

St. Arnaud Secondary College

Newsletter

Issue 32

Term 4
Week 32
21st October 2022



On Wednesday 12th October we (the Year 8 girls) travelled to Horsham for 'This Girl Can' Active Girls Brunch. The day involved participating in several sports (yoga, tennis, golf, weightlifting or Strong Woman, aerobics, martial arts, and netball). Each of the sports talked about setting goals - big or small - and trying to achieve your goals. Having the mind set that 'you can do it' and making sacrifices.

Sarah Wall from Netfit instructed a 30min Netfit session and then spoke about her own personal challenges of moving inter-state and injuries. She also mentioned about having friends and talking about challenges with your friends to be able to achieve. We found the Active Girls Brunch to be very inspiring, motivational, active & sweaty, and that there are so many sports out there that anyone can achieve at if they set their minds to it.



Active Girls Brunch—Horsham

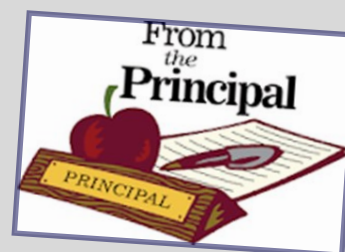


St. Arnaud Secondary College is a Child Safe School.

Address: Smith Street, St. Arnaud. Victoria 3478
Postal Address: P.O. Box 40, St. Arnaud 3478
Ph: (03) 54 951811
Fax: (03) 54 952308

Website: www.starnaudsc.vic.edu.au
Email: st.arnaud.sc@educationvic.gov.au
Principal: Tony Hand
Assistant Principal: Vanessa McCormick

Principal's report



Wet Weather and Bus Service Interruptions

This week has seen interruptions to our bus services throughout the week and I would like to thank all families for their understanding and patience. Even though it always is – at times like this, safety takes on a whole new meaning. Bus operators cannot go past road closure signs even if the road ‘looks alright’.

As has happened over the state, we have had several road surfaces greatly impacted by the flooding, some requiring extensive rehabilitation works. Operators also need to know that they can turn buses around if there is an emergency, and this has caused some delay in the return of some routes. Hopefully the forecast rain does not require further interruption or inconvenience. Please stay safe.

RUOK Day

On Monday we were joined by the students and staff of the Primary School to celebrate RUOK Day. The students had a BBQ lunch which was followed by several activities for all students on the front oval. It was a pleasant get together and we must thank Tania Scarce for her lead with this initiative across the schools.

Ada to State Athletics

On Monday, Ada Buenaventura travelled to Melbourne to compete in the State Athletics. Ada won her way through in the 15 years 90M Hurdles. In the event, the eventual winner was the current national hurdles champion. What a great experience to be competing against students of that calibre. While Ada did not place in the top 3, she was not far off the pace. We all enjoyed watching the live stream here at the College.

Congratulations Ada – a sensational effort.

Year 12 Last Day

Today will see our last day for Year 12 students. As this report is written prior to Friday, I cannot comment on the day itself, but I am confident that our students will have acquitted themselves well on the day. As a new tradition this year (as we are no longer allowed to release balloons), the Year 12 students will be planting a tree each which over successive years, will create a long-lasting tribute to each year level as they finish. We wish them all the very best as they prepare for their exams which begin next Wednesday.

Girls School Shorts and Pants

We have received several concerns from female students that they do not find the school shorts very comfortable. To this end, Mandy is introducing a new style of shorts which are very lightweight but strong. The current shorts will still be available, but so will the new option. Students have been given the opportunity to try the shorts on and provide feedback – so now there should be no excuses for being out of uniform.

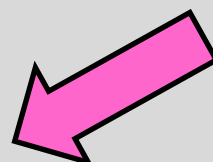
Interschool LMR Basketball and Hockey

This week, the scheduled basketball and hockey tournaments have been postponed for a week due to floods. They will now be in Bendigo on Friday, 28th October.

Principal's report

Student Movement

Government school funding is based directly on student numbers so it is vital that we have a very clear picture of what our student numbers will be so that we can staff the school appropriately. This has become more of a concern with the difficulty in teacher staffing numbers across the state. If you are aware that your child or children may be leaving, or you know of additional students who may be coming to the school, it is essential to know as soon as possible. This would be greatly appreciated.



Wednesday, 26th October — VCE Exams begin

Friday, 28th October – LMR Basketball and Hockey competition

Friday, 28th October – Wood Cutting Working Bee

Monday, 31st October – Pupil Free Day – across all St Arnaud Schools

Tuesday, 1st November – Melbourne Cup Public Holiday

Friday, 18th November – Pupil Free Day – Report writing

Monday, 21st November – Step Up Begins for all Year 7 to 11 students

Friday, 25th November – Curriculum Day – Professional Practice Day

Tony Hand
Principal

'It's not OK to stay away'

He/ She is only missing just....	That equals....	Which is.....	and over 13 years of schooling that's...
10 minutes per day	50 minutes per week	Nearly 1.5 weeks per year	Nearly <u>Half a year</u>
20 minutes per day	1 hour 40 mins per week	Over 2.5 Weeks per year	Nearly <u>1 year</u>
Half an hour per day	Half a day per week	4 Weeks per Year	Nearly <u>1 and a Half years</u>
1 hour per day	1 day per week	8 Weeks per year	Over <u>2 and a Half years</u>

COVID Information Update

COVID-19 Update for schools

Dear colleagues

Please note the following important information in relation to changed COVID-19 settings.

