

St. Arnaud Secondary College

Newsletter

Issue 34

Term 4
Week 41
3rd November 2023

North Central Division Lawn Bowls



On Friday the 25th of October, St. Arnaud hosted the North Central Division Lawn Bowls event. Students that represented the college were Fraser Burke, Owen Lowe, Dion Flanagan, Sophie O'Donnell, Leila Patton, Abby Weir, Adella Burr, Georgia Jeffrey and Ashley Jackson.

The five schools who participated were St. Arnaud, Boort, Wycheproof, Charlton and Donald. Teams were entered as triples and played a round robin format. They competed for the winning school and the winning triple.

The top three teams were very close with only one point separating first and second. Originally, St. Arnaud won the schools' aggregate, but on a countback there was a mistake in the score cards. This then altered the results; Donald claimed the school trophy winning by one point over Wycheproof, and St. Arnaud was narrowly beaten for third. Devastated, but the students competed very well and took the news graciously!



A very big thank you to Maurie Woods, Brian Eccles, Tom Amos and Phil McRae for training the students after school, and to the St. Arnaud Bowls Club for allowing us to use the facilities and their support throughout the day!

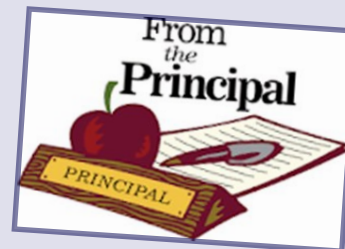


St. Arnaud Secondary College is a Child Safe School.

Address: Smith Street, St. Arnaud. Victoria 3478
Postal Address: P.O. Box 40, St. Arnaud 3478
Ph: (03) 54 951811

Website: www.starnaudsc.vic.edu.au
Email: st.arnaud.sc@education.vic.gov.au
Principal: Tony Hand

Principal's Report



Melbourne Cup Long Weekend

Just a reminder to all families that next Monday is a Pupil Free Day. Combining this with the Melbourne Cup Day Public Holiday will make it an 'extra-long weekend' for students. Staff are expected at school on Monday, except for those staff who have accrued Time in Lieu throughout the year. Time In Lieu is new this year due to the new Enterprise Bargaining Agreement introduced during Term 2. This means that you may see some staff who also have a four day weekend due to time accumulated on camps, excursions or GAT supervision.

Year 12 Exams Continue

This week we have had several Year 12 VCE exams conducted at the College, including General Maths, HHD, Psychology, Product Design and Technology, Maths Methods and Outdoor Ed. This means that we will have some students who have finished their exams, and we will have a number still with one or more exams to go. The Year 12 exams conclude on Wednesday, November 15th.

Building Update

The building works are progressing smoothly and we are currently ahead of schedule – we hope this can continue over the next weeks and months. The bays for the lockers are being finished off outside, while on the inside, several rooms in the west end are nearly ready for painting, having had all wall and ceiling plaster installed. After painting, the floor coverings can begin. The work for the fire services will begin on Thursday, November 16th, the day after VCE exams have finished.

Attendance Awards

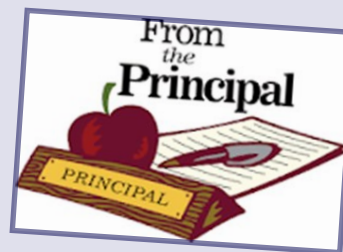
Over the past couple of weeks, students with perfect attendance in Terms 1, 2 and 3 have been recognised at our Monday morning Whole School Assemblies. I don't think anyone would argue with the thought that the more often you are at school, the better the educational outcomes achieved. Congratulations to each of these students on their perfect attendance.

Principal's Report

Man Cave

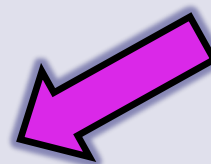
Today, boys from Years 8 and 9 participated in the second Man Cave session. This is a very successful and popular program about which we have received very positive feedback from students.

The program focuses on helping males to be more in tune with both themselves and those around them. I would encourage all parents of boys in these year levels to ask them about their experience of the program tonight.



