# St. Arnaud Secondary College Newsletter

**Issue 23** 

Term 3 Week 23 5th August 2022



St. Arnaud Secondary College is a Child Safe School.



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Email: st.arnaud.sc@educationvic.gov.au
Principal: Tony Hand
Assistant Principal: Vanessa McCormick

# Principal's report

## **VALE Tony Driscoll**

It was with much sadness that we learnt of the passing of NG Shire Mayor Tony Driscoll. Tony has been a very active and self-less councillor, clearly having the best interests of our community and our College at heart. Nothing was ever too much bother for

Tony and in my six years here. Tony has not missed a

Presentation Night or Student Leaders' Ceremony – but he will be missed this year! To Annette, our colleague and friend, and children, Charles, Eliza, James and Josephine, and extended families, we extend our sincerest condolences.



## **School Uniform**

The continuation of the cold weather is requiring staff and students to 'rug up' against the cold. We are very fortunate to have a number of uniform options to combat the cold, including our brand new college beanies. We have also introduced soft shell jackets and rugby jumpers that are all available at Ramjac. We are noticing, however, that we have a number of students who are regularly out of uniform – especially girls and …pants. We have made repeated offers to take these students to talk to Mandy at Ramjac to find an alternative for the uniform, or to see if Mandy can source something else, but no students have taken up the offer and continue to be out of uniform. If cost of uniform is an issue, we are able to provide support with this – so please contact the College to discuss. Could I also take this opportunity to remind parents that hoodies are not appropriate for school and should not be worn. We have a good supply of jumpers at the College that are offered to students who do not have, or do not have the correct jumper. Our aim, clearly, is to have all students in uniform and we are trying to work with families on this.

## Year 7-10 Work Submission Policy

I have attached a copy of the College Essential Learning Items submission flow chart for all students and parents to have a look at. This process will be adopted from this point forward and covers as many scenarios as possible. We are aiming to get greater consistency across the College, and also avoid the rush that we have been seeing as a semester comes to a close and reports are being compiled. In a nutshell, if work is not submitted on time (or at an agreed negotiated date), or is not of a satisfactory result standard, students will be given 5 days to have the work submitted to gain a satisfactory on the task and therefore the subject. Students and parents will be notified of the new date for completion. Failure to meet the revised deadline will result in a Not-Satisfactory for the Essential Learning Item and therefore the subject.

## Reports Feedback

I would like to thank all the parents who have provided feedback on our current report format. The information that has been collated and is certainly wide ranging in its content. Staff will be working through this, as well as being mindful of the current Department reporting requirements, and we will notify parents of any proposed changes prior to Semester 1 in 2023. As has been stated before, the report format will not change for Semester 2 reports this year.

# Principal's report continued

## Year 8 Camp

At the time of writing this report, the Year 8 students appear to be having a great time in Creswick at the Log Cabin Camp. I look forward to hearing all about the full camp at assembly on Monday and in next week's newsletter.





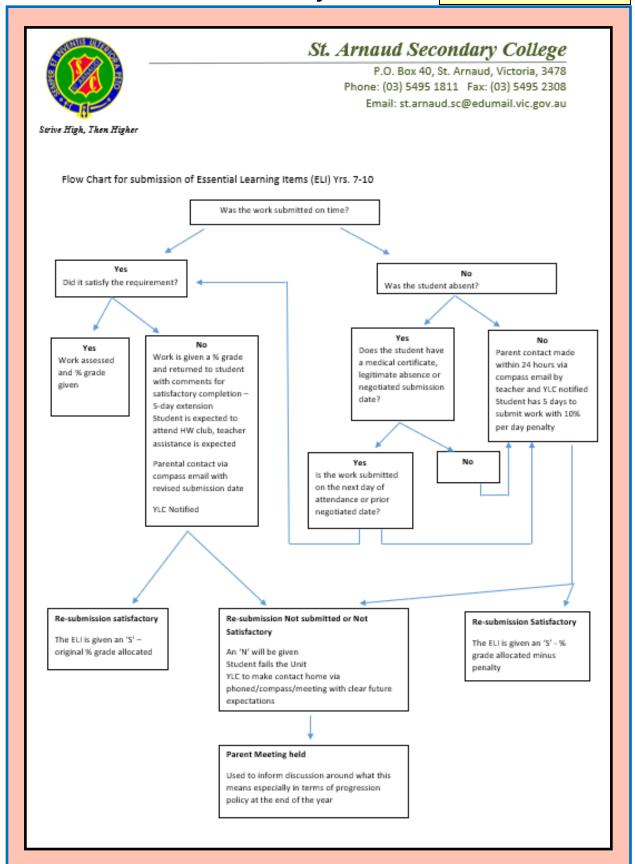
Tuesday 9 August – Year 9-10 Snow camp Wednesday 17 August – Year 8 NCTTC Orientation Thursday 18 August – Vietnam Honour Board Ceremony Monday 22 August – Parent Teacher Interviews

## Tony Hand Principal



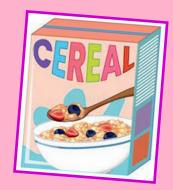


# **Work Submission Policy**



# **Primary School Need Our Help**







## **Cereal Box Dominos**

The St. Arnaud Primary School have asked us to help them make the longest cereal box dominos possible and WE NEED YOUR HELP!!!

