# St. Arnaud Secondary College Newsletter

Issue 21 Term 3 Week 21 22nd July 2022

A little over a month ago, I made the decision that I wanted to cut off all my hair. But I was not about to cut it off and do nothing with it. All my life I had wanted to donate my hair, so what better way to do it within the next month. With that, I searched for the best website/charity to donate my hair to and

came across the 'Hair with Heart' charity. I got so intrigued that I read the details. The first couple of lines had me hooked. I signed up and made my donation page within seconds.

Within less than 12 hours of posting on social media, I had already received over \$500; this was quite a shock as I was not sure how many people would get behind me. Friday the 15<sup>th</sup> of July finally came and it was time. I had made the decision I was going to cut off 43cm of hair that I had been growing for over 6 years and with all the school behind me, an auction went ahead for someone to have the opportunity to cut it off for me. To my surprise, my hair went for \$200 with the donation from my Aunty and donations received from students at school, I managed to fundraise just over \$2,700.

I cannot thank everyone enough for their support. Not only have your donations given children a wig



**Before** 

After

that will help with their self-esteem, but given them an opportunity to go on camps developed for them, provide them with support for everyday living including treatments, buying a wheelchair for those with disability or even buying school uniform for kids who are doing it tough. This makes me feel

at ease knowing that I was helping someone or some people to have the chance to live out some form of normality.

Thanks,







#### St. Arnaud Secondary College is a Child Safe School.

Address: Smith Street, St. Arnaud. Victoria 3478 Postal Address: P.O. Box 40, St. Arnaud 3478 Ph: (03) 54 951811 Fax: (03) 54 952308 Website: <u>www.starnaudsc.vic.edu.au</u> Email: st.arnaud.sc@educationvic.gov.au Principal: Tony Hand Assistant Principal: Vanessa McCormick

#### **Owen Lowe**

Last Thursday, Year 9 student Owen Lowe travelled to Melbourne as the College's only representative in the State Cross Country. The 3 kilometre track was muddy and slippery given the wintery conditions, and the racing was very tight and competitive. Owen finished the event in 11 minutes and 23 seconds, placing him 58 out of 93 runners, which is a fantastic effort. Well done, Owen. We are very proud of your efforts.



#### Phoebe Hendy – Hair with Heart

Last Friday we had a great lunchtime as we got to watch and participate in Year 11 student Phoebe Hendy cutting 43cms of hair off for the 'Hair with Heart' charity. The SRC did a gold coin donation day and when this was combined with the money from the auction for the right to cut Phoebe's hair, the College raised almost \$400. Cousin, Kynan Torney had the honour of cutting the hair which had to be braided and sealed away to be ready to be made into a wig. Congratulations to Phoebe for bringing this worthy cause to our attention and setting a very positive example. At this stage, donations have reached \$2728.00 Thanks also to those who donated. You can still donate via the following link—

https://hairwithheart.variety.org.au/fundraiser/phoebehendy

#### HMAS Cerberus

On Tuesday afternoon, Ronan James, Josie Wilson, Charli Young and Mrs. McCormick were picked up from school to travel to Melbourne and put up overnight so they could attend a full day tour of the HMAS Cerberus base on Wednesday. The early reports from the trip have been exceptionally positive and I look forward to hearing more about it at assembly and in next week's newsletter.

#### <u>Student Reports</u>

I hope that you have had the opportunity to access and read over your child/ren's reports for Semester 1. If you have any questions about any of the reports, or you have had trouble in accessing them, please contact the College. As I have mentioned, we are currently undertaking a review of our report format with a view to implementing any changes for semester one, 2023. Family mentors will be contacting families over the next few weeks to discuss your thoughts on the reports and to gain feedback for the College.

#### Work Submission Policy

Along with student reports, we are also looking at updating and improving our Student Work Submission policy and procedures. It became clear from reading the reports that we have several students who have submitted several pieces of work well after the deadlines. We will look at how we can best support students (and parents) in meeting deadlines and having consistent and clearly documented processes when major pieces of work or essential learning items are not submitted on time. I am hoping to have something to students and parents by the end of Week 4.