COVID-19 isolation requirements have changed

The Victorian Government has announced the end of the Pandemic Declaration and associated Pandemic Orders.

The following settings, based on advice from the Department of Health, will apply from 11.59pm Wednesday 12 October 2022.

It is strongly recommended that **students**:

- who test positive to COVID-19 stay home and isolate for 5 days
- should not attend school after 5 days if still symptomatic
- who are symptomatic but have not tested positive should not attend school
- advise the school of the COVID-19 positive test result

Where **students** become symptomatic at school they should:

- be collected by their parents/carers
- undergo testing for COVID-19

It is strongly recommended that **staff**:

- who test positive to COVID-19 stay home and isolate for 5 days
- should not attend after 5 days if still symptomatic
- who are symptomatic but have not tested positive should not attend school
- report their positive test result to the school and through eduPay

Reporting positive COVID-19 test results

The Department of Health recommends that a person who tests positive for COVID-19 should inform those with whom they have recently been in contact, including their workplace, schools, and household.

Parents and carers will therefore be asked to continue to report positive student COVID-19 cases using the [VicED COVID Tool](#).

Where a parent/carer informs the school by phone or written notification, the school should complete the [Schools COVID Case Management Tool](#).

Staff should report their positive COVID-19 test result via eduPay.

Staff who wish to apply for up to 5 days paid special leave should do so through eduPay.

COVID-19 vaccination changes

The current mandatory vaccination requirement for staff and visitors, contractors and volunteers working in specialist schools will cease to apply from 11.59pm Wednesday 12 October. COVID-19 vaccination, including booster doses, continues to be strongly recommended for all school staff.

Face masks

Staff and students who wish to wear a face mask should be supported to do so, and schools should continue to make face masks available for staff, students, and visitors.

The Department of Health recommends that masks should be worn by a person who is a close contact of someone who has tested positive for COVID-19 when leaving home.

Additionally, the Department of Health recommends that masks should be worn by a person who has COVID-19, for at least 7 days after a positive test, when they need to leave home.

Please continue to take the important steps of ensuring air purifiers are in use, external ventilation is maximised, good personal hygiene is encouraged, and face masks continue to be made available for staff and students who wish to wear them.

David Howes

Deputy Secretary

Schools and Regional Services

R U OK Activities Day—17/10/22



We conducted our R U OK Day Activities on Monday 17th October as a combined event with the Primary School. We were blessed with sunshine, which assisted our lunchtime free fun activities. We had a delicious BBQ lunch and feasted on cupcakes for dessert, which were kindly donated by our Parent Club members from both schools: THANK YOU. The kids enjoyed games hosted by our School Leaders, face painting, craft activities and yellow hair spray. For the month of October, we have had a focus on our Mental Health and wellbeing, the importance of “Checking In” on our friends and family and being able to help someone seek help if needed. 😊

Ada competes at State Athletics!

Congratulations to Ada Buenaventura who competed at the State Athletics competition in Melbourne on Monday the 17th of October.

Ada placed a very respectable 5th place in the 15 Years Girls 90m Hurdles.

Well done Ada!



Yr. 7 & 7/8 Food



Year 7 and 7-8 Food Technology

The students made Kofta's and Carrot Cake Muffins. The class worked in fours, two making the koftas and two making the muffins. In the theory class, we continued with the topic of fruit and vegetables. The Essential Learning Item – Redesigning the Hamburger, (which we will cook in week 5), students have created the steps to make the hamburger and they will use these instructions when making their hamburger, then evaluate their design.



Yr. 11 Ecolinc—Bacchus Marsh



The Year 11 Chemistry Water Adventure to Ecolinc and, yes, water was the theme for the day. Not only the testing of water samples was carried out, but avoiding the flood waters on the way home was also testing!

First, we (Alexa from Donald, Mel Watts, Mrs. Jackson, and myself) survived the wet trip to the Ecolinc school at Bacchus Marsh. There was some water over the road on the way, but we took it carefully and as we headed south, the weather continued to improve.

We arrived with no time to spare and went directly into class. Our whole day was around testing the water quality in the Werribee River at four different sites along the river. The water samples had already been collected for us so that was a bonus.