On the last day for term, we will be doing cereal box dominos with the primary school. We are asking for anyone to donate boxes of unopened cereal.

There will be a donation tub at the office for anyone who has some unopened cereal to donate to this fun activity.

The cereal will then be donated to charity!

We will also be inviting the Early Learning Centre and McCallum Disability Services to this fun event.

If you have any further questions, please do not hesitate to ask your SRC representatives (\*\*)

# Yr. 9 P.E—Badminton



# Round 2 Badminton Publicity Report

This week round 2 was played in the Year 9 SEPEP Badminton tournament.
The first match was played between Green Beans and Vegeables. The highest point scorer throughout the singles



games was Frankie Donald with 14 points. The highest scoring double partnership was Ben Greenaway and Kynan Torney with 37 points. Vegeables won the match,

winning 10 games to 5.

The games between Green Beans and Vegeables were all played very well with most games having both teams score highly.

The second match was played between Donald and Black
Beetles. The highest point scorer throughout the singles
games was Jackson Needs with 18 points. The highest scoring



double partnership was Jackson Needs and Leila Patton with 40 points.

Donald won the match, winning 10.5 games to 4.5.

The matches between Donald and Black Beetles were intense. It seemed every point lost to the opposition was taken personally. Though, I will say, some players managed to stay cool,

calm and collected.

## Ladder after round 2:

	Team	Points
1.	Vegeables	16
2.	Donald	13
3.	Green Beans	11
4.	Suns	7
5.	Black Beetles	6

Next week, Donald versus Green
Beans, Suns versus Black Beetles,
with Vegeables acting as the duty
team.

# **Hands On Learning**



Our Hands on Learning students have been busy with July 29<sup>th</sup> being International Tree Planting Day.

We headed off to our local Landcare Manager, Andrew Borg's Farm at Blue Gum Rise where we planted 120 Native trees.

We learnt all about endangered native sugar gliders, how to harvest some native wattle seeds and we even got to feed some of the alpacas.

A barbeque lunch was kindly provided by Andrew. We all had a very enjoyable day.







# **Hands On Learning continued**



# Yr. 9 Broader Horizons





## **Year 9 Broader Horizons**

Broader Horizons is a Year 9 Careers Program which provides students with a broader outlook and higher awareness of potential careers available within the local community. This year's program will be conducted in Term 3. Year 9 students will be given the opportunity to participate in one of the three career areas — Agriculture, Health Services, or Local Government. It's a wonderful opportunity for Year 9 students to gain more of an understanding of the



many different types of jobs there are within a specific industry.



The program runs for a total of four weeks - one day per week.

During the first three weeks, the students will have an opportunity to connect with a variety of employers and staff in their chosen industry, and the final week involves a tertiary (University & TAFE) visit.

Week three and the final week of business visits. The agricultural students visited Biada, Rivalea and the Sprayer Centre. The health students had the East Wimmera Health Service come to the school

to present diabetes education, health promotion and dietetics. Our Local Government students headed to the town hall to meet Alex Baldwin, speak to a Councillor, and check out the library.





## Yr. 11 Food



This week the Year 11 Food Studies students worked on Part B of their SAC which was to prepare and cook 'Roasted tomato tarts and caramelised onion tarts.' Small, open tarts are a delicious lunch or entrée dish, and both tomatoes and caramelised onions make a great filling. The roma tomato is often preferred in recipes because of its firm texture and elongated shape. Brown onion is used for its slightly sweeter flavour. All students really enjoyed their finished products and were able to show their organisational abilities, knife skills, pastry techniques and design flare.













## Year 7 and 7-8 Food Technology

This week we made a two-course meal, with spaghetti bolognese and chocolate self-saucing pudding on the menu. In our theory class, we have just started looking at our eating patterns and what influences them.









# Yr. 7 & 7/8 Food continued



# Yr. 7/8 Science



The Year 7/8 Science class has been studying an investigation into the digestive system. Last week for their practical class, the students had to construct a burp model; they had to design and construct a model that demonstrated a functioning process relating to the digestive system. Using various amounts of vinegar, baking soda and balloons, the students were able to create gas which simulated burps and flatulence.







# **Comic Art Workshop**

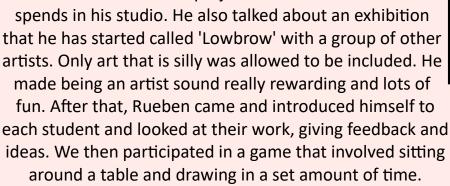
## Comic Art Workshop with Fingal Sin

On Thursday 28th of July, Fingal Sin (otherwise known as Reuben) came to our school to work with interested Art



students. Rueben was joined by his assistant and daughter Charlie.

The workshop began with Rueben explaining how he works as an artist and how he makes a living creating sculptures and running workshops. He explained how much his time is spent making submissions for public art projects and how much time he



Students then had to pass their artwork to the next person. By the end of the game each artwork had the contribution of 20 different artists to it.



