on the experiment, and their poster presentations will be on display over the coming weeks.







Office News

Snow Camp - Final Payment will include extra costs for optional equipment to be advised. Final Payment for camp - 29th July 2022

Alpine School Program 2022 - \$1,000.00 payment due 4th August 2022

All camps and excursions are required to be paid prior to attendance unless payment plans have been approved.

Parent Payment Policy Arrangements in 2022

Parent Payment information has been mailed to families – please contact the school if you require and further details.

The Department of Education and Training has sought to clarify the Parent Payments Policy for 2022. Schools can request contributions from parents under three categories.

- Curriculum Contributions contributions for curriculum items and activities which the school deems necessary for students to learn the Curriculum e.g., textbook use, consumable materials, paper
- Other Contributions Voluntary financial contributions for non-curriculum items and activities that relate to the school's functions and objectives e.g., school building enhancements
- Extra-Curricular Items and Activities Items and activities that enhance or broaden the schooling experience of students and are above and beyond what the school provides for free to deliver the Curriculum. These are provided on a user-pays basis. e.g., Optional Year level camps

Webpage: https://www.starnaudsc.vic.edu.au/page/229/2022-Parent-Payment-Policy

DET Parent Payment Policy : https://www2.education.vic.gov.au/pal/parent-payment/policy

BYOD LWT Portal: https://sasc.orderportal.com.au/



Office News

Parent Payment Arrangements and Options:

- Parents will be provided with early notification of annual payment requests and reasonable notice will be given for any other payment requests during the year (i.e., excursions, camps)
- The College offers Parents the option to make payment by instalments. Please contact Kerrie Swanton, Business Manager, to make these arrangements.
- Methods of payment are BPAY, EFTPOS, cash, or cheque.
- Eligible families that receive Camps, Sport & Excursion Funds can allocate these funds for sports travel, camps, and excursions only.
- The payment for Optional Items including camps and excursions must be paid by the specified due date prior to departure. Other payments for Optional Items including Food Technology must be paid in week 2 of each Term, or by negotiated instalments.
- When making payment via BPAY, please note the receipt number on the returned permission slip or email paid items to <u>st.arnaud.sc@education.vic.gov.au</u>
- New families to the school who do not have Family BPay details, please contact the school for these details.

Camps, Sports and Excursions Fund applications

The Camps, Sports and Excursions Fund helps eligible families to cover the costs of school trips, camps, and sporting activities. Applications for the Camps, Sports, and Excursions Fund (CSEF) close 24/06/2022

If you have a valid means-tested concession card, such as a Veterans Affairs Gold Card, Centrelink Health Care Card, or Pensioner Concession Card, or are a temporary foster parent, you may be eligible.

Payment amounts this year are \$225 for eligible secondary school students. Payments are made direct to the school to use towards expenses relating to camps, excursions, and sporting activities for the benefit of your child.

If you applied for CSEF through our school last year, you do not need to complete an application form this year, unless there has been a change in your family circumstances.

If you would like to apply for the first time, please contact the school office on 5495 1811 and ask for an application form.

Business Manager – Kerrie Swanton Student Administration – Elisha O'Donnell Office Hours: 8.30 am – 4.30pm

Phone 03 5495 1811

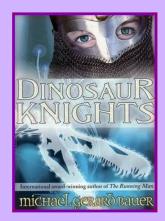
Email: st.arnaud.sc@education.vic.gov.au

The G.H. Edwards Library

Dinosaur Knights

By Michael Gerard Bauer

Dinosaur Knights is a gripping fantasy adventure about a scientist who attempts to bring a dinosaur through time. When the dinosaur becomes stranded in the Middle Ages, it crosses the path of two young boys and changes their lives forever. Roland dreams of being a knight while Oswald imagines a future as a physician; neither boy expected to face a dragon.

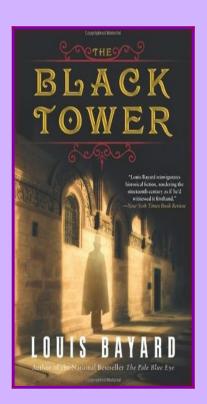


The Black Tower

By Louis Bayard

Vidocq. The name strikes terror in the Parisian underworld of 1818. As founder and chief of a newly created plainclothes police force, Vidocq has used his mastery of disguise and surveillance to capture some of France's most notorious and elusive criminals. Now he is hot on the trail of a tantalizing mystery—the fate of the young dauphin Louis-Charles, son of Marie-Antoinette and King Louis XVI. Hector Carpentier, a medical student, lives with his widowed mother in her once-genteel home, now a boardinghouse, in Paris's Latin Quarter, helping the family make ends meet in the politically perilous days of the restoration. Three blocks away, a man has been murdered, and Hector's name has been found on a scrap of paper in the dead man's pocket: a case for the unparalleled deductive skills of Eugène François Vidocq, the most feared man in the Paris police. At first suspicious of Hector's role in the murder, Vidocq gradually draws him into an exhilaratingand dangerous—search that leads them to the true story of what happened to the son of the murdered royal family.