Firstly, we tested the temperature, pH and electrical, and then conductivity of the samples – which tests for salinity. Then we used the colorimeter to test for the turbidity, phosphates, and nitrates (which often are increased in the water due to fertiliser applications). We also performed a micro-REDOX titration to test for dissolved oxygen.



We looked at flame tests (which we had done before) and then what we really came for: the Atomic Absorption Spectroscopy. This measures the actual concentration of sodium ions (salt) in the water. We had a bit of trouble getting acceptable results for the standards we made up, but eventually we got there.

We then compared all the results at the different sites and determined the best water quality using Water-watch guidelines. The nitrates and phosphates were on the high level and devalued most of the water samples, while all other results indicated the water was excellent to good.

We journeyed home via Stawell and Ararat to avoid the flood waters.
Mel was an awesome driver.

PLEASE HELP US, WE NEED A BAND NAME !!



A reminder that the newly formed Secondary College Rock Band are looking for suggestions for a name. Ideas should be passed to Mrs Walsh or any of the band members. Thank you!

Primary School Need Our Help



Cereal Box Dominos

The St. Arnaud Primary School have asked us to help them make the longest cereal box dominos possible and WE NEED YOUR HELP!!!

On a day that will be picked for this term, we will be doing cereal box dominos with the primary school. We are asking for anyone to donate boxes of unopened cereal.

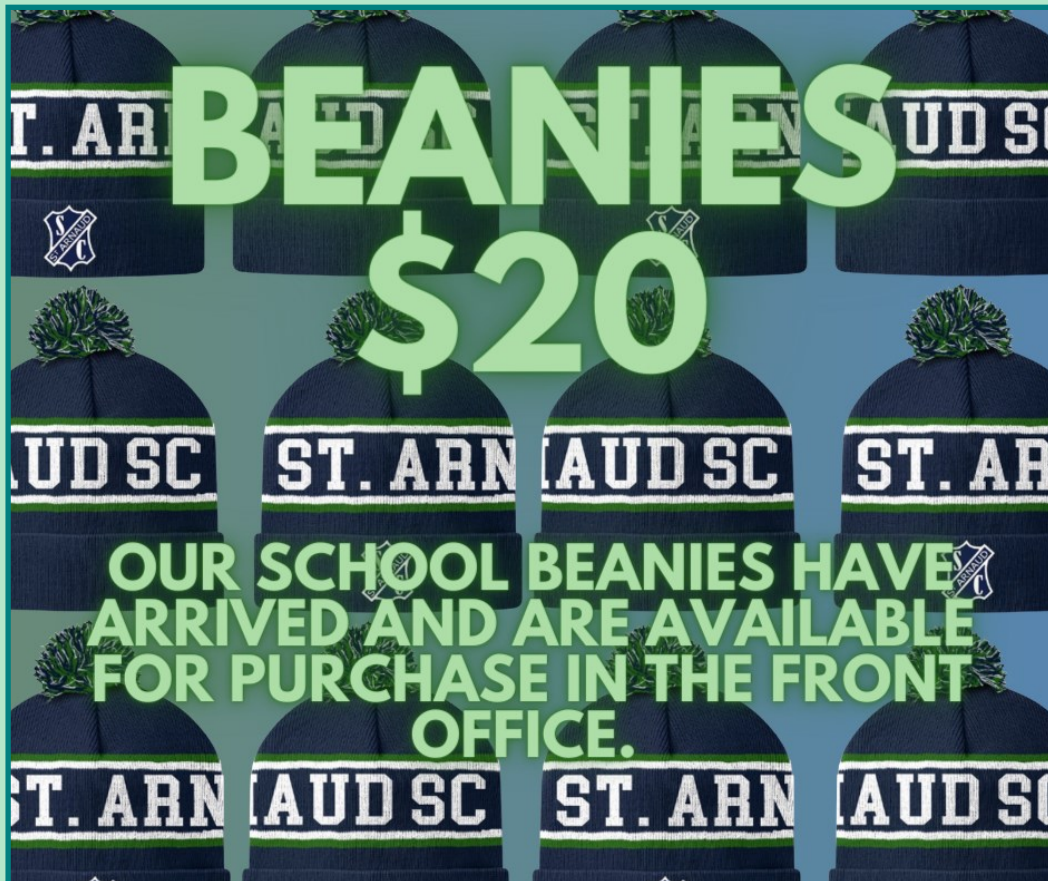
There will be a donation tub at the office for anyone who has some unopened cereal to donate to this fun activity.

The cereal will then be donated to charity!

We will also be inviting the Early Learning Centre and McCallum Disability Services to this fun event.

If you have any further questions, please do not hesitate to ask your SRC representatives 😊

SRC Fundraiser—School Beanies





Parent Club invites your to

WALK WITH US FOR MENTAL HEALTH

We're taking
**ONE FOOT
FORWARD**
This October



**Black Dog
Institute**

Make A Donation
www.onefootforward.org.au

Search for team St Arnaud
Secondary College

**EVERY SUNDAY
IN OCTOBER**

9:30am
Meet at Country Delights
40 minutes walk
followed by coffee
PARENTS, CARERS
FRIENDS, STAFF,
STUDENTS AND THE
WIDER COMMUNITY

ALL WELCOME
No need to register

GenU Mental Health Support

ARE YOU FEELING LOW?