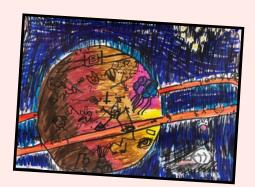






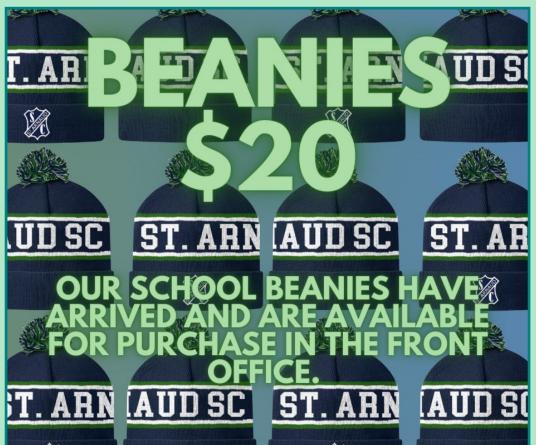




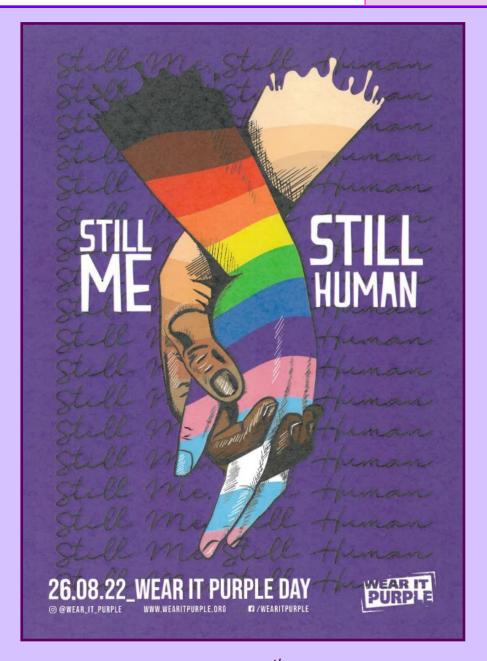


# **SRC Fundraiser—School Beanies**









Purple Day- FRIDAY 26<sup>th</sup> AUGUST 2022-Supporting and accepting of all diversity within our community.

"You change the world by Being yourself"
Students will be running a cake stall at recess. Items will be between \$1.00-\$3.00



For Students 13 years above

# Are you struggling with or concerned about your mental health?

We can help you access low intensity mental health support services if you have, or are at risk of, mild mental health conditions.

Our accessible services, delivered across Western Victoria, are evidencebased, staged services for people experiencing mild symptoms or low levels of distress for a short period of time.

Our services may assist you even if you have no mental illness risk factors, or if you have responded well to previous treatment. You may feel that you are functioning well but may have problems with motivation or engagement.

## What kind of support is provided?

Face-to-face one-to-one intervention or Telehealth
Individual support for those presenting with mild/low levels of psychological
distress.

8 Sessions are available 60 mins in duration and aims to support and manage your mental health.

IF YOU WOULD LIKE TO BET UP AN APPOINTMENT TO THIS COUNSELLING SERVICE, PLEASE MAKE CONTACT WITH SCHOOL NURSE TANIA- (AVAILABLE MONDAY AND WEDNESDAY IN SCHOOL) OR EMAIL ON: <a href="mailto:tania.scarce@education.vic.gov.au">tania.scarce@education.vic.gov.au</a>. Alternatively call the school to advise.

## Reminders: Year 12 Students



#### EARLY ENTRY PROGRAMS

Charles Sturt Advantage – Close 4th September (3rd round)

Latrobe ASPIRE – Open Now, Close 16th September RMIT Early Entry – Open Now, Close 18th September ACU Guarantee – Open Now, Close 23rd September Swinburne Early Entry – Open Now, Close 6th October

Victoria University – Open Now, Close 7<sup>th</sup> October Federation Uni Early Offer – Open Now, Close 12<sup>th</sup>

#### December

Deakin Regional access Scheme – Open Now, Close 30<sup>th</sup> September

# VTAC COURSE, SEAS, & SCHOLARSHIP APPPLICATIONS

Open Now

www.vtac.edu.au

#### YOUTHRIVE SCHOLARSHIPS

UNIVERSITY - Open 30<sup>th</sup> June - Close 26<sup>th</sup> August www.youthrivevictoria.org.au/scholarships/unischolarships/



University, TAFE, and Private Provider Open Days are a wonderful opportunity for students to explore course and career options. They are particularly beneficial for students in Years 10, 11 and 12.

With the Open Day season approaching, it can make your tours less overwhelming if you understand what to expect and what you intend to see, do, and explore on campus.

> For a list of 2022 Open Days Visit: www.vtac.edu.au/opendays.html

## Open Days This Weekend

Saturday 6th August

Monash University - Peninsula Campus

## Sunday 7th August

ACU - Melbourne Campus

Deakin University - Geelong Campuses Latrobe University - Bundoora Campus Monash University - Caulfield & Clayton Campuses

RMIT - Bundoora Campus The Gordan TAFE – Geelong

### CAREER QUIZ



Explore Careers has created a free quiz to help you discover the Australian industries and careers that are right for you. This quiz is unique because the results will tell you about real Australian companies that you could work for.