#### <u>New Shed</u>

If you have been along Wheeler Street at the back of the school, you would have noticed some significant changes over the past few months. The latest instalment is our new multipurpose shed which will house some of our vehicles and trailers, as well as, a new home for our Energy Breakthrough Team and our Hands On Learning group.

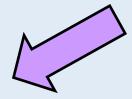
#### Working Bee

School Council will be looking to hold a small working bee in the next few weeks which will involve cutting up some wood from trees removed from Wheeler Street. We have been offered some 'farm space' for the wood to sit and dry before we look at possibly auctioning it off next year. We will require some people with chainsaws and trailers and maybe another splitter, along with some people to help lift and load some wood. We will keep you posted on a date.

#### <u>Uniform</u>

Watch this space – we are hoping our new school beanies will arrive early next week!



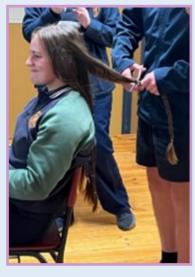


Monday 1 August – Year 8 Log Cabin Camp, Creswick Tuesday 9 August – Year 9-10 Snow Camp



Tony Hand Principal







# Yr. 9 Broader Horizons



<u>Year 9 Broader</u> <u>Horizons</u>





Broader Horizons is a Year 9

Careers Program which provides students with a broader outlook and higher awareness of potential careers available within the local community. This year's program will be conducted in Term 3. Year 9 students will be given the opportunity to participate in one of three career areas –

Agriculture, Health Services, or Local

Government. It's a wonderful opportunity for Year 9 students to gain more of an understanding of the many different types of jobs there are within a specific industry.

The program runs for a total of four weeks - one day per week. During the first three weeks, the students will have an opportunity to connect with a variety of employers and



staff in their chosen industry, and the final week involves a tertiary (University & TAFE) visit.

Week one had some of our Year 9 students heading off in three different directions: the agricultural students went to Elders and Ridley's for the day; the Local Government students

checked out the Children's Precinct and then the works department in the afternoon, with a tour of Lord Nelson Park and then out to check out a road construction job. The Health students started at the gym, then headed to the Primary School to do a session with the Royal Flying Doctors and finished with Johanna Medlyn in the afternoon learning about Physiotherapy.















# **Yr. 9 Broader Horizons**

# **Special Guest Speaker**

Carly James visits St. Arnaud Secondary College

On Monday, the 18<sup>th</sup> July, Carly James visited St. Arnaud Secondary College as part of the Victorian Institute of Sport's 'Be



Fit, Be Well' program. Carly is a member of the Australian Women's Hockey Development team. Her presentation included how she became involved in the sport of hockey and discussed components of her journey, including motivation, resilience, goal setting, coping with pressure, health and nutrition, along with the link between physical activity and wellness. We thank Carly for making the 3-hour drive to come and speak to our students!





## Yr. 7 & 8 Food













#### Year 7 and 7-8 Food Technology

Term 3, Week 1; the first week of a new semester. This week we made Ham and Cheese Rolls. The students learnt the skills of accurate measuring and kneading. Each student was able to create their own shaped roll, so got very creative. In our theory class, we completed the safety and hygiene section.



# Yr. 7 & 8 Food continued



# Yr. 9 P.E—Badminton





<u>Year 9 SEPEP Tournament</u> <u>Round 1 Badminton Publicity</u> <u>Report</u>

This week's round 1 was played in the Year 9



SEPEP Badminton

tournament.

The first match was played between Black Beatles and Green Beans. The highest point scorer throughout the singles games was



George Gorrie with 20 points. The highest scoring double partnership was Abby Weir and Ryan Bigmore with 42 points.

The doubles games between these teams were very competitive and skilful. Observers of the games were very impressed by the nature in which they were played. Elise and Frankie played a very close singles match with only one point the difference!