OUT OF SORTS?

ANXIOUS?

OR JUST NOT YOURSELF?

genU

ACCESS genU'S FREE LOW INTENSITY MENTAL HEALTH SUPPORT SERVICE TO HELP GET YOU BACK ON TRACK.

For Students 13 years above

Are you struggling with or concerned about your mental health?

We can help you access low intensity mental health support services if you have, or are at risk of, mild mental health conditions.

Our accessible services, delivered across Western Victoria, are evidence-based, staged services for people experiencing mild symptoms or low levels of distress for a short period of time.

Our services may assist you even if you have no mental illness risk factors, or if you have responded well to previous treatment. You may feel that you are functioning well but may have problems with motivation or engagement.

What kind of support is provided?

Face-to-face one-to-one intervention or Telehealth

Individual support for those presenting with mild/low levels of psychological distress.

8 SESSIONS ARE AVAILABLE 60 MINS IN DURATION AND AIMS TO SUPPORT AND MANAGE YOUR MENTAL HEALTH.

IF YOU WOULD LIKE TO SET UP AN APPOINTMENT TO THIS COUNSELLING SERVICE, PLEASE MAKE CONTACT WITH SCHOOL NURSE TANIA- (AVAILABLE MONDAY AND WEDNESDAY IN SCHOOL) OR EMAIL ON: tania.scarce@education.vic.gov.au. Alternatively call the school to advise.

Health & Wellbeing

Is your child struggling at school but financially unable to access external tutoring?


WE'RE HERE TO HELP.

WHAT WE DO

- Connect students who struggle with school but are not able to afford tutoring otherwise to our dedicated volunteer tutors for free.
- Our tutors can assist Kindergarten to Year 9 students with English, Mathematics and Science, in addition to reading help for K-2 students.

OUR MISSION

eTutors Project connects students who are having learning difficulties with access to free weekly tutoring lessons to help them succeed, regardless of their financial capability.

 **eTutors Project**

To learn more about us or to enrol as a student, please visit www.eturorsproject.org

MENTAL HEALTH MONTH

LOOKING AFTER OURSELVES, OUR FAMILIES, OUR COMMUNITIES



October is Mental Health Month. As we continue to get back to 'normal life' after a couple of crazy years, it's important we all continue taking steps to look after the mental health and wellbeing of both ourselves and those around us. Below are some tips and activity ideas from the Resilience Project.



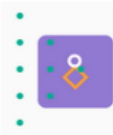
Gratitude

Draw or tell someone about something that made you feel good today. It could be something as simple as patting a nice dog or as big as winning a running race! Try to do this at the end of every day.



Empathy

Pay attention to the feelings of people around you today. If you notice a friend looking upset, ask them if they'd like to talk about it. If a family member seems a bit stressed, offer to help out. Try to show empathy to at least one person every day.



Mindfulness

Go to a quiet space for five minutes every day, take a few deep breaths and notice what is going on around you. What are five things you can see? Five things you can hear? Five things you can feel? You might like to include smell and taste too!

<https://theresilienceproject.com.au/at-home/>



headspace Horsham Info Night



WHEN: 26TH OF OCTOBER 5:30PM - 6:30PM

WHERE: HEADSPACE HORSHAM

77 HAMILTON STREET HORSHAM 3400

headspace Horsham are hosting an information night for young people and their family and friends.

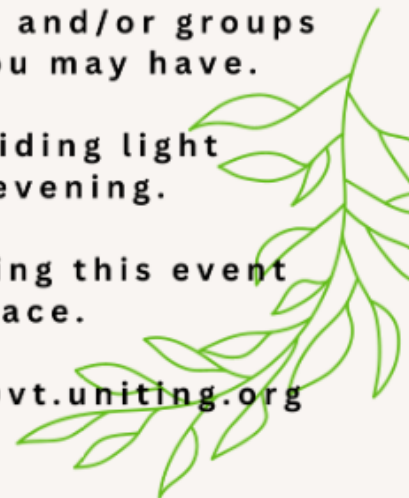
During this information night headspace staff will be discussing what headspace is, how to refer into headspace, how we can work with young people in regards to counselling and/or groups and answering any question you may have.

headspace will also be providing light refreshments during the evening.

If you are interested in attending this event please contact headspace.