Mobile Phones

On Tuesday, Dr. Taylor and I attended an Area Principal Forum in Hamilton. One of the key messages that was delivered by the Department of Education was that there is going to be a renewed push on the mobile phone ban and how it is enforced at schools. While we have known processes in place for mobile phones at school, we are also aware that a significant number of students still have mobile phones they can access while they are at school. Clearly, the Department wants all schools to take a much more focused stance against this next year.



Monday, 6th November – Pupil Free Day

Tuesday, 7th November – Melbourne Cup Public Holiday

Thursday, 9th November – Yr. 7 Half-Day Transition

Monday, 13th — Thursday, 16th November – Yr. 9-11 Exams

Thursday, 16th November – Yr. 12 Graduation Dinner

Friday, 17th November – Pupil Free Day

Tony Hand
Principal





Reminder

2023 Parent Payments

Curriculum Contributions – contributions for curriculum items and activities which the school deems necessary for students to learn the Curriculum e.g. textbook use, consumable materials

Other Contributions – Voluntary financial contributions for non-curriculum items and activities that relate to the school's functions and objectives e.g. school building enhancements

Extra-Curricular Items and Activities – Items and activities that enhance or broaden the schooling experience of students and are above and beyond what the school provides for free to deliver the Curriculum. These are provided on a user-pays basis. e.g. Optional Year level camps

Fee schedules can be located on the College Webpage or contact the General Office—54951811

Webpage: <https://www.starnaudsc.vic.edu.au/page/229/2022-Parent-Payment-Policy>

DET Parent Payment Policy : <https://www2.education.vic.gov.au/pai/parent-payment/policy>

Parent Payment Arrangements and Options:

- Parents will be provided with early notification of annual payment requests and reasonable notice will be given for any other payment requests during the year (i.e. excursions, camps)
- The College offers Parents the option to make payment by instalments. Please contact Kerrie Swanton, Business Manager, to make these arrangements.
- Methods of payment are BPAY, EFTPOS, cash or cheque.
- Eligible families that receive Camps, Sport & Excursion Funds can allocate these funds for sports travel, camps and excursions only.
- The payment for Optional Items including camps and excursions must be paid by the specified due date prior to departure. Other payments for Optional Items including Food Technology must be paid in week 2 of each Term, or by negotiated instalments.

When making payment via BPAY please note the receipt number on the returned permission slip or email paid items to st.arnaud.sc@education.vic.gov.au

New families to the school who do not have Family B Pay details, please contact the school for these details.

What Sort of Start is Your Child Getting?



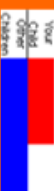

Just a little bit late doesn't seem much but.....

He/ She is only missing just....	That equals....	Which is.....	and over 13 years of schooling that's...
10 minutes per day	50 minutes per week	Nearly 1.5 weeks per year	Nearly <u>Half</u> a year
20 minutes per day	1 hour 40 mins per week	Over 2.5 Weeks per year	Nearly <u>1</u> year
Half an hour per day	Half a day per week	4 Weeks per Year	Nearly <u>1</u> and a <u>Half</u> years
1 hour per day	1 day per week	8 Weeks per year	Over <u>2</u> and a <u>Half</u> years

*Did you know your child's best learning time is the start of the school day?
That's when every minute counts the most!!*

What Chance Has Your Child Got of Being Successful?

1 or 2 days a week doesn't seem much but.....

He/ She is only missing just....	That equals....	Which is.....	and over 13 years of schooling that's...	Which means the best your child can perform is ...
1 day per fortnight	20 Days per year	4 weeks per year	Nearly <u>1.5</u> years	 Your Child Other Children Equal to finishing in grade 11
1 day per week	40 Days per year	8 weeks per year	Over <u>2.5</u> years	 Your Child Other Children Equal to finishing in grade 10
2 days per week	80 Days per year	16 weeks per year	Over <u>5</u> years	 Your Child Other Children Equal to finishing in grade 7
3 days per week	120 Days per year	24 weeks per year	Nearly <u>8</u> years	 Your Child Other Children Equal to finishing at grade 4

Everyday Counts!!



Year 11 Food Studies KFC Challenge

This week saw the boys taking up the challenge to replicate Kentucky Fried Chicken.

When it comes to fried chicken, KFC stands out as an undisputed champion. Its renowned Original Recipe Chicken, with its blend of 11 secret herbs and spices, concocted by Colonel Harland Sanders himself, has delighted the taste buds of millions worldwide. Despite many attempts to decipher the secret blend of 11 herbs and spices, the official recipe remains a secret locked away in a vault in Louisville, Kentucky.