The second match was played between the Vegetables and the Suns. The highest point scorer throughout the singles games was Owen Lowe with 16 points. The highest scoring double

partnership was Sophie O'Donnell and Tom Scarce with 40 points.

These games had a lot of enticing rallies, strategic plays and sportsmanship. Gypsy Donald and Sophie O'Donnell played some nice shots!

Next week, the Vegetables play against the Green Beans and the Black Beatles against Donald with the Suns acting as the duty team.

Ladder after round 1:							
	Team	Points					
1.	Vegetables	8					
2.	Green Beans	7					
3.	Donald	5					
4.	Suns	3					
4.	Black Beatles	3					

# **State Cross Country**





# **Owen Competes at State Cross Country**

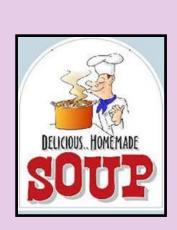
Congratulations to Owen Lowe who competed in the State School Victoria Cross Country Championships in Yarra Valley on Thursday the 14<sup>th</sup> of July.

Owen completed the 3km course in a blistering time of 11:23 minutes, placing 58<sup>th</sup> out of 93 runners - a fantastic achievement!

Well done, Owen!



# Yr. 11 Food







#### Year 11 Food Studies

This week the Year 11 Food Studies students created a two-course meal - Lamb and Lentil Soup and Beef Ragout.

Lamb has historically been an important food in the Australian diet and is widely used in a variety of dishes. Lentils are an ancient crop that is now more widely cultivated in Australia. Lentils give a slightly nutty flavour and slightly chewy texture to this soup and provide a good source of protein and dietary fibre. A ragout is a stew made from meat and vegetables, cut into even-sized pieces and cooked in a thickened liquid that is well flavoured with herbs and seasonings. The milk balances the acidity of the tomatoes. It is made using a moist method of cooking and uses lean minced beef to reduce the cooking time.