Phone: 5381 1543

Email: info.headspacehorsham@vt.uniting.org



Reminders: Year 12 Students



EARLY ENTRY PROGRAMS

Federation Uni Early Offer – Close 12th December

CASPer TEST - <https://takealtus.com/casper/>

Final date to sit the test:

Nov 13, 2022 - 1:00 PM AEDT

Youthrive Rural Chances Scholarships (TAFE/Apprenticeships) - close 21st November
www.youthrivevictoria.org.au/scholarships/rural-chances/

La Trobe | Aspire Year 11 Conditional Entry & Early University Study Webinar



Monday 24 October 2022, 5:30 pm - 6:30 pm

This webinar will cover:

- Year 11 Conditional Entry program which uses students' performance in year 11 to secure an early conditional offer into a range of courses at La Trobe.
- Early University Study at La Trobe which rewards Year 12 students who've done additional university studies with an early conditional offer into their dream course through Aspire Prepare or Aspire Advance.
- Achieve Plus a program for high achieving student looking to include two university subjects in their VCE and contribute to their ATAR calculation.
- Steps on how to apply

With applications for these programs open now or opening shortly it's the perfect time to discover all the details of each program for yourself and your students.

Find out more:

www.latrobe.edu.au/events/all/aspire-year-11-conditional-entry-and-early-university-study-webinar

Accessing VCE Unit 3 & 4 Results and the ATAR



Did you know that you need to register to access your VCE Results (**Unit 3 & 4 Studies only**) and the ATAR (Year 12 students)? Results will be released on Monday 12th December from 7:00am. It's a good idea to register for this service early so that you are not delayed on the big day.

Click below to register today:

<https://resultsandatar.vic.edu.au>

NDIS | Victorian Pathways to Post School Life



Tuesday 25 October 2022, 7:00 pm - 8:30 pm
Online

The National Disability Insurance Agency would like to invite Victorian students with a disability in Years 9-12, their parents, carers and education professionals to attend a virtual information session on building skills and paving a pathway to post-school life.

This session will provide an opportunity to discuss NDIS-funded supports and other assistance to help young people to build skills to prepare for their transition, and to support them in the achievement of their employment and other goals, post-school.

Find out more:

www.eventbrite.com.au/e/ndis-victorian-pathway-to-post-school-life-tickets-324437871707

AIE | Open Day



Saturday 19 November 10:00 am - 3:00 pm
Academy of Interactive Entertainment, Melbourne

Discover the courses designed to get you started in game development, 3D animation, film and visual effects at the AIE Open Day on Sat 19 November 2022. This event will be held at AIE Campuses in Sydney, Melbourne, Canberra and Adelaide from 10am to 3pm.

AIE's Open Day is a great opportunity to meet our teachers, staff and students. The day will cover everything you need to know about the:

- careers in games and VFX that we train students for.
- studios and industries that we work with.
- courses we offer – from beginners to professional mastery, and,
- the software, skills and knowledge we teach.

AIE's Open Day will also include presentations on entry requirements and how to apply. Find out how AIE can get you into a creative career.

Find out more:

https://aie.edu.au/aie_event/open-day/

Mrs Rebecca Reynolds
Careers Co-ordinator

Sue Clay 
Careers and Pathways
Email: s.clay@ncllen.org.au



Office News

All camps and excursions are required to be paid prior to attendance unless payment plans have been approved.

Parent Payment Policy Arrangements in 2022

Parent Payment information has been mailed to families – please contact the school if you require any further details.

The Department of Education and Training has sought to clarify the Parent Payments Policy for 2022. Schools can request contributions from parents under three categories.

- Curriculum Contributions – contributions for curriculum items and activities which the school deems necessary for students to learn the Curriculum e.g., textbook use, consumable materials, paper
- Other Contributions – Voluntary financial contributions for non-curriculum items and activities that relate to the school's functions and objectives e.g., school building enhancements
- Extra-Curricular Items and Activities – Items and activities that enhance or broaden the schooling experience of students and are above and beyond what the school provides for free to deliver the Curriculum. These are provided on a user-pays basis. e.g., Optional Year level camps

Webpage: <https://www.starnaudsc.vic.edu.au/page/229/2022-Parent-Payment-Policy>

DET Parent Payment Policy : <https://www2.education.vic.gov.au/pal/parent-payment/policy>

BYOD LWT Portal : <https://sasc.orderportal.com.au/>



Office News

Parent Payment Arrangements and Options:

- Parents will be provided with early notification of annual payment requests and reasonable notice will be given for any other payment requests during the year (i.e., excursions, camps)
- The College offers Parents the option to make payment by instalments. Please contact Kerrie Swanton, Business Manager, to make these arrangements.
- Methods of payment are BPAY, EFTPOS, cash, or cheque.
- Eligible families that receive Camps, Sport & Excursion Funds can allocate these funds for sports travel, camps, and excursions only.
- The payment for Optional Items including camps and excursions must be paid by the specified due date prior to departure. Other payments for Optional Items including Food Technology must be paid in week 2 of each Term, or by negotiated instalments.
- When making payment via BPAY, please note the receipt number on the returned permission slip or email paid items to st.arnaud.sc@education.vic.gov.au
- New families to the school who do not have Family BPay details, please contact the school for these details.