Explore Careers have partnered with hundreds of Australian employers to help high school students learn what job suits them.

### Take the quiz here:

https://explorecareers.com.au/career-guiz/



## VTAC | Applying for courses in 2023 Webinar

## Monday 8<sup>th</sup> August <u>2022, 5:00 pm</u>

Join the VTAC team for a live webinar which will cover all aspects of the VTAC application process – from finding course information and making sure you're eligible, all the way through to actually receiving an offer. Join us to find out everything you need to know about getting to uni, TAFE, or college next year!

### To register visit:

https://us02web.zoom.us/webinar/register/WN\_Y XzLWj3aSj69IGHkaTQvNA

## VTAC | Understanding special consideration (SEAS) and scholarships Webinar Tuesday 9th August 2022, 5:00 pm

Join the VTAC team for a live webinar which will focus on the application process for special consideration via SEAS, the Special Entry Access Scheme. We'll also cover the VTAC application for scholarships.

### To Register Visit:

https://us02web.zoom.us/webinar/register/WN\_y-ZIGda8QWG3nIEJ-m-ZZQ

## HARVEST CASUALS 🧸 🏈 🚜 🤮



Looking for casual work this harvest? You can apply now for the 2022/23 Harvest season

www.graincorp.com.au/harvest-casuals/

Mrs Rebecca Reynolds Careers Co-ordinator

Sue Clay ---

Careers and Pathways Email: s.clay@ncllen.org.au



# **Experience Outdoor and Sustainability Education**

## Spring Programme | 26th - 30th September 2022

Love the outdoors?

Are you in year 10, 11 or 12?

Join us for a significant experience that might alter your future directions.

With the Outdoor & Sustainability Education @ La Trobe Spring Programme, you will experience the natural environment of Gariwerd (Grampians), bushwalking over several days and nights.



Making important decisions about your future can be challenging, especially if you don't fully understand how a university course can help you achieve your goals.

Experience what it's like to be an Outdoor and Sustainability Education student at La Trobe University through our Spring Programme in the September school holidays.

Meet current university students and other secondary students from across the nation.

Learn how our courses can help you find out more about yourself and can start a rewarding career.

La Trobe University's Outdoor & Sustainability Education is internationally recognised for its innovative approaches to education, teaching and research.

Located at the Bendigo campus, Outdoor & Sustainability Education provides a unique, well-supported learning community in a beautiful natural setting.

The Outdoor & Sustainability Education programme is designed so that students can combine outdoor educational experiences with an environmental & sustainability knowledge base.

Join us for a 5-day bushwalk led by final-year La Trobe Outdoor & Sustainability Education students in the September school holidays.

## Interested? For further details, contact:

Hannah Stewart, Outdoor & Sustainability Education
La Trobe University, Bendigo, Victoria 3552, Australia
E: h.stewart@latrobe.edu.au

TO EXPRESS INTEREST: https://forms.gle/Hd7DJF6iG1rpqKPr5



A better deal for young people in Australia

Leading in to the 2022
Federal Government's Jobs
and Skills Summit, we ask
that priority be given to
Australian youth – how do we
build pathways for our
young people to
thrive?

- WEDNESDAY 24 AUG, 2022 5:45PM ARRIVAL FOR 6PM START
- FEDERATION UNIVERSITY, MT HELEN CAMPUS, UNIVERSITY DRIVE, MT HELEN (BALLARAT)
- VIRTUAL OPTION THIS EVENT WILL BE LIVE STREAMED



2022 Menzies Orator

TRAVERS MCLEOD



Travers McLeod commenced as Executive Director of the Brotherhood of St. Laurence in April 2022. The Brotherhood of St. Laurence is a social justice organisation working for people experiencing disadvantage in Australia. Travers was formerly the CEO of the Centre for Policy Development, he is an Honorary Fellow of the School of Social and Political Sciences at the University of Melbourne and an Associate of the Oxford Martin School at the University of Oxford.

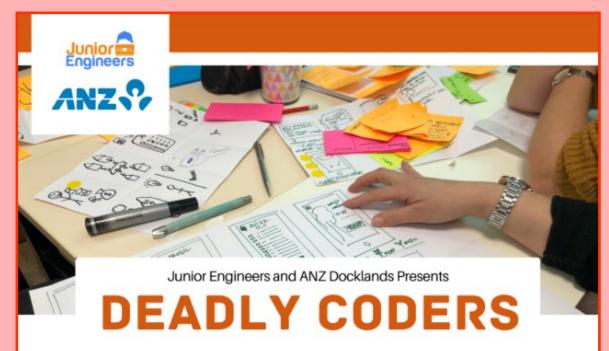
Moderated by Daniel Ziffer, ABC Journalist, Travers will be joined by a panel of young leaders to set a future agenda for the 'greater good'.