# **Hands On Learning**





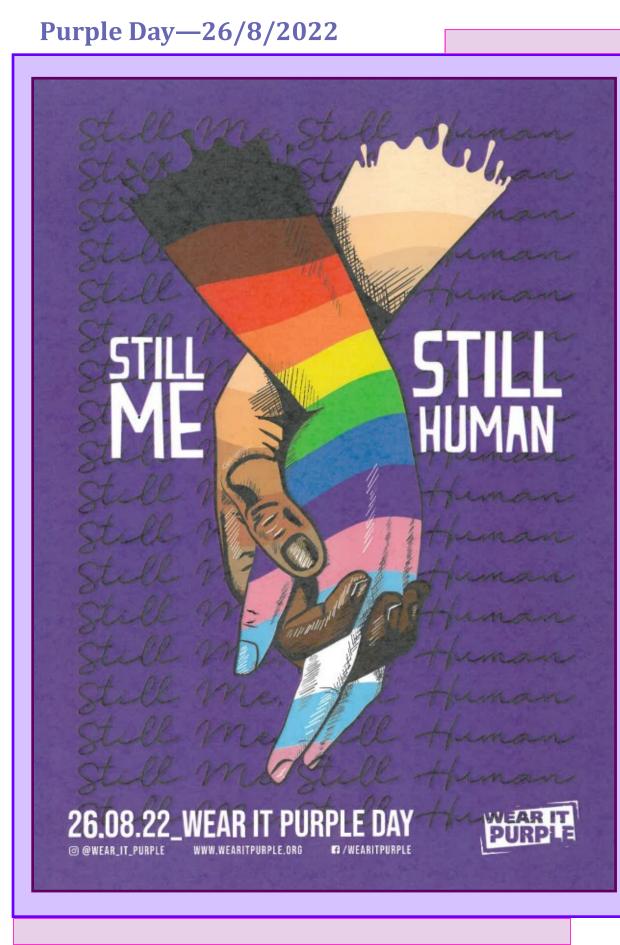




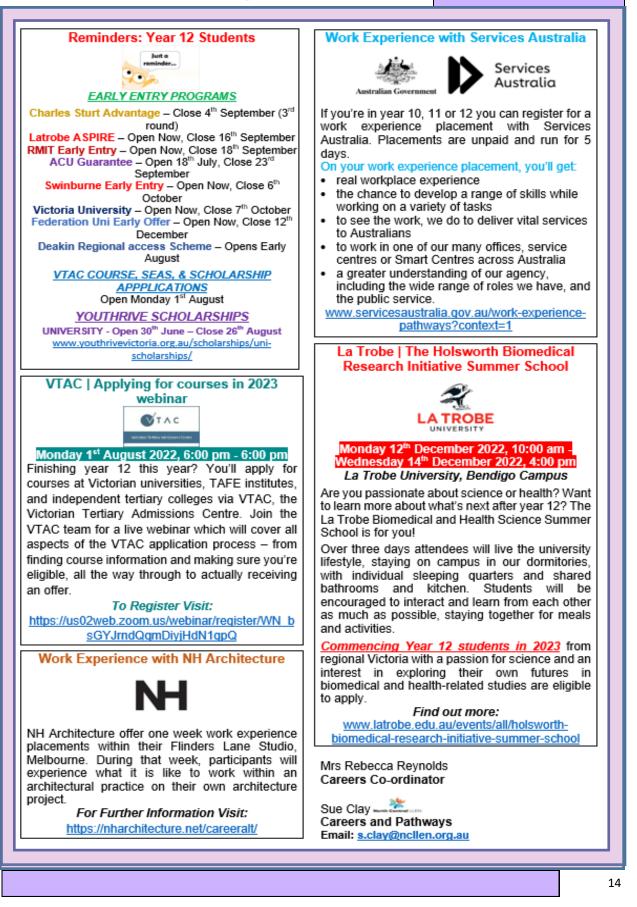
On Friday, 15<sup>th</sup> July, the Hands-on Learning students were busy helping out at the St. Arnaud Racecourse, by fixing up the track after the last lot of race tryouts.







## **Careers & Pathways**



#### **Careers & Pathways**



# Experience Outdoor and Sustainability Education

## Spring Programme | 26th - 30th September 2022

Love the outdoors?

Are you in year 10, 11 or 12?

Join us for a significant experience that might alter your future directions.

With the Outdoor & Sustainability Education @ La Trobe Spring Programme, you will experience the natural environment of Gariwerd (Grampians), bushwalking over several days and nights.



Making important decisions about your future can be challenging, especially if you don't fully understand how a university course can help you achieve your goals.

Experience what it's like to be an Outdoor and Sustainability Education student at La Trobe University through our Spring Programme in the September school holidays.

Meet current university students and other secondary students from across the nation. Learn how our courses can help you find out more about yourself and can start a rewarding career.

La Trobe University's Outdoor & Sustainability Education is internationally recognised for its innovative approaches to education, teaching and research.

Located at the Bendigo campus, Outdoor & Sustainability Education provides a unique, well-supported learning community in a beautiful natural setting.

The Outdoor & Sustainability Education programme is designed so that students can combine outdoor educational experiences with an environmental & sustainability knowledge base.