There were some issues that we encountered, as we could not get any small pieces of chicken and had to use large chicken thighs, which took a lot longer to cook through. This also altered the colour to a dark brown due to having to fry it longer.

Having said that, although not really looking like the bought KFC, Anthony's and Jackson's chicken was delicious and the overwhelming decision was that it was tastier. You could definitely taste the herbs and spices more on their chicken than the original.



L2P Program



DID YOU KNOW OUR SCHOOL SUPPORTS YOUNG LEARNER DRIVERS?

The TAC L2P Program is free for young people between the ages of 16-23 who have limited access to a supervising driver or vehicle. Learners are matched with a fully licensed volunteer mentor and have access to a sponsored vehicle, which they can use to get supervised driving experience.

Thanks to Central Grampians LLEN, an L2P vehicle is located right here at St Arnaud Secondary College. We also have teachers who are trained L2P driver mentors!

For more information, please contact:
Penny on 0418 535 478 or visit www.cgllen.org.au/l2p



LEARNER BENEFITS

Are you between the ages of 16 and 21, with limited access to a supervising driver or vehicle?

Become a confident and competent driver

Achieve the 120 hours of required driving experience

Receive guidance from a trained mentor

Gain your independence



NOW TAKING LEARNER ENROLMENTS!
Contact Penny: 0418 535 478 or L2P@cgllen.org.au

This program is also available to non-school attenders or post school age learners across the Grampians region.

Please make contact if you wish to participate in this program !

Contact Penny on
0418 535 478



NEED HELP GETTING YOUR LICENCE?

DO YOU TICK THE BOXES?

☒ BETWEEN 16 AND 21 YEARS OF AGE
(and in some circumstances, up to the age of 23)

☒ LIMITED ACCESS TO A SUPERVISING DRIVER OR VEHICLE

☒ AN AUSTRALIAN CITIZEN WITH A CURRENT VICTORIAN LEARNER'S PERMIT



NOW TAKING LEARNER ENROLMENTS!
Contact Penny: 0418 535 478 or L2P@cgllen.org.au



LEARNERS AND MENTORS WANTED

The Central Grampians TAC L2P Program is free for eligible young people living in Northern Grampians Shire, Ararat Rural City or Pyrenees Shire. Learners are matched with a fully licenced volunteer mentor and have access to a sponsored vehicle, which they can use to get supervised driving experience. L2P cars are based in Stawell, St Arnaud, Ararat and Beaufort.

For eligibility requirements, please contact:
Penny on 0418 535 478 or visit www.cgllen.org.au/l2p

2023 Energy Breakthrough



2023 ENERGY BREAKTHROUGH SCHOOL PROGRAM

It is that time of year when the College begins its preparations for the Energy Breakthrough Program (EBT). This year we will look to have two teams — a Year 7-9 and Year 10-12 team — to race at the big 24-hour race at Maryborough over the weekend of the 24th —26th of November.

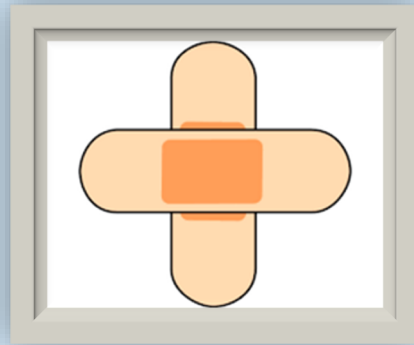
Both teams will have 8 riders and 1 pit crew member, with an even split of males and females.

There will be practice nights on Wednesdays and Thursdays after school, with an occasional weekend practice, depending on availability.

Any student who is interested in finding out more details is encouraged to contact Mr. Mac.



School Doctor's Clinic



Doctors In Schools Program

We are very lucky to have Dr. Mohammad Jawad and Practice Nurse Kylie Kirk with us starting on Wednesday, 9th August.

Please take note this service is now on a WEDNESDAY !!

This service is available free to students.

Any students requiring appointments to see the GP can see Mrs. Chapman.