## **Careers & Pathways**



APP PROTOTYPING & DESIGN THINKING WORKSHOP FOR FIRST NATIONS YOUTH AT ANZ DOCKLANDS For students in years 9-11

Date: 29th Aug - 31st Aug [2022]

Times: 9am - 3pm

Place: ANZ 833 Collins Street Docklands

30 spaces are available for students in upper secondary school. Fully funded by ANZ Bank. This is a fantastic opportunity for First Nations students. The 3 day program is completely aligned with the Digital Technologies Curriculum. Students will learn design thinking theory and then use the design thinking process and technology to solve real world problems.

## REGISTER YOUR INTEREST TODAY

PLEASE CONTACT PARTNERSHIPS@JNRENGINEERS.COM

# **Expression of Interest**



THERE ARE WONDERFUL OPPORTUNITIES FOR FANTASTIC, HIGH PAYING AND SECURE CAREERS IN EVERY WALK OF LIFE IN RURAL VICTORIA, WITH IT COMES A LIFESTYLE THAT CITY FOLK CAN ONLY DREAM ABOUT.

gricultural careers have a bright future. The fact is the world's rowing population needs to be fed and clothed and, with the verage age of farmers approaching 60 years, young people are worth their weight in gold. Employers are screaming out for them obs are often going begging.

While the traditional patterns of family farm succession are giving

While the traditional patterns of family farm succession are giving way to corporate style farming and land prices seem prohibitive for new entrants, there are great opportunities for careers in agriculture new entrants, there are great opportunities for careers in agriculture across the broadest range of personal skills, as well as the many professions, trades and vocations needed in every community. White huge interest in where our food comes from the time is the transfer of the professions.

ipe for organic and innovative food production start-ups.

ince its inception in 2010 Defying the Drift has helped your

Since its inception in 2010 Defying the Drift has helped young people discover pathways through further education and work experience to great careers in agriculture.

Don't wait for the future - make it happen!

Early bird closing date for applications is July 31 2022. Final closing date is August 31 2022 unless all places are filled prior. The DID Committee reserves the right to limit applicants per school if the program is oversubscribed, to allow students from a greater number of locations to attend.

More information at www.defyingthedrift.org









# Office News

Snow Camp - Final Payment will include extra costs for optional equipment that is required by parents. Final Payment due NOW !!

Alpine School Program 2022 - \$1,000.00 payment due 4th August 2022

All camps and excursions are required to be paid prior to attendance unless payment plans have been approved.

## Parent Payment Policy Arrangements in 2022

Parent Payment information has been mailed to families – please contact the school if you require and further details.

The Department of Education and Training has sought to clarify the Parent Payments Policy for 2022. Schools can request contributions from parents under three categories.

- Curriculum Contributions contributions for curriculum items and activities which the school deems necessary for students to learn the Curriculum e.g., textbook use, consumable materials, paper
- Other Contributions Voluntary financial contributions for non-curriculum items and activities that relate to the school's functions and objectives e.g., school building enhancements
- Extra-Curricular Items and Activities Items and activities that enhance or broaden the schooling experience of students and are above and beyond what the school provides for free to deliver the Curriculum. These are provided on a user-pays basis. e.g., Optional Year level camps

Webpage: https://www.starnaudsc.vic.edu.au/page/229/2022-Parent-Payment-Policy

DET Parent Payment Policy: https://www2.education.vic.gov.au/pal/parent-payment/policy

BYOD LWT Portal : https://sasc.orderportal.com.au/



# Office News

#### Parent Payment Arrangements and Options:

- Parents will be provided with early notification of annual payment requests and reasonable notice will be given for any other payment requests during the year (i.e., excursions, camps)
- The College offers Parents the option to make payment by instalments. Please contact Kerrie Swanton, Business Manager, to make these arrangements.
- Methods of payment are BPAY, EFTPOS, cash, or cheque.
- Eligible families that receive Camps, Sport & Excursion Funds can allocate these funds for sports travel, camps, and excursions only.
- The payment for Optional Items including camps and excursions must be paid by the specified due date prior to departure. Other payments for Optional Items including Food Technology must be paid in week 2 of each Term, or by negotiated instalments.
- When making payment via BPAY, please note the receipt number on the returned permission slip or email paid items to <u>st.arnaud.sc@education.vic.gov.au</u>
- New families to the school who do not have Family BPay details, please contact the school for these details.

### Camps, Sports and Excursions Fund applications

The Camps, Sports and Excursions Fund helps eligible families to cover the costs of school trips, camps, and sporting activities. Applications for the Camps, Sports, and Excursions Fund (CSEF) close 24/06/2022

If you have a valid means-tested concession card, such as a Veterans Affairs Gold Card, Centrelink Health Care Card, or Pensioner Concession Card, or are a temporary foster parent, you may be eligible.

Payment amounts this year are \$225 for eligible secondary school students. Payments are made direct to the school to use towards expenses relating to camps, excursions, and sporting activities for the benefit of your child.

If you applied for CSEF through our school last year, you do not need to complete an application form this year, unless there has been a change in your family circumstances.

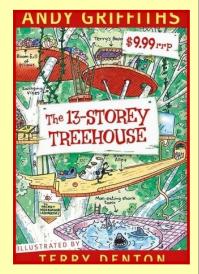
If you would like to apply for the first time, please contact the school office on 5495 1811 and ask for an application form.