Camps, Sports and Excursions Fund applications

The Camps, Sports and Excursions Fund helps eligible families to cover the costs of school trips, camps, and sporting activities. Applications for the Camps, Sports, and Excursions Fund (CSEF) close 24/06/2022

If you have a valid means-tested concession card, such as a Veterans Affairs Gold Card, Centrelink Health Care Card, or Pensioner Concession Card, or are a temporary foster parent, you may be eligible.

Payment amounts this year are \$225 for eligible secondary school students. Payments are made direct to the school to use towards expenses relating to camps, excursions, and sporting activities for the benefit of your child.

If you applied for CSEF through our school last year, you do not need to complete an application form this year, unless there has been a change in your family circumstances.

If you would like to apply for the first time, please contact the school office on 5495 1811 and ask for an application form.

Business Manager – Kerrie Swanton
Student Administration – Elisha O'Donnell
Office Hours: 8.30 am – 4.30pm
Phone 03 5495 1811
Email: st.arnaud.sc@education.vic.gov.au



The Golden Door (The Three Doors Trilogy # 1)
by Emily Rodda

The start of a stirring fantasy trilogy from Emily Rodda, the internationally bestselling author of *Dragons of Deltora*.

The walled city of Weld is under attack from ferocious flying creatures that raid in the night, bringing death and destruction. The Warden calls for Volunteers to find and destroy the Enemy sending invaders, and the heroes of Weld answer the call one by one, never to return. Rye is officially too young to go, but his brothers are among the lost and he must find them. What terrors await him beyond the Wall?



Taking Down Evelyn Tait
by Poppy Nwosu

The door creaks open and standing in the entrance is my absolute worst nightmare.
Perfect hair, perfect teeth, perfect brain.
Perfect sneer.
Evelyn Tait.

Impulsive Lottie – heavy-metal fan, expert tomato-grower and frequent visitor to the principal’s office– is in even more trouble than usual.

Her best friend Grace has dropped an unlikely bombshell: she’s dating Lottie’s mortal enemy, good-girl Evelyn Tait.

Studious Jude, the boy next door, has the perfect war plan. Lottie will beat Evelyn at her own good-girl game, unveiling Miss Perfect’s sinister side in the process.

Taking life more seriously starts as fun, but soon offers its own rewards . . . so long as Lottie can manage gorgeous Sebastian’s sudden interest, Jude acting weird, and the discovery that she might actually be good at something.

ST.ARNAUD LAWN TENNIS CLUB INC.

Junior Tennis for players aged 7 to 16
begins Saturday 29th October at
9.30am – 11. 00am with a 'Come and Try
day'. New and old players are most
welcome, racquets are available for loan,
and it is a good idea to bring a water bottle and sun hat.



If you're interested in Saturday afternoon competition or a social hit,
please contact a committee member listed below.

See you at the Lawn Tennis Courts, Melbourne Road.
Catering for beginners and experienced players. We are an all-
inclusive club.

Contact Details: William Jackson 0437898332
Sharyn Erwin 0487691369

Christine Goode 0408696020
John Goode 0418172004



St Arnaud Cricket Club are seeking players for Junior Cricket in 2022/23

If you have a child interested in playing junior cricket for the
2022/23 season, please message your child's name and birth
date to Brad on 0403882056 or Tim on 0427 003 109 or
alternatively message the St Arnaud Cricket Club on
Facebook.



FUNKY FRIDAY HALLOWEEN DISCO

21ST OCT

FOR AGES
12-18

L-8
L2 SLOANE ST

TRICK OR TREAT YO'SELF

PRIZE FOR BEST-DRESSED!





First Aid Courses 2022



Thursday 3rd November

9am-3pm

CPR (HLTAID009)

Completed Annually — \$80 per person - Pre-class on-line work.

HLTAID011 Provide First Aid

For first time or expired certificate

\$200 per person - Pre-class on-line work.

HLTAID011—Continuous Learning (Includes CPR)

*For people with current Certificate—done every year to
keep qualification current*

(proof required) \$100 Per Person - Pre-class on-line work.

**HLTAID012—Provide First Aid in the
Education and Care Setting**

For first time or expired certificate -

*\$210 Per Person - Includes asthma and anaphylaxis
Pre-class on-line work.*

HLTAID012—Continuous Learning (Includes CPR)

*For people with current Certificate—done every year to
keep qualification current*

(proof required) \$100 Per Person - Pre-class on-line work.

Trainer: Casey Kosch

Enrol and Pay by Thursday 20th October.