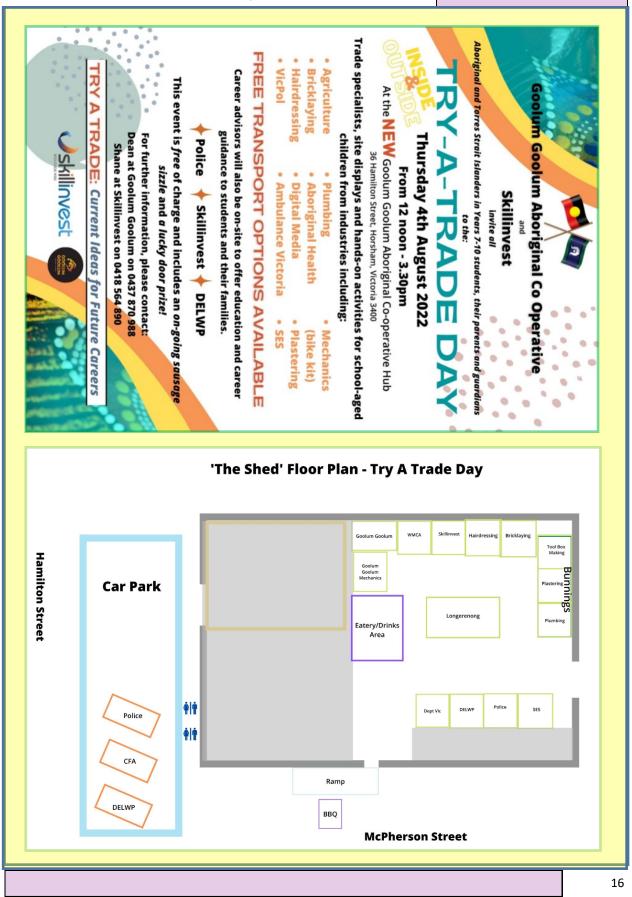
Join us for a 5-day bushwalk led by final-year La Trobe Outdoor & Sustainability Education students in the September school holidays.

#### Interested? For further details, contact:

Hannah Stewart, Outdoor & Sustainability Education La Trobe University, Bendigo, Victoria 3552, Australia E: h.stewart@latrobe.edu.au

TO EXPRESS INTEREST: https://forms.gle/Hd7DJF6iG1rpgKPr5

## **Careers & Pathways**



# **Expression of Interest**





# **Office News**

Snow Camp - Final Payment will include extra costs for optional equipment to be advised. Final Payment for camp - 29<sup>th</sup> July 2022

Alpine School Program 2022 - \$1,000.00 payment due 4th August 2022

All camps and excursions are required to be paid prior to attendance unless payment plans have been approved.

#### Parent Payment Policy Arrangements in 2022

Parent Payment information has been mailed to families – please contact the school if you require and further details.

The Department of Education and Training has sought to clarify the Parent Payments Policy for 2022. Schools can request contributions from parents under three categories.

- Curriculum Contributions contributions for curriculum items and activities which the school deems necessary for students to learn the Curriculum e.g., textbook use, consumable materials, paper
- Other Contributions Voluntary financial contributions for non-curriculum items and activities that relate to the school's functions and objectives e.g., school building enhancements
- Extra-Curricular Items and Activities Items and activities that enhance or broaden the schooling experience of students and are above and beyond what the school provides for free to deliver the Curriculum. These are provided on a user-pays basis. e.g., Optional Year level camps

Webpage: https://www.starnaudsc.vic.edu.au/page/229/2022-Parent-Payment-Policy

DET Parent Payment Policy : https://www2.education.vic.gov.au/pal/parent-payment/policy

BYOD LWT Portal : https://sasc.orderportal.com.au/



# **Office News**

#### **Parent Payment Arrangements and Options:**

- Parents will be provided with early notification of annual payment requests and reasonable notice will be given for any other payment requests during the year (i.e., excursions, camps)
- The College offers Parents the option to make payment by instalments. Please contact Kerrie Swanton, Business Manager, to make these arrangements.
- Methods of payment are BPAY, EFTPOS, cash, or cheque.
- Eligible families that receive Camps, Sport & Excursion Funds can allocate these funds for sports travel, camps, and excursions only.
- The payment for Optional Items including camps and excursions must be paid by the specified due date prior to departure. Other payments for Optional Items including Food Technology must be paid in week 2 of each Term, or by negotiated instalments.
- When making payment via BPAY, please note the receipt number on the returned permission slip or email paid items to <u>st.arnaud.sc@education.vic.gov.au</u>
- New families to the school who do not have Family BPay details, please contact the school for these details.