Year 12 Students



EARLY ENTRY PROGRAMS

Deakin Regional Access Scheme – **OPEN NOW**
Federation Uni Early Offer – Close 1st December

CASPer TEST (On-line) – Education Courses

Last day to sit the test:

Nov 12, 2023 - 10:00 AM

<https://takealtus.com/casper/>

VCE Results and the ATAR

<https://resultsandatar.vic.edu.au>

Year 12 Careers Availability



Sue is still available for Career appointments with the 2023 Year 12 students.

Appointments can be face-to-face, via email, phone or WEBex

Email: s.clay@ncellen.org.au or

Mobile: 0429 426 950



STEM skills are driving innovation across almost every industry, so no matter what your passion, there's a STEM career to match. Love design and construction? Maybe engineering is for you! Into fashion and jewellery? You should check out digital design. Want to improve social justice? Explore the impact of big data analysts on policy. STEM careers are evolving quickly – your career possibilities with STEM are literally limitless!

Visit:

www.thegist.edu.au/students/careers-in-stem

Vocational education and training (VET)



VET is designed to teach you knowledge and specific practical skills to help you in the workplace. It's delivered in a number of ways – through schools, dual sector universities with VET courses, TAFE institutes, private registered training organisations and community colleges.

For further information visit:

<https://myfuture.edu.au/career-articles/vocational-education-and-training>



January 2024

University of Melbourne, Parkville Campus

The VCE Summer School (VCESS) is a two-week tutoring program that takes place in January and aims to help VCE students from a range of backgrounds gain a head start on their final years of secondary education. In January 2023, there were two formats: in-person in Parkville, and a small online cohort for limited subjects.

The program has a particular focus on creating a healthy study-life balance and providing tutoring on a wide range of subjects. In fact, in several previous years we have had tutors for each and every VCE subject students have taken, no matter how small the subject may be.

Applications to be a student for VCESS 2024 will open in late 2024. If you are interested in participating at the upcoming VCESS program, please add your name to our VCESS 2024 student expression of interest form.

Visit:

www.umsu.unimelb.edu.au/things-to-do/summer-school/

Westpac Youth Impact Challenge



The Westpac Youth Impact Challenge is a nationwide initiative open to all young people around Australia aged 7 to 21 years. The Challenge aims to help young Australians solve problems in their local communities.

To take part in the Challenge, participants must identify a local problem and brainstorm an innovative business or social change idea to solve it. Participants can choose to work individually, or in a group of up to 3.

This year's challenge launches Monday 13 November.

www.youthimpactchallenge.com.au

Mrs Rebecca Reynolds
Careers Co-ordinator

Sue Clay 
Careers and Pathways
Email: s.clay@ncellen.org.au

Ever thought about employing an apprentice or trainee at your school?



Now is the
time to act
for 2024!



Want to learn more?

Get in touch today

Shane Cross

Operations Coordinator

T 1300 135 008 M 0418 564 890

E shane.cross@skillinvest.com.au



Scan this QR code to
learn more about
Skillinvest services.

Skillinvest offer a straightforward solution to address your employment and training needs.

Skillinvest is a not-for-profit organisation dedicated to supporting youth in employment and creating opportunities in all industry sectors.

We have identified a demand in the school sectors for:

- Certificate III in Education Support
- Certificate III in Sport and Recreation
- Certificate III & IV in Business

All training is completed on-the-job.

Skillinvest relieves businesses from the burden of new apprenticeship and traineeship employment administration.

The Group Training concept is simple - Skillinvest employ the Apprentice/Trainee, and you, as the host employer, provide the employment opportunity. Skillinvest take care of the associated paperwork and ensure you receive all eligible Government incentives.

Skillinvest is currently experiencing increased interest in Apprenticeships and Traineeships, and we are now taking expressions of Interest for commencements in 2024.

This is your chance to offer support for ongoing training and education for a future trainee or apprentice.

If you've been considering employing a new Apprentice or Trainee, the time to act is now.

This opportunity:

- Is a great option for students considering a gap year
- Provides ongoing full-time employment for the duration of the apprenticeship or traineeship
- Keep locals, local.