Business Manager – Kerrie Swanton Student Administration – Elisha O'Donnell Office Hours: 8.30 am – 4.30pm

Phone 03 5495 1811

Email: st.arnaud.sc@education.vic.gov.au

# The G.H. Edwards Library

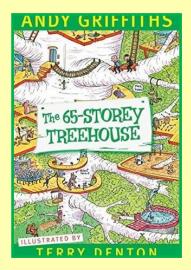


# The 13—Storey Treehouse By Andy Griffiths

## **Illustrated by Terry Denton**

Who wouldn't want to live in a treehouse? Especially a 13-storey treehouse that has a bowling alley, a see-through swimming pool, a tank full of sharks, a library full of comics, a secret underground laboratory, a games room, self-making beds, vines you can swing on, a vegetable vaporiser and a marshmallow machine that follows you around and automatically shoots your favourite flavoured marshmallows into your mouth whenever it discerns you're hungry.

Well, what are you waiting for? Come on up!



## The 65—Storey Treehouse

## **By Andy Griffiths**

## **Illustrated by Terry Denton**

Andy and Terry's amazing 65-Storey Treehouse now has a pet -grooming salon, a birthday room where it's always your birthday (even when it's not), a room full of exploding eyeballs, a lollipop shop, a quicksand pit, an ant farm, a time machine and Tree-NN: a 24-hour-a-day TV news centre keeping you up to date with all the latest treehouse news, current events and gossip.

Well, what are you waiting for? Come on up!

# July 22 until Sept 11 2022

# A LITTLE BIT OFF CENTRE

NEW WORKS BY





OPEN 11-4 Friday Saturday Sunday



Queens Avenue St Arnaud VIC 3478



# Vision St Arnaud Youth Group presents:



- Friday 5 August, 6.30 10pm
- Pick up/ drop off at Market Square
- Cost: \$25 plus \$\$ for Maccas

We are going to drive to The Fun Zone in East Bendigo and do an hour of Laser Tag!! Please RSVP before Monday 1 August to guarantee a lift and for booking purposes!

For more info contact Georgie 0433 377 592 or follow us on Instagram @visionstarnaudyg

# **Community Event**



# What's On?

Open 10am - 4pm daily - Tours & worksheets available upon request.



# Myth Making Kate Rohde & Troy Emery

16 July - 16 October 2022

Kate Rohde and Troy Emery present a new body of work inspired by classical European myths merged with legend and places unique to the Wimmera and Grampians region to reimagine our local landscape within the gallery aesthetics.









## Mali marrng Mallee Sky Belinda Eckermann & Gail Harradine

29 April - 28 August 2022

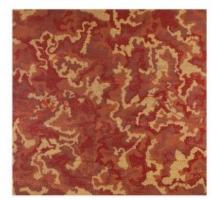
For some of us, the connection to nature is almost tangible, it influences who we are, how we connect to others and how we connect to ourselves. Mali marrng Mallee sky by Gail Harradine and Belinda Eckermann gives form to the invisible and unseen personal, familial, community narrative of connection to landscape.











## Get up! Stand up! Show up! NAIDOC Week Exhibition

3 July - 28 August 2022

Representing a diverse range of both established and emerging artists, this exhibition is a showcase of the talent, ideas and cultural heritage of the Wotjobaluk, Jaadwa, Jadawadjali, Wergaia and Jupagulk community.







**STUDENTS** 

# **KICKSTART**

YOUR STARTUP YOUR SOCIAL IMPACT



Bring your big ideas to tackle challenges and create opportunities in food & fibre, sustainability and the circular economy. Get mentored by local partners. Apply entrepreneurship methodology to ideate, prototype and launch your initiative in this 2-day regional intensive.