Officially, the Dauphin died a brutal death in Paris's dreaded Temple—a menacing black tower from which there could have been no escape—but speculation has long persisted that the ten-year-old heir may have been smuggled out of his prison cell.



Community Feedback

TELL US HOW YOU FIND AND USE HEALTH INFORMATION





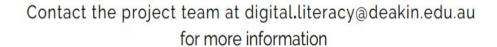
We want to make digital health better for you

Are you:

- Living in Western Victoria
- Over 18?

Scan the QR code to share your views





This study has received Deakin University ethics approval (ID 114-2022). V2_07.7.22

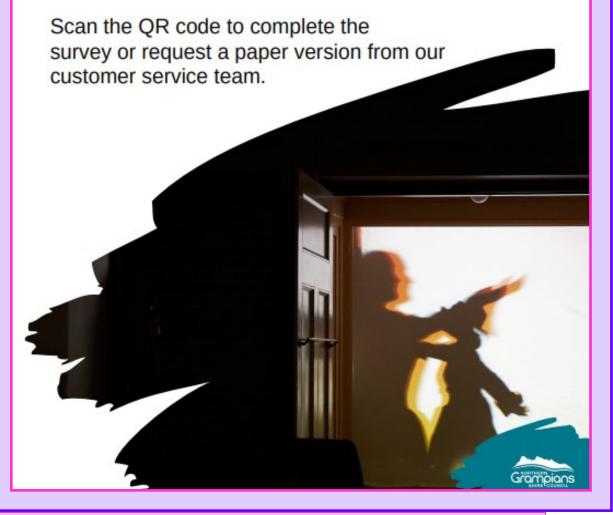
HAVE YOUR SAY





The action plan seeks to;

- · increase participation
- · raise the profile
- activate our towns and communities



Expression of Interest

Gaining the most from the Great Victorian Bike Ride

means

Preparation ·Planning

Looking Good

Completing the Journey

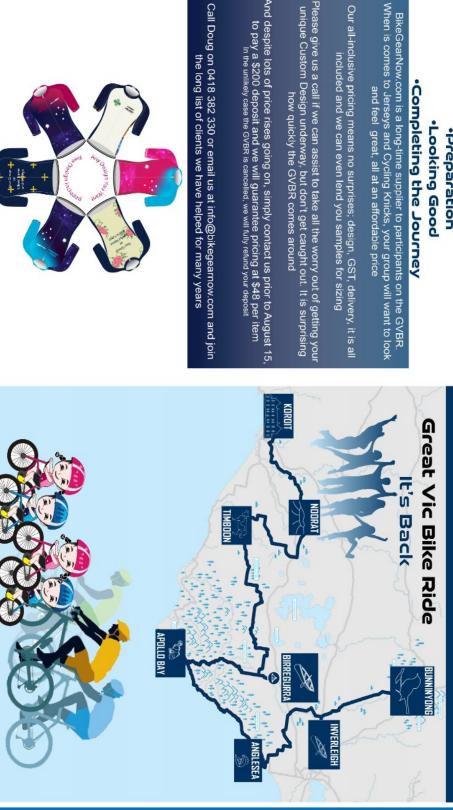
BikeGearNow.com is a long-time supplier to participants on the GVBR. When is comes to Jerseys and Cycling Knicks, your group will want to look Our all-inclusive pricing means no surprises; design, GST, delivery, it is all included and we can even lend you samples for sizing and feel great, all at an affordable price

And despite lots of price rises going on, simply contact us prior to August to pay a \$200 deposit and we will guarantee pricing at \$48 per item In the unlikely case the GVBR is cancelled, we will fully refund your deposit

how quickly the GVBR comes around

Call Doug on 0418 382 330 or email us at info@bikegearnow.com and join the long list of clients we have helped for many years

Every GVBR, numerous private and corporate groups, schools and individuals take on the mighty GVBR. Whether the 21 2km, 310km or 522km ride, it is a challenge to be enjoyed.