#### Camps, Sports and Excursions Fund applications

The Camps, Sports and Excursions Fund helps eligible families to cover the costs of school trips, camps, and sporting activities. Applications for the Camps, Sports, and Excursions Fund (CSEF) close 24/06/2022

If you have a valid means-tested concession card, such as a Veterans Affairs Gold Card, Centrelink Health Care Card, or Pensioner Concession Card, or are a temporary foster parent, you may be eligible.

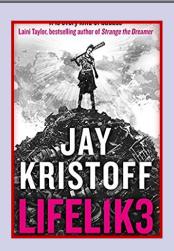
Payment amounts this year are \$225 for eligible secondary school students. Payments are made direct to the school to use towards expenses relating to camps, excursions, and sporting activities for the benefit of your child.

If you applied for CSEF through our school last year, you do not need to complete an application form this year, unless there has been a change in your family circumstances.

If you would like to apply for the first time, please contact the school office on 5495 1811 and ask for an application form.

Business Manager – Kerrie Swanton Student Administration – Elisha O'Donnell Office Hours: 8.30 am – 4.30pm Phone 03 5495 1811 Email: st.arnaud.sc@education.vic.gov.au

## The G.H. Edwards Library



#### <u>LifeLik3</u>

#### **By Jay Kristoff**

It's just another day on the Scrap: lose the last of your credits at the War Dome, dodge the gangs and religious fanatics, discover you can destroy electronics with your mind, stumble upon the deadliest robot ever built...

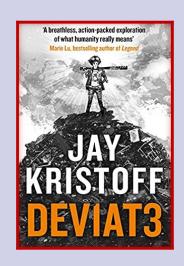
When Eve finds the ruins of an android boy named Ezekiel in the scrap pile she calls home, her entire world comes crashing down. With her best friend and her robotic sidekick in tow, she and Ezekiel will trek across deserts of irradiated glass, battle cyborg assassins, and scour abandoned megacities to save the ones she loves...and learn the dark secrets of her past.

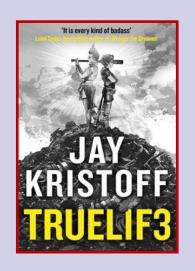
#### <u>Deviat3</u>

#### **By Jay Kristoff**

After the climactic battle in Babel, she finds herself separated from Ezekiel and Cricket in the wastelands. Lemon's abilities to manipulate electricity mark her as a deviate, and deadly corporate operatives are hunting her to use as a weapon in the war between BioMaas Incorporated and Daedelus Technologies. Instead, Lemon finds herself falling in with a group of fellow deviates—a band of teenagers with astonishing abilities, led by an enigmatic figure known as the Major, who may hold the secrets to Lemon's past.

Meanwhile, Cricket finds himself in possession of the puritanical Brotherhood, a religious cult set for a head-on collision with the Major and his band.