# 











## **SOUTH WEST VIC**

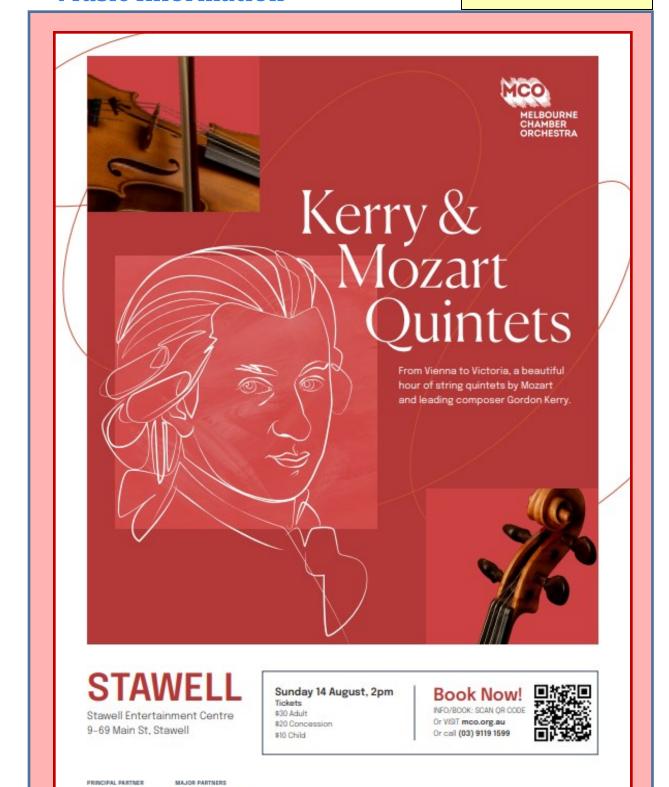
13 & 14 Sep 2022

### Scan to Learn More





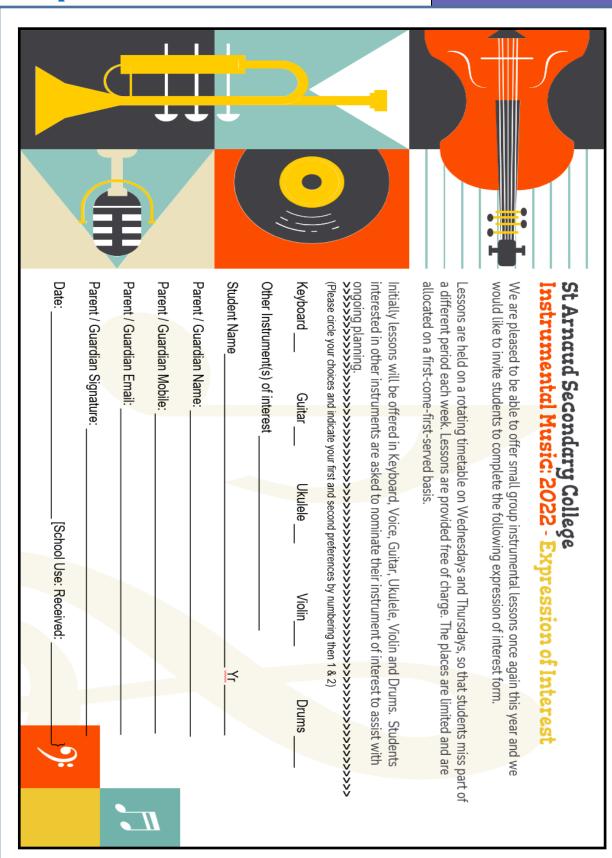
# **Music Information**



MEDOWNICK SO

TSENG PROUSE FOUNDATION

# **Expression of Interest**

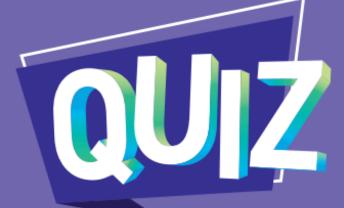


## **Science Information**

What would your voice sound like on planet Venus?

How do flies walk on the ceiling?

# NATIONAL SCIENCE





With special guests Lawrence Leung & Nate Byrne

Joined by scientists: Kirsten Banks Bradley Moggridge Barbara Holland Jacqui Romero

Join us for a fantastic night of science and fun as two teams battle it out to be this year's National Science Quiz champions.

Test your scientific knowledge & play along LIVE to win cash prizes!

www.nationalsciencequiz.com.au

7:30 PM
7th August 2022
Edge Theatre
Federation Square
Melbourne



# **Health & Wellbeing**

Is your child struggling at school but financially unable to access external tutoring?

# WE'RE HERE TO HELP.

## WHAT WE DO

- Connect students who struggle with school but are not able to afford tutoring otherwise to our dedicated volunteer tutors for free.
- Our tutors can assist
   Kindergarten to Year 9 students
   with English, Mathematics and
   Science, in addition to reading
   help for K-2 students.

## **OUR MISSION**

eTutors Project connects students who are having learning difficulties with access to free weekly tutoring lessons to help them succeed, regardless of their financial capability.



To learn more about us or to enrol as a student, please visit www.etutorsproject.org

# LOVE YOUR TEETH!

DENTAL HEALTH WEEK - IST - 7TH AUGUST 2022





a:,

# Care for your teeth by brushing every day

once again at night just before going to bed. Remember to use a toothbrush with soft bristles and a toothpaste that has fluoride in it. Show your teeth you care by brushing two times every day - once in the morning and



# Take your teeth on a date to the dentist

options you use include floss, interdental brushes and/or water flossers.

It's important to clean between your teeth too, not just on and around them! Some

**Spoil your** teeth by cleaning between them every day

You may not have been for a little while or it may be time for your regular check-up, take this as your reminder to take your teeth on a date and see your dentist!



# Treat your teeth to healthy foods and drinks

For more information and tips on caring for your teeth and mouth, check out the milk are the best drinks for strong healthy teeth. The foods and drinks we have every day can impact the health of our teeth. Water and



# **Expression of Interest**



## Grampians Writers' group 2022 Short Story Competition

Theme – 'Dream' (As wide as your Imagination)
You are invited to submit entries from 1st August through to 14th October.