**Enquiries to: St Arnaud Community Resource Centre,
85 Napier St, St Arnaud. Ph: 5495 1997
9am-2:00pm Mondays to Fridays**



Community Event

EXHIBITION AT THE RAILLERY HUB ST ARNAUD **Town & Country** **King & Country**



**PAINTINGS
& OTHER
WORKS BY
GEOFF HOCKING**

**EXHIBITION OPENS:
17 SEPTEMBER 2-4PM
UNTIL 6 NOVEMBER 2022**



RAILLERY HUB GALLERY | QUEENS AVENUE ST. ARNAUD TEL: 0429 978 228 OPEN FRIDAY, SATURDAY, SUNDAY 11-4

Expression of Interest



The poster features a vibrant Aboriginal art border with colorful geometric patterns and a central black panel containing event details. The text is in various colors and fonts, including white, yellow, red, and blue. A group photo of participants is shown at the bottom, flanked by logos for 'CRAMPFANS', 'GOOLIM GOOLIM', and 'GO MOB!'.

WIMMERA RIVER Challenge

SAVE THE DATE!! 2022

FRIDAY 4TH NOVEMBER
WRC Corporate Challenge Day!

WHERE: Dimboola Caravan park

Time: 10am - 3pm

To finish off another great year, Goolum Goolum Aboriginal Cooperative is inviting all our partnering organisations, services and businesses to come along for a lunch, games, cultural activities and networking. We are wanting to celebrate and acknowledge the contributions and collaborations that make our local Aboriginal & Torres Strait Islander community so strong and vibrant. Local organisations are invited to showcase their services in our marquee and of course, participate in our Wimmera River Corporate Challenge.

Please come along and join us for a great day, 'coming together as one' on the banks of the beautiful Wimmera River in Dimboola.

CRAMPFANS
CRAMPFANS
CRAMPFANS

GOOLIM GOOLIM
GOOLIM GOOLIM
GOOLIM GOOLIM

GO MOB!
a smokefreeMob
a strongMob

Expression of Interest



HORSHAM BJJ IS PROUD TO PRESENT

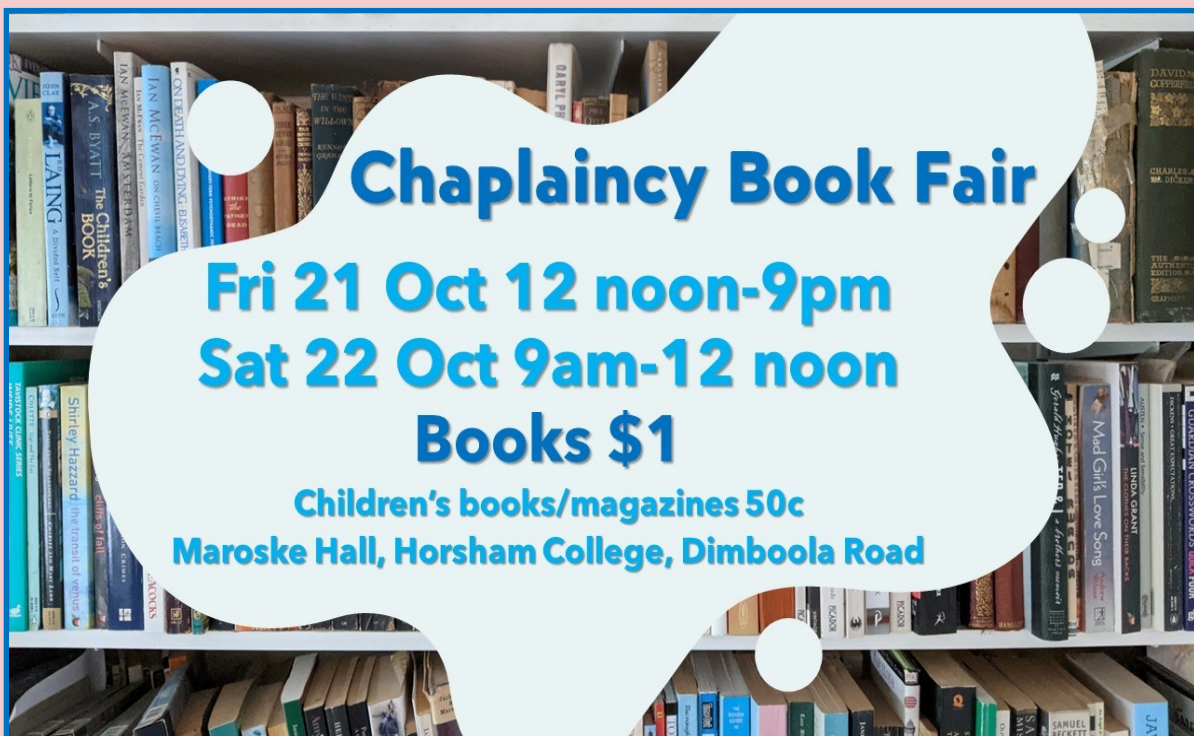
TEEN GIRLS SELF DEFENCE

Learn practical self defence skills

- \$50 for 5 week course
- Every Wed from Nov 2nd
- 5pm to 5:45pm
- Striking 101
- Striking defence & evasion 101
- Beginners Wrestling
- Pre fight negotiation skills