Follow us:



skillinvest.com.au



Vacancy List - Regional

Thursday 2nd November 2023



Skillinvest Limited
15-17 Dimboola Road
Horsham, VIC 3400
03 5381 6200
skillinvest.com.au

Job Title	Location	Close Date	Position type	Consultant
SB Apprentice Agricultural Mechanic	St Arnaud	ASAP	Apprenticeship	Kate Clark
SB Parts Interpreter Apprenticeship	St Arnaud	ASAP	Apprenticeship	Kate Clark
Aged Care Support Traineeship	Stawell	ASAP	Traineeship	Daryl Eastwell
Apprentice Chef - 2nd/3rd year	St Arnaud	ASAP	Apprenticeship	Kate Clark
Light Vehicle Mechanic Apprenticeship	Donald	ASAP	Apprenticeship	Kate Clark
Business Traineeship	Warracknabeal	ASAP	Traineeship	Kate Clark
Finance Business Trainee	Horsham	7 Nov 2023	Traineeship	Shane Cross
Civil Construction Apprentice	Horsham	14 Nov 2023	Apprenticeship	Daryl Eastwell
Business Traineeship	Horsham	14 Nov 2023	Traineeship	Chris Barber
Seasonal Field Workers	Horsham	ASAP	Casual	Nathan Keel
Casual Municipal Worker	Edenhope	ASAP	Casual	Nathan Keel

Consultants

Chris Barber	0427 346 655	chris.barber@skillinvest.com.au
Daryl Eastwell	0407 364 654	daryl.eastwell@skillinvest.com.au
Kate Clark	0428 971 821	kate.clark@skillinvest.com.au
Nathan Keel	0408 109 324	nathan.keel@skillinvest.com.au
Tamira Cullinan	0458 706 272	tamira.cullinan@skillinvest.com.au
Recruitment	03 5381 6200	recruitment@skillinvest.com.au



EAST WIMMERA HEALTH SERVICE

ATTENTION SECONDARY COLLEGE STUDENTS

East Wimmera Health Service currently has a range of job opportunities available, both short term and long term.

East Wimmera Health Service provides all staff with a safe and supportive team environment.

We are seeking reliable and motivated team members in the following departments:

- ✓ Administration
- ✓ Maintenance
- ✓ Kitchen Assistant
- ✓ Cleaner

No prior experience necessary.

If you are looking for work either over your school holidays / gap year or considering a long term role within our health service please email your expression of interest/resume to **applications@ewhs.org.au** or call **03 5477 2177**.



The G.H. Edwards Library



G.H. EDWARDS LIBRARY

Stalking Jack the Ripper

By Kerri Maniscalco

Seventeen-year-old Audrey Rose Wadsworth was born a lord's daughter, with a life of wealth and privilege stretched out before her. But between the social teas and silk dress fittings, she leads a forbidden secret life. Against her stern father's wishes and society's expectations, Audrey often slips away to her uncle's laboratory to study the gruesome practice of forensic medicine. When her work on a string of savagely killed corpses drags Audrey into the investigation of a serial murderer, her search for answers brings her close to her own sheltered world.



Hunting Prince Dracula

By Kerri Maniscalco

Bizarre murders are discovered in the castle of Prince Vlad the Impaler, otherwise known as Dracula. Could it be a copycat killer...or has the depraved prince been brought back to life?

Following the grief and horror of her discovery of Jack the Ripper's true identity, Audrey Rose Wadsworth has no choice but to flee London and its memories. Together with the arrogant yet charming Thomas Cresswell, she journeys to the dark heart of Romania, home to one of Europe's best schools of forensic medicine...and to another notorious killer, Vlad the Impaler, whose thirst for blood became legend.

But her life's dream is soon tainted by blood-soaked discoveries in the halls of the school's forbidding castle, and Audrey Rose is compelled to investigate the strangely familiar murders. What she finds brings all her terrifying fears to life once again.



Health & Wellbeing



Our school offers breakfast on Tuesdays and Thursdays. Students have toast, milk, fruit, and we also do special breakfasts, for example, pancakes. Come along!

At St. Arnaud Secondary College, we can organise Food Bank Hampers for families. If your family require assistance, please contact Rosanne Chapman, Student Wellbeing Student Support Coordinator, at the College on 54951 811.

Inquiries are treated confidentially.



We thank Foodbank Victoria for helping us to support our families.