## Nil Entry Fee.

#### Categories

Open (18 years and over) to 2,000 words
Secondary Students Year 10 – Year 12 to 1,500 words
Secondary Students Year 7 – Year 9 to 1,000 words
Prizes for each Category

Open First \$200.00

Second \$100.00

Highly Commended Certificate

Secondary Students Yr10 - Yr 12 First \$100.00

Second \$50.00

Highly Commended Certificate

Secondary Students Yr 7 - Yr 9 First \$100.00

Second \$50.00

Highly Commended Certificate

Prizes will be selected by judges from all entries by local writers to encourage resident writers in the Grampians Region.

Winners will be awarded prizes at ceremony 19<sup>th</sup> November. Winners will be posted in the Stawell Times-News following the event. Awards ceremony will be at the Northern Grampians Shire Town Hall, Supper Room, 59 – 69 Main Street, Stawell, from 3.00pm including afternoon tea.

Enquiries and Entries can be emailed to – <a href="mailto:grampianswriters@gmail.com">grampianswriters@gmail.com</a> or posted to The Receiving Officer, GWG Competition, 522 Bunjill's Cave Road, Stawell 3380.

Funded by Northern Grampians Shire Community Events Grant



# **Expression of Interest**

# Gaining the most from the Great Victorian Bike Ride

means

Preparation ·Planning

Looking Good

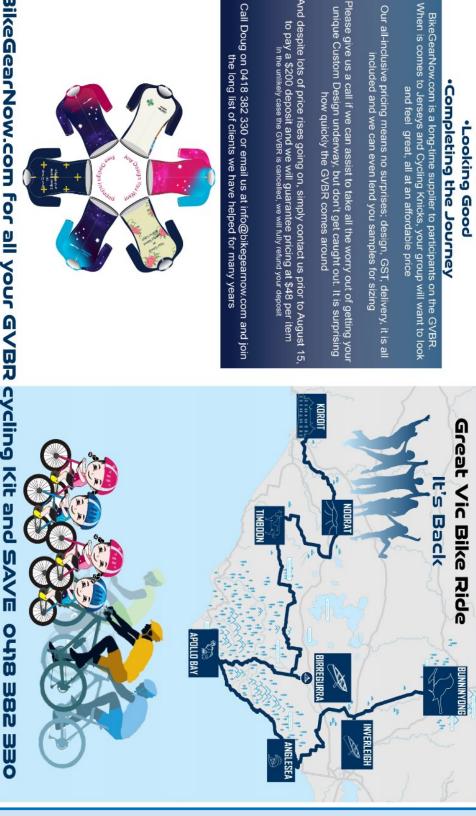
Completing the Journey

BikeGearNow.com is a long-time supplier to participants on the GVBR. When is comes to Jerseys and Cycling Knicks, your group will want to look Our all-inclusive pricing means no surprises; design, GST, delivery, it is all included and we can even lend you samples for sizing and feel great, all at an affordable price

And despite lots of price rises going on, simply contact us prior to August to pay a \$200 deposit and we will guarantee pricing at \$48 per item In the unlikely case the GVBR is cancelled, we will fully refund your deposit unique Custom Design underway, but don't get caught out. It is surprising how quickly the GVBR comes around

Call Doug on 0418 382 330 or email us at info@bikegearnow.com and join the long list of clients we have helped for many years

Every GVBR, numerous private and corporate groups, schools and individuals take on the mighty GVBR. Whether the 21 2km, 310km or 522km ride, it is a challenge to be enjoyed.



BikeGearNow.com for all your GVBR cycling Kit and SAVE

# 2022 Calendar



August	Fri	5th	TESEP Rocks Expo Day—Yr. 7/9/10 Yr. 9—Helpers Primary School Athletics
	Tues-Fri	9th-12th	Yr. 9/10 Snow Camp
	Thurs	11th	Murtoa Visit 7/8 Program
	Mon	15th	MIPS
	Wed	17th	Yr.8 NCTTC Orientation
	Thurs	18th	Vietnam Honour Board Ceremony @ 12.30pm
	Thurs	18th	Yr. 12 Studio Arts Excursion—Bendigo Gallery
	Thurs	18th	NWZ Shoot
	Mon	22nd	Parent/Teacher Interviews 9am—7pm Yr. 11/12 Classes running as normal
	Wed	24th	NCD Athletics
	Wed	24th	MIPS
	Fri	26th	Purple Day—Wear Purple Clothes
	Wed	31st	Grade 6 Lunch—Periods—5&6
	Wed	31st	Yr. 5/6 Info Day—5.30-6pm
September	Thurs	1st	MIPS
	Mon-Tues	5th/6th	Yr. 9 Enviro Week—Tree Planting/Overnight Stay
	Tues	6th	State Shoot
	Wed-Fri	7th-9th	VSSS Dance Rehearsal Melbourne
	Wed	7th	GAT Section A—9.30-11.45am Section B—1.15-3pm
	Thurs-Fri	8th/9th	Yr. 9 Enviro Week—Roadside Clean Up/Rewards Day R U OK Day Presentation—11.30-12.30pm
	Sat	9th	VSSS Concert Melbourne
	Mon	12th	MIPS
	Mon-Fri	12th-16th	Yr.10 Work Experience
	Fri	16th	LAST DAY OF TERM 3—2PM FINISH