Minimum numbers of 8 apply for course to run. Payment to be made in full on day of first week of course

Call today to secure your spot: 0417 730 335 | jessiemillar@horshambjj.com | www.horshambjj.com | 2e Clark street, Horsham, Victoria, 3400



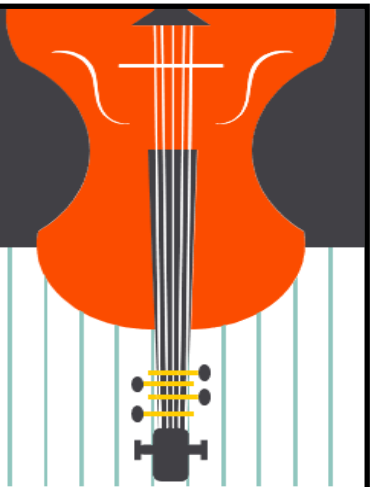
Chaplaincy Book Fair

Fri 21 Oct 12 noon-9pm
Sat 22 Oct 9am-12 noon
Books \$1

Children's books/magazines 50c

Maroske Hall, Horsham College, Dimboola Road

Expression of Interest



St Arnaud Secondary College

We are pleased to be able to offer small group instrumental lessons once again this year and we would like to invite students to complete the following expression of interest form.

Lessons are held on a rotating timetable on Wednesdays and Thursdays, so that students miss part of a different period each week. Lessons are provided free of charge. The places are limited and are allocated on a first-come-first-served basis.

Initially lessons will be offered in Keyboard, Voice, Guitar, Ukulele, Violin and Drums. Students interested in other instruments are asked to nominate their instrument of interest to assist with ongoing planning.

(Please circle your choices and indicate your first and second preferences by numbering then 1 & 2)

Keyboard _____

Guitar _____

Ukulele _____

Violin _____

Drums _____

Other Instrument(s) of interest _____

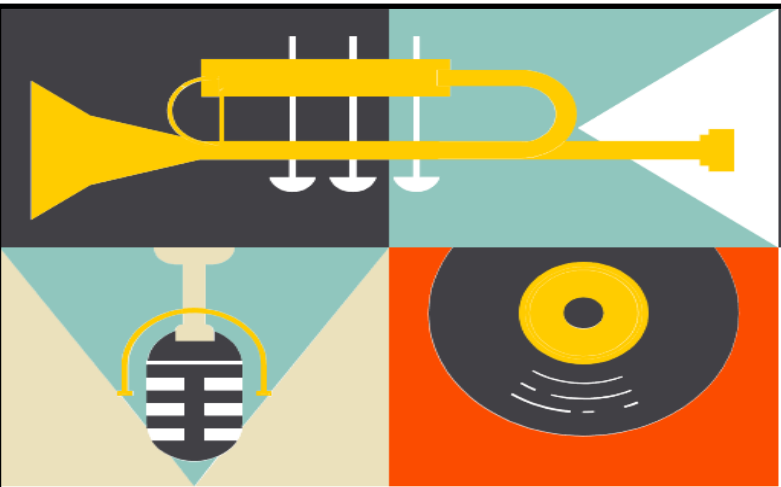
Student Name _____ Yr _____

Parent / Guardian Name: _____

Parent / Guardian Mobile:

Parent / Guardian Email:

Parent / Guardian Signature:

Date: _____
[School Use: Received: _____]

2022 Calendar



October	Fri	21st	Yr. 12's Last Day
	Wed	26th	VCE English Exam School Council
	Thurs	27th	MIPS
	Thurs	27th	NCTTC VET last day
	Fri	28th	H.O.L—Excursion to Horsham Further Maths Exam 1 LMR Basketball & Hockey
	Mon	31st	PUPIL FREE DAY Psychology Exam & Further Maths Exam 2
November	Tues	1st	MELBOURNE CUP HOLIDAY
	Wed	2nd	Grade 6 Transition 1/2 day—Period 5 & 6 Maths Methods Exam 1
	Thurs	3rd	Maths Methods Exam 2 & HHD Exam
	Fri	4th	NCD Shoot/Bowls Specialist Maths Exam 1 & History Exam
	Mon	7th	Specialist Maths Exam 2
	Tues	8th	Outdoor Ed Exam
	Wed	9th	Legal Exam
	Fri	11th	Studio Art Exam MIPS Grade 6 Transition 1/2 day—Period 5 & 6
	Mon	14th	Dance Exam
	Mon-Thurs	14th-17th	Yr. 9 & 10 Exams
	Wed	16th	French Exam
	Thurs	17th	Yr. 12 Graduation Dinner
	Fri	18th	PUPIL FREE DAY
	Fri—Sun	18th—20th	Energy Breakthrough—Maryborough
	Mon	21st	Step Up Begins
	Tues	22nd	MIPS