16 Days of ACTIVISM

Did you know that on average police attend a family violence incident every six minutes in Victoria and children are present at 30% of incidents?

Join us for 16 days of Activism against Gender-Based Violence

Northern Grampians Shire Council is hosting a range of activities for anyone interested in getting involved in the campaign, including walks against family violence and the chance to engage with community groups at our information kiosk in Stawell



November 24

Walk Against Family Violence - Stawell

Starting at 3.30pm at the Stawell Library with a talk from a lived experience speaker. Walk down Main Street and finish at the Pop-up Park with a free BBQ from 4.30 - 6.00pm

December 8

Information Kiosk Stawell

Shop 108, Main St. Stawell
10am-3pm

- The Orange Door
- Grampians Community Health
- Women's Health Grampians
- Grampians Health

December 1

Walk Against Family Violence - St Arnaud

Starting at the Queen Mary Gardens at 3.30pm. Walk through St Arnaud finishing with a free BBQ from 4.00 - 5.00pm

Questions? Contact Sandy Bevan - 5358 8700

Strengthening Parent Support Program



What is the Strengthening Parent Support Program (SPSP)?

It is a program for parents and carers of children who have additional needs, a disability or developmental delay.

This parenting support program provides families with opportunities to participate in peer support groups and establish support networks with other families or carers in the local community.

The SPSP program is run by Uniting in Horsham but also reaches communities in the surrounding regional areas. Please contact the co-ordinator Kate Janetzki for further information.

You can also keep up to date by joining our Facebook page; <https://www.facebook.com/auops/390018412226828>

Support group activities may include a night out at movies and dinner, an informal lunch and chat or seminars/workshops covering a range of helpful and educational topics.

Contact Details

Kate Janetzki
on

Phone: 0427 633 458
or email

kate.janetzki@vt.uniting.org.au

uniting

Is your child struggling at school but financially unable to access external tutoring?

WE'RE HERE TO HELP.

WHAT WE DO

- Connect students who struggle with school but are not able to afford tutoring otherwise to our dedicated volunteer tutors for free.
- Our tutors can assist Kindergarten to Year 9 students with English, Mathematics and Science, in addition to reading help for K-2 students.

OUR MISSION

eTutors Project connects students who are having learning difficulties with access to free weekly tutoring lessons to help them succeed, regardless of their financial capability.

eTutors Project

To learn more about us or to enrol as a student, please visit www.eturorsproject.org

Health & Wellbeing



ACTIVE LIVING

REMOVING THE BARRIERS TO PHYSICAL ACTIVITY

You have probably heard the term Active Living being thrown around at different times over the years, but what does it actually mean?

Active living is about moving more by integrating physical activity into our daily routines. It is shaping our lives around physical activity rather than having to find the time for physical activity.

There are 3 simple ways to incorporate more physical activity into your daily life:

Active transport

Walking or riding to work and school rather than taking the car.



Active choices

Choosing to take the stairs rather than the escalator or lift.



Active play

Kicking the football, playing hand ball or going for a walk at lunch time rather than sitting.



Get mental health support when and where you need it

MOST is a free digital mental health service for young people aged 12 - 25.

How MOST works

MOST provides on-demand support to young people experiencing mental ill-health. It connects you to a blend of online tools and real support from real people.

Get tips and strategies that work - In a personal program to work through in your own time - plus access to dedicated career experts and a peer support team with their own lived experiences.

MOST gives you

- Online support with real people
- Tailored therapy journeys
- A social network with a difference
- A personalised library of tools

MOST has small bits of therapeutic content served up as cartoons, activities and practical strategies that work - all available online, when and where they're needed.

There are journeys to help you improve your mood, improve your sleep, find your confidence, find your calm, explore social hacks and sort out all things work and study.

If you need it, connect with peer support on MOST's online community. It's a safe social network of young people who get it, and peers who've been through it. On MOST you can feel safe to vent, contribute and post about your world (only if you want to).

With MOST, we've made getting support on your terms easier.

MOST is designed to give you help before, during, in between and after face-to-face sessions.

You need a clinician to get you connected, but then MOST's available whether or not you stay with the service for your care.

Get connected to MOST

MOST digital therapy offers two services - one for young people aged 12 to 14 and one for those aged 15 to 25.