OEE 28E 8tho

Expression of Interest



THERE ARE WONDERFUL OPPORTUNITIES FOR FANTASTIC, HIGH PAYING AND SECURE CAREERS IN EVERY WALK OF LIFE IN RURAL VICTORIA. WITH IT COMES A LIFESTYLE THAT CITY FOLK CAN ONLY DREAM ABOUT.

gricultural careers have a bright future. The fact is the world's rowing population needs to be fed and clothed and, with the werage age of farmers approaching 60 years, young people are worth their weight in gold. Employers are screaming out for them obs are often going begging.

While the traditional patterns of family farm succession are giving way to comporate style farming and land prices seem prohibitive for new entrants, there are great opportunities for careers in agriculture across the broadest range of personal skills, as well as the many professions, trades and vocations needed in every community.

With the huge interest in where our food comes from, the time is ipe for organic and innovative food production start-ups.

Since its inception in 2010 Defying the Drift has helped young people discover pathways through further education and work experience to great careers in agriculture.

Don't wait for the future - make it happen!

Early bird closing date for applications is July 31 2022. Final closing date is August 31 2022 unless all places are filled prior. The DID Committee reserves the right to limit applicants per school if the program is oversubscribed, to allow students from a greater number of locations to attend.

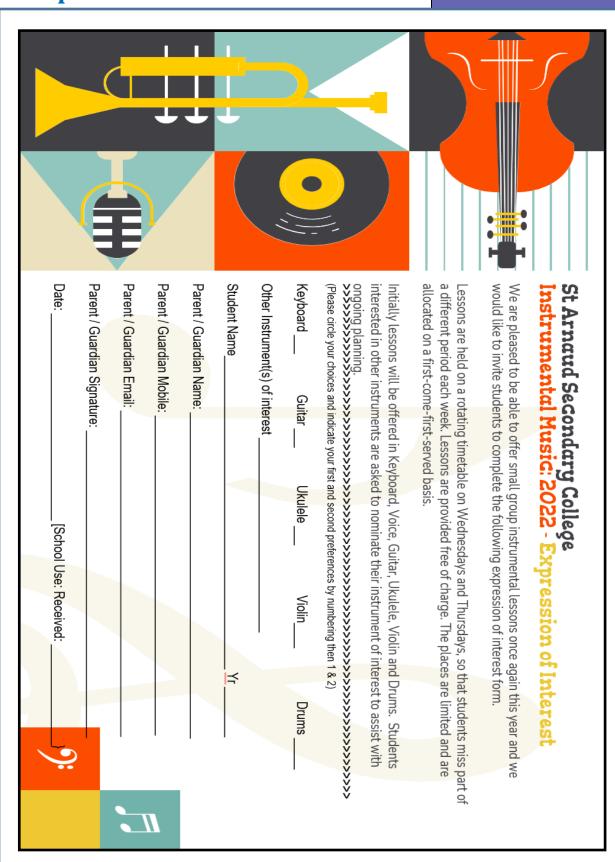
More information at www.defyingthedrift.org







Expression of Interest



2022 Calendar



July	Fri	15th	Yr. 9 Broader Horizons
	Mon	18th	Yr. 9 Broader Horizons
	Tues	26th	Yr. 9 Broader Horizons
	Thurs	28th	Comic Art Workshop—Yr. 7-10 selected students
	Fri	29th	VSSS Rehearsal—Keilor
August	Mon-Fri	1st-5th	Yr. 8 Camp—Creswick
	Wed	3rd	Yr. 7 Immunisations
	Thurs	4th	Yr. 9/10/11—Be Wise @ 2pm
	Thurs	4th	Maths Competition
	Tues-Fri	9th-12th	Yr. 9/10 Snow Camp
	Wed	17th	Yr.8 NCTTC Orientation
	Fri	19th	NWZ Shoot
	Mon	22nd	Parent/Teacher Interviews 9am—7pm Yr. 11/12 Classes running as normal
	Wed	24th	NCD Athletics
September	Tues	6th	State Shoot
	Wed-Fri	7th-9th	VSSS Rehearsal Melbourne
	Sat	10th	VSSS Concert—Melbourne
	Mon-Fri	12th-16th	Yr. 10 Work Experience
	Fri	16th	End of Term 3—Finish 2pm
October	Mon	3rd	First Day of Term 4
	Thurs	6th	LMR Athletics
	Fri	7th	Yr. 9/10 Boys Man Cave Program—All Day
	Mon	17th	SSV Athletics
	Thurs	27th	NCTTC VET—last day
	Mon	31st	PUPIL FREE DAY