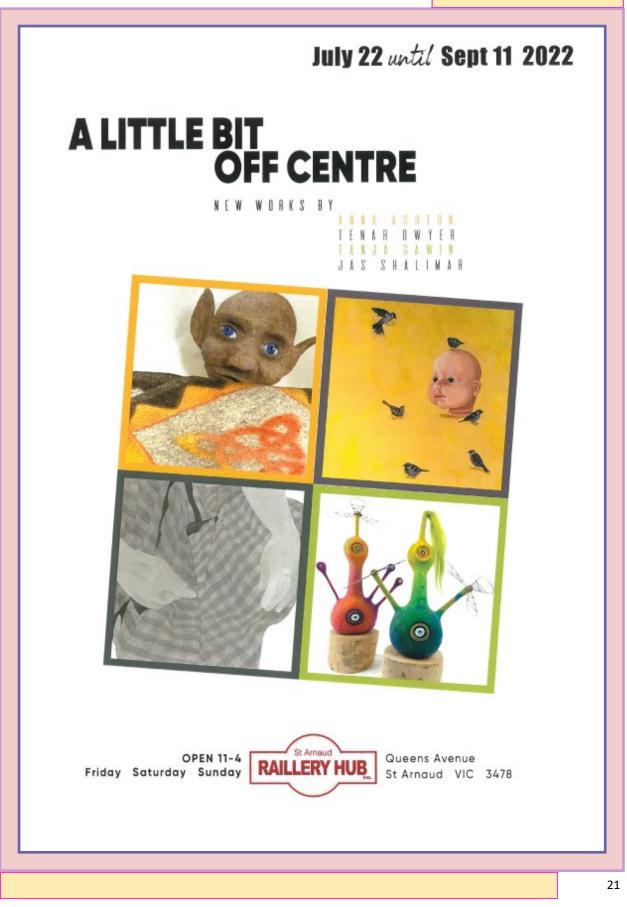
#### <u>TrueLif3</u>

#### **By Jay Kristoff**

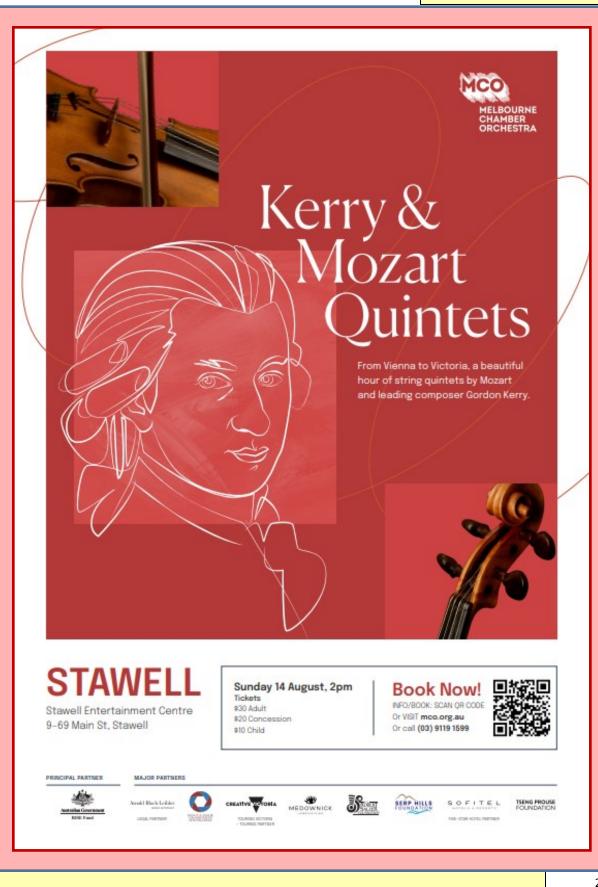
Best friends have become enemies, lovers have become strangers and deciding whose side you're on could be the difference between life and death.

For Eve and Lemon, discovering the truth about themselves and each other was too much for their friendship to take. But with the country on the brink of a new world war this time between the BioMaas swarm at City Hive and Daedalus's army at Megopolis, loyalties will be pushed to the brink, unlikely alliances will form and with them, betrayals. But the threat doesn't stop there, because the life likes are determined to access the program that will set every robot free, a task requiring both Eve and Ana, the girl she was created to replace.

# **Community Event**



# **Music Information**



Parent / Guardian Signature: Date:	Parent /	Par							
[School Use: Received:	Parent / Guardian Mobile:	Parent / Guardian Name:	Student NameYr	Other Instrument(s) of interest	Keyboard Guitar Ukulele Violin Drums	Initially lessons will be offered in Keyboard, Voice, Guitar, Ukulele, Violin and Drums. Students interested in other instruments are asked to nominate their instrument of interest to assist with ongoing planning.	<ul> <li>Lessons are held on a rotating timetable on Wednesdays and Thursdays, so that students miss part of</li> <li>a different period each week. Lessons are provided free of charge. The places are limited and are</li> <li>allocated on a first-come-first-served basis.</li> </ul>	We are pleased to be able to offer small group instrumental lessons once again this year and we would like to invite students to complete the following expression of interest form.	St Arnaud Secondary College Instrumental Music: 2022 - Expression of Interest

# **Science Information**

What would your voice sound like on planet Venus?