Ask about MOST at your participating youth mental health service and get connected today.

Get in touch
helpline@most.org.au
or 08 9422 1111

Community Sports Events



FROM 4TH NOVEMBER
9.30-11AM

St. Arnaud Lawn Junior Tennis

Hey, parents! Get your little champs, seven and up, ready to hit the courts! We've got all levels of play covered, and we've got equipment if you need it. Just make sure to pack hats and water bottles, and we'll take care of the rest!

MORE INFO: JOHN GOODE
0418172004

St. Arnaud Lawn Tennis Club
Inc. Ballarat Road

[HTTPS://PLAY.TENNIS.COM.AU/STARNAUDLAWNTENNISCLUB](https://play.tennis.com.au/starnaulawntennisclub)

BOAT & JETSKI MARINE CERTIFICATE

To get your License to be able to ...



Sunday 19th November

1:00pm-5:00 pm

Boat & Jetski - \$125 per person

Venue: St Arnaud Community Resource Centre

Limited

Places

Remaining

*Enrolment and payment are required by
Friday 10th November*

Enquiries, enrolments and payments to:
St Arnaud Community Resource Centre,
85 Napier St, St Arnaud.

Ph: 5495 1997 9am-2pm Mondays to
Fridays



Community Events

Gaining the most from the Great Victorian Bike Ride

- means
- Planning
- Preparation
- Looking Good
- Completing the Journey

BikeGearNow.com has helped participants on the GVBR, for many years. When it comes to Jerseys and Cycling Knicks, your group will want to look and feel great, all at an affordable price

All-inclusive pricing means no surprises; design, GST, delivery, it is all included and we can even lend you samples for sizing

Please email or give us a call if we can assist to take all the worry out of getting your unique Custom Design underway, but don't get caught out. It is surprising how quickly the GVBR comes around

And despite lots of price rises going on, simply contact us prior to August 15, to pay a \$200 deposit to pay just \$48 per item
In the unlikely case the GVBR is cancelled, we will refund your deposit

Call Doug on 0418 382 330 or email us at info@bikegearnow.com and join the long list of clients we have helped for many years



BikeGearNow.com for all your GVBR cycling Kit and SAVE 0418 382 330

Every GVBR, numerous private and corporate groups, schools and individuals take on the mighty GVBR. Whether the 3 day, 5 day or 9 day, it is a challenge to be enjoyed. For some it marks a physical challenge never before considered or some an emotional challenge. For others it marks a celebration, of working together, to prepare and working together to get everyone through. Experience some beautiful, popular and historic areas of Victoria. East from Orbost all the way back to Wonthagi, it will be a blast to remember. By bike, what a wonderful journey

Great Vic Bike Ride

It's Back

25 Nov - 3 Dec 2023

3, 5 and 9 day options

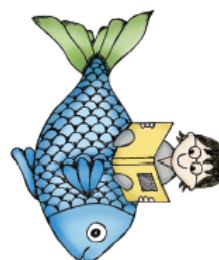


An adventure anyone can do



- Writing Challenge Storytelling
- Free Author Workshops
- Ticketed Performances
- Boxwars and more entertainment

Fishy Stories
FISH CREEK CHILDREN'S
FESTIVAL OF STORIES
18 & 19 NOVEMBER



MAJOR GRANT DONOR



MAJOR SPONSOR




MAJOR PARTNER



FIND OUT MORE AT FISHYSTORIES.ORG



Expressions of Interest

Music 2023					
<p>Fill out this form if you're interested in instrumental lessons in 2023. Lessons are held on a rotating timetable, Mondays, Wednesdays and Thursdays, so that students do not miss the same lesson each week. Lessons are free of charge. Places are limited and are allocated on a first-come-first-served basis.</p>					
<p>Instrument preference: Please tick your choice(s)</p>					
Keyboard	Guitar	Ukulele	Violin	Vocals	Drums
<p>Student Name: _____</p>					
<p>Parent / Guardian Name: _____</p>					
<p>Parent / Guardian Mobile: _____</p>					
<p>Parent / Guardian email: _____</p>					
<p>Parent / Guardian Signature: _____</p>					
<p>Date: _____ [School Use/Received: _____]</p>					
<p>Timetabling preferences: Students may nominate a subject they most prefer to <u>not</u> come out of for an instrumental lesson. While efforts will be made to accommodate these preferences, it may not always be possible to schedule around them.</p>					
					

School Uniform Price List 2023



111 NAPIER ST, ST.ARNAUD
PH: 54952929
OPEN: MON-FRI: 9.00-5.00
SAT 9.30-12.30

SECONDARY COLLEGE UNIFORM PRICE LIST 2023

ITEM	SIZES	PRICE
Short Sleeve Polo	10-3XL	\$25.00
Long Sleeve Polo	10-3XL	\$26.00
Kids Rugby Jumper	10-14	\$45.00
Rugby Jumper	XS-3XL	\$50.00
Micro Fibre Shorts	8-3XL	\$30.00
Drill Shorts	8-2XL	\$30.00
Kids Ramo Shorts	10-16	\$30.00
Ramo Shorts	S-3XL	\$30.00
Micro Fibre Trackpants	10-3XL	\$40.00
Drill Pants	10-2XL	\$40.00
Ladies Jane Pant	6-24	\$66.00
Sports Polo	10-3XL	\$35.00
Sports Jacket	10-3XL	\$45.00
Kids Selwyn Soft Shell Jacket	10-16	\$62.00
Selwyn Soft Shell Jacket	S-5XL	\$65.00
Kids Olympus Soft Shell Jacket	10-16	\$82.00
Olympus Soft Shell Jacket	S-5XL	\$85.00
Olympus Soft Shell Vest	S-5XL	\$72.00
Dress	6-22	\$79.50
Skirt	8-24	\$75.00
Bucket Hat	S/M & L/XL	\$15.00
Scarf		\$15.00

School Canteen Menu

St Arnaud Secondary College – Canteen Menu 2023

Main

Plain Pies	\$5.00
Pastie	\$5.00
Flavour Pie	\$5.00
Sausage Rolls	\$4.00
Spinach & Ricotta Roll	\$4.00

Snacks

Slices	\$2.00
Fruit Salad	\$4.00
Yoghurt variety	\$1.50
Snack Wrap	\$3.00

Drinks

The following include –

Choice of Chicken, Ham, Tuna, Salami	
Lettuce, Tomato, Cheese, Beetroot, Cucumber, Carrot, and Mayo	
Salad Roll	\$5.00
Salad Sandwich	\$5.00
Salad Wrap	\$5.00
Salad Bowl	\$5.00
Sweet Chilli wraps	\$6.00
Sweet Chilli Bowl	\$6.00
Chicken Caesar Wrap	\$6.00
Toasted Focaccia	\$6.00
Mixed Sand/Toasties	\$4.00
Pizza Variety	\$4.00

Water	\$3.00
Sparkling Water	\$3.00
Flavoured Water	\$4.00
Nippy's	\$3.00
Big M 500ml	\$4.00
Big M 300ml	\$3.00
Daily Juice	\$4.00
Juice Box	\$2.00

***Mondays are Specials Day, check
out the Specials Board***

Eftpos Facilities Available

(minimum \$5.00)



2023 Calendar



November	Mon	6th	PUPIL FREE DAY
	Tues	7th	Melbourne Cup Public Holiday
	Wed	8th	Chemistry & Legal Exam
	Thurs	9th	Yr. 7 Half-Day Transition Geography Exam
	Fri	10th	VET Sport & Recreation Exam
	Mon	13th	Food Exam
	Mon-Thurs	13th-16th	Exams — Yr. 9-11 students
	Wed	15th	French Exam
	Thurs	16th	Yr. 12 Graduation Dinner
	Fri	17th	PUPIL FREE DAY
	Mon	20th	Step Up Begins MIPS
	Fri-Sun	24th-26th	Energy Breakthrough — Maryborough
	Mon	27th	PUPIL FREE DAY
December	Fri	1st	Yr. 10 & 11 Students Last Day MIPS
	Tues-Thurs	5th-7th	Yr. 7 Transition
	Wed	6th	Yr. 9 NCTTC Last Day
	Thurs	14th	Presentation Night
	Fri	15th	Geelong Adventure Park Last Day of Term 4 — Yr. 7, 8 & 9 students
	Mon	18th	Interviews by Request
	Tues	19th	Interviews by Request