How do flies walk on the ceiling?

# NATIONAL SCIENCE



#### With special guests Lawrence Leung & Nate Byrne

Joined by scientists: Kirsten Banks Bradley Moggridge Barbara Holland Jacqui Romero

Join us for a fantastic night of science and fun as two teams battle it out to be this year's National Science Quiz champions.

Test your scientific knowledge & play along LIVE to win cash prizes!

www.nationalsciencequiz.com.au

7:30 PM 7th August 2022 Edge Theatre Federation Square Melbourne



## **Health & Wellbeing**

Is your child struggling at school but financially unable to access external tutoring?

# WE'RE HERE TO HELP.

#### WHAT WE DO

- Connect students who struggle with school but are not able to afford tutoring otherwise to our dedicated volunteer tutors for free.
- Our tutors can assist Kindergarten to Year 9 students with English, Mathematics and Science, in addition to reading help for K-2 students.

#### OUR MISSION

eTutors Project connects students who are having learning difficulties with access to free weekly tutoring lessons to help them succeed, regardless of their financial capability.



To learn more about us or to enrol as a student, please visit www.etutorsproject.org

# PLASTIC FREE JULY

FOR CLEANER AND HEALTHIER STREETS, OCEANS AND COMMUNITIES

Health Promotion

.

could make. Which ones are you already doing? Which new ones will you try? challenge yourself with some bigger ones! Here are some ideas on plastic free switches you Anyone can get involved in Plastic Free July. You can start out by making small changes, or really

MORE GREAT IDEAS AT: WWW.PLASTICFREEJULY.ORG

# AT SCHOOL



Pack a reusable water bottle and refill it during the day instead of buying bottled water that is made of plastic.

Challenge yourself to packing a 'nude' *(not wrapped in plastic)* lunchbox. Replace plastic cling wrap with options like containers, reusable pouches or beeswax wraps.



# AT HOME

Making a delicious smoothie? Switch out the plastic straw for a reusable metal one.

> Due for a new toothbrush? Switch to one with a bamboo

handle



# IN YOUR COMMUNITY Remember to grab som

Remember to grab some reusable bags as you head out the door to do the grocery shopping.



Pick up any pieces of rubbish you see lying around. Do it alone or get some friends, pick a spot and do it together

# **Expression of Interest**



# 2022 Calendar



luly	Tues	26th	Yr. 9 Broader Horizons
	Thurs	28th	Comic Art Workshop—Yr. 7-10 selected students
	Fri	29th	VSSS Dance Rehearsal—Keilor
August	Mon-Fri	1st-5th	Yr. 8 Camp—Creswick
	Wed	3rd	Yr. 7 Immunisations
	Wed	3rd	MIPS
	Thurs	4th	Yr. 9/10/11—Be Wise @ 2pm
	Thurs	4th	Maths Competition
	Tues-Fri	9th-12th	Yr. 9/10 Snow Camp
	Mon	15th	MIPS
	Wed	17th	Yr.8 NCTTC Orientation
	Thurs	18th	Vietnam Honour Board Ceremony @ 12.30pm
	Thurs	18th	Yr. 12 Studio Arts Excursion—Bendigo Gallery
	Fri	19th	NWZ Shoot
	Mon	22nd	Parent/Teacher Interviews 9am—7pm Yr. 11/12 Classes running as normal
	Wed	24th	NCD Athletics
	Wed	24th	MIPS
September	Thurs	1st	MIPS
	Mon/Tues	5th/6th	Yr. 9 Enviro Week
	Tues	6th	State Shoot
	Wed-Fri	7th-9th	VSSS Dance Rehearsal Melbourne
	Sat	10th	VSSS Concert—Melbourne
	Mon-Fri	12th-16th	Yr. 10 Work Experience
	Mon	12th	MIPS
	Fri	16th	End of Term 3—Finish